Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual/Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com or by calling 1-877-814-9709.

| Important Questions  | Answers   | Why this Matters:   |
|--|---|---|
| What is the overall deductible?                                      | \$750 person / \$1,500 family Doesn't apply to preventive care  | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .   |
| Are there other deductibles for specific services?                   | Yes. <b>\$300</b> person / <b>\$900</b> family for prescription drug coverage. There are no other specific <b>deductibles</b> . | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.   |
| Is there an <u>out-of-</u><br><u>pocket limit</u> on my<br>expenses? | Yes. For participating providers <b>\$2,250</b> person <b>/ \$5,100</b> family  | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.  |
| What is not included in the <u>out-of-pocket</u> <u>limit?</u>       | Premiums, balance-billed charges, and health care this plan doesn't cover.  | Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .  |
| Is there an overall annual limit on what the plan pays?              | No.   | The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.  |
| Does this plan use a network of providers?                           | Yes. See www.anthem.com or call 1-800-295-4119 for a list of participating providers.   | If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> . |
| Do I need a referral to see a specialist?                            | No. You don't need a referral to see a specialist.  | You can see the <b>specialist</b> you choose without permission from this plan.   |
| Are there services this plan doesn't cover?                          | Yes.  | Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .   |

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

| Common<br>Medical Event                                       | Services You May Need                            | Your Cost If You<br>Use a<br>Participating<br>Provider | Your Cost If<br>You Use a<br>Non-<br>Participating<br>Provider | Limitations & Exceptions  |
|---|--|--|--|---|
|   | Primary care visit to treat an injury or illness | 20% coinsurance  | 40% coinsurance  | none  |
| If way wisit a bastth   | Specialist visit                                 | 20% coinsurance  | 40% coinsurance  | none  |
| If you visit a health care <u>provider's</u> office or clinic | Other practitioner office visit                  | 20% coinsurance  | 40% coinsurance  | Spinal Manipulation Therapy limited to 90 visits / year, in-network and non-network combined. |
|   | Preventive care/screening/immunization           | No charge  | 40% coinsurance  |   |
| If you have a toot  | Diagnostic test (x-ray, blood work)              | 20% coinsurance  | 40% coinsurance  | none  |
| If you have a test  | Imaging (CT/PET scans, MRIs)                     | 20% coinsurance  | 40% coinsurance  | none  |

Coverage for: Individual/Family | Plan Type: PPO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

| Common<br>Medical Event   | Services You May Need   | Your Cost If You<br>Use a<br>Participating<br>Provider   | Your Cost If<br>You Use a<br>Non-<br>Participating<br>Provider | Limitations & Exceptions  |
|---|-------------------------|--|--|---|
| If you need drugs to<br>treat your illness or<br>condition                                  | Formulary Generic drugs | \$300 person / \$900 family Rx Deductible – applies to Network/Non-network drugs (all tiers) for retail and mail order). \$15 copay / prescription for retail 30 day supply; \$30 copay / prescription for 90 day supply | 50% coinsurance<br>/ prescription                              | Covers 30-day and 90-day supply (retail prescription); 31-90 day supply (mail order prescription) |
| More information about <b>prescription drug coverage</b> is available at www. Caremark.com. | Formulary Brand drugs   | \$300 person / \$900 family Rx Deductible – applies to Network/Non-network drugs (all tiers) for retail and mail order). \$40 copay / prescription for retail 30 day supply; \$80 copay / prescription for               | 50% coinsurance<br>/ prescription                              | Covers 30-day and 90-day supply (retail prescription); 31-90 day supply (mail order prescription) |

90 day supply

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO

| Common<br>Medical Event        | Services You May Need                          | Your Cost If You<br>Use a<br>Participating<br>Provider  | Your Cost If<br>You Use a<br>Non-<br>Participating<br>Provider | Limitations & Exceptions  |
|--------------------------------|--|---|--|---|
|                                | Non-formulary Brand drugs                      | \$300 person / \$900 family Rx Deductible – applies to Network/Non-network drugs (all tiers) for retail and mail order). \$60 copay / prescription for retail 30 day supply; \$120 copay / prescription for 90 day supply | 50% coinsurance<br>/ prescription                              | Covers 30-day and 90-day supply (retail prescription); 31-90 day supply (mail order prescription) |
|                                | Specialty drugs                                | \$300 person / \$900 family Rx Deductible – applies to Network/Non-network drugs (all tiers) for retail and mail order). \$60 copay / prescription for retail 30 day supply; \$120 copay / prescription for 90 day supply | 50% coinsurance<br>/ prescription                              | Covers 30-day and 90-day supply (retail prescription); 31-90 day supply (mail order prescription) |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 20% coinsurance   | 40% coinsurance  | none  |
| - Carpatient surgery           | Physician/surgeon fees                         | 20% coinsurance   | 40% coinsurance  | none  |
| If you need                    | Emergency room services                        | 20% coinsurance   | 20% coinsurance  | none  |
| immediate medical              | Emergency medical transportation               | 20% coinsurance   | 20% coinsurance  | none  |
| attention                      | Urgent care                                    | 20% coinsurance   | 20% coinsurance  | none  |
|                                | Facility fee (e.g., hospital room)             | 20% coinsurance   | 40% coinsurance  | Pre-Certification Required  |

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at www.anthem.com or call 1-877-814-9709 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO

| Common<br>Medical Event   | Services You May Need                        | Your Cost If You<br>Use a<br>Participating<br>Provider | Your Cost If<br>You Use a<br>Non-<br>Participating<br>Provider | Limitations & Exceptions   |
|---|--|--|--|--|
| If you have a hospital stay   | Physician/surgeon fee                        | 20% coinsurance  | 40% coinsurance  | none   |
|   | Mental/Behavioral health outpatient services | 20% coinsurance  | 40% coinsurance  | none   |
| If you have mental health, behavioral                                   | Mental/Behavioral health inpatient services  | 20% coinsurance  | 40% coinsurance  | Pre-Certification Required   |
| health, or substance abuse needs  | Substance use disorder outpatient services   | 20% coinsurance  | 40% coinsurance  | none   |
|   | Substance use disorder inpatient services    | 20% coinsurance  | 40% coinsurance  | Pre-Certification Required   |
| If you are pregnant   | Prenatal and postnatal care                  | 20% coinsurance  | 40% coinsurance  | Initial Newborn Care – initial<br>Physician visit – No Charge In-<br>network / 40% Non-network   |
|   | Delivery and all inpatient services          | 20% coinsurance  | 40% coinsurance  | none   |
|   | Home health care                             | 20% coinsurance  | 40% coinsurance  | Limited to 30 days / calendar year non-network   |
| If you need help<br>recovering or have<br>other special health<br>needs | Rehabilitation services                      | 20% coinsurance  | 40% coinsurance  | Limited to: Physical Therapy – 90 visits network and non-network combined Spinal Manipulation Therapy – 90 visits network and non-network combined |
|   | Habilitation services                        | 20% coinsurance  | 40% coinsurance  | none   |
|   | Skilled nursing care                         | 20% coinsurance  | 40% coinsurance  | none   |
|   | Durable medical equipment                    | 20% coinsurance  | 40% coinsurance  | none   |
|   | Hospice service                              | 20% coinsurance  | 20% coinsurance  | none   |
| If your child needs   | Eye exam                                     | Not Covered  | Not Covered  | none   |
| dental or eye care  | Glasses                                      | Not Covered  | Not Covered  | none   |

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

| Commo<br>Medical | Services You May Need | Your Cost If You<br>Use a<br>Participating<br>Provider | Your Cost If<br>You Use a<br>Non-<br>Participating<br>Provider | Limitations & Exceptions |
|------------------|-----------------------|--|--|--------------------------|
|                  | Dental check-up       | Not Covered  | Not Covered  | none                     |

#### **Excluded Services & Other Covered Services:**

| S | Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.) |                       |                          |  |
|---|---|-----------------------|--------------------------|--|
| • | Acupuncture   | • Dental Care (Adult) | Long-term care           |  |
| • | Bariatric Surgery   | Hearing Aids          | Routine eye care (Adult) |  |
| • | Cosmetic Surgery  | Infertility treatment | Routine foot care        |  |
|   |   |                       | Weight Loss Programs     |  |
|   |   |                       |                          |  |

| Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.) |  |                      |
|---|--|----------------------|
| Chiropractic Care   | • Non-emergency care when traveling outside the U.S. | Private duty nursing |

Coverage for: Individual/Family | Plan Type: PPO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-877-814-9790. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>.

### **Your Grievance and Appeals Rights:**

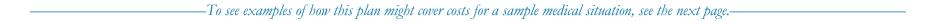
If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Anthem Blue Cross & Blue Shield, Clinical Appeals: P.O. Box 105568, Atlanta, GA 30348.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u>** <u>provide</u> minimum essential coverage.

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.



Coverage for: Individual/Family | Plan Type: PPO

Coverage Period: 1/1/2020 – 12/31/2020

Coverage for: Individual/Family | Plan Type: PPO

# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,840
- Patient pays \$2,700

#### Sample care costs:

| Hospital charges (mother)  | \$2,700 |
|----------------------------|---------|
| Routine obstetric care     | \$2,100 |
| Hospital charges (baby)    | \$900   |
| Anesthesia                 | \$900   |
| Laboratory tests           | \$500   |
| Prescriptions              | \$200   |
| Radiology                  | \$200   |
| Vaccines, other preventive | \$40    |
| Total                      | \$7,540 |

#### Patient pays:

| Deductibles          | \$750   |
|----------------------|---------|
| Copays               | \$0     |
| Coinsurance          | \$1,800 |
| Limits or exclusions | \$150   |
| Total                | \$2,700 |

### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,330
- Patient pays \$2,070

#### Sample care costs:

| Prescriptions                  | \$2,900 |
|--------------------------------|---------|
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures   | \$700   |
| Education                      | \$300   |
| Laboratory tests               | \$100   |
| Vaccines, other preventive     | \$100   |
| Total                          | \$5,400 |

#### Patient pays:

| Deductibles          | \$1,050 |
|----------------------|---------|
| Copays               | \$560   |
| Coinsurance          | \$380   |
| Limits or exclusions | \$80    |
| Total                | \$2,070 |

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: [insert].

Coverage for: Individual/Family | Plan Type: PPO

### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.