

Building Healthy Military Communities



Welcome to the January issue of the Indiana Building Healthy Military Communities Newsletter. This monthly newsletter will distribute relevant information to BHMC partners in the state, to include research regarding service members and military families, grant opportunities, and partner updates.

BHMC Newsletter Call Out

If you are interested in seeing any additional information in the BHMC Newsletter, please e-mail Sylvia Maixner. This can include studies, networking events, or upcoming conferences.



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Psych Hub Video—Partnership with NGB

The challenges brought by the COVID-19 pandemic impact all of us. During these unprecedented times, it's critical that our fellow Service members and their families have 24/7 access to credible resources to not only protect our physical health, but our mental health as well.

The National Guard Bureau (NGB) partnered with Psych Hub—the world's largest online platform for digital mental health education—to make their COVID-19 Mental Health Resource Hub available free of charge. NGB recently produced a video providing the Guard community with an overview of this comprehensive digital library, which features more than 600 articles, videos, and other resources to support mental health and reduce stigma during and beyond the pandemic. The video and Resource Hub are available at www.nationalguard.mil/wrf

We encourage you to watch the video, visit the Resource Hub for yourself, and let me know what you think. Help us spread the word by sharing the video with your state partners. Hope everyone has a great new year!

Arts Project Support

Arts Project Support (APS) grants provide funding to Indiana 501(c)3 nonprofit organizations and public entities for a specific arts project or arts activity(ies). Some examples of eligible projects include a one-time art event, a single performance, an exhibition, an educational workshop, or series of related arts activities such as art classes or training sessions that are open to the public whether free or for a fee. APS is administered by the Regional Arts Partners (RAP) across the state. This grant program is created with a focus on the Indiana Arts Commission's Funding Imperatives.

APS applicants may request up to \$5,000 to support their arts project. Grant funds must only be used for eligible expenses only.

<https://www.in.gov/arts/programs-and-services/funding/arts-project-support/>

Grants

YouthBuild Grants

Grants to organizations providing pre-apprenticeship services that support education, occupational skills training, and employment services for at-risk youth, ages 16 to 24, while performing meaningful work and service to their communities. Training includes affordable housing construction skills and other in-demand industries, such as healthcare, information technology, hospitality, retail services, and logistics.

Geographic coverage: Nationwide

Application Deadline: Feb 2, 2021

Sponsors: Employment and Training Administration, U.S. Department of Labor

Enhancement and Expansion of Treatment and Recovery Services for Adolescents, Transitional Aged Youth, and their Families

Grants to enhance and expand comprehensive treatment, early intervention, and recovery support services for adolescents, transitional aged youth, and their families/primary caregivers with substance use disorders and/or co-occurring substance use and mental disorders.

Geographic coverage: Nationwide and U.S. Territories

Application Deadline: Feb 8, 2021

Sponsors: Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

Building Communities of Recovery

Grants to support the development, enhancement, expansion, and delivery of substance abuse recovery support services and recovery education.

Geographic coverage: Nationwide

Application Deadline: Feb 15, 2021

Sponsors: Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

NRHA Rural Health Awards

Honors individuals and organizations that have made significant contributions to rural health.

Geographic coverage: Nationwide

Application Deadline: Feb 22, 2021

Sponsor: National Rural Health Association

Adult Drug Court and Veterans Treatment Court Discretionary Grant Program

Grants and technical assistance to enhance the operations of adult drug courts and/or veterans treatment courts. Courts should integrate evidence-based substance abuse treatment, random drug testing, equitable sanctions and incentives, and transitional services in judicially-supervised court settings with jurisdiction over offenders to reduce recidivism, substance abuse, and prevent overdoses. Rural communities are a program priority.

Geographic coverage: Nationwide

Application Deadline: Mar 3, 2021

Sponsors: Bureau of Justice Assistance, U.S. Department of Justice

The Gus Schumacher Nutrition Incentive Program

Funding to support projects that will increase the purchase of fruit and vegetables among low-income consumers who participate in the Supplemental Nutrition Assistance Program by providing incentives at the point of purchase.

Geographic coverage: Nationwide

Application Deadline: Mar 16, 2021

Sponsors: National Institute of Food and Agriculture, U.S. Department of Agriculture

Helping Hands Grant Program

Grants to encourage medical students to participate in community service activities, particularly those focused on underserved populations; raise awareness of mental illness and the importance of early recognition of illness; and build an interest among medical students in psychiatry and working in underserved communities. Projects should focus on mental health and substance use disorder.

Geographic coverage: Nationwide

Application Deadline: May 31, 2021

Sponsor: American Psychiatric Association

Second Chance Act Addressing the Needs of Incarcerated Parents and their Minor Children

Funding to states and local governments to implement programs and services to address the needs of incarcerated parents and their children. Projects in rural communities are a priority.

Geographic coverage: Nationwide and U.S. territories

Application Deadline: Feb 5, 2021

Sponsors: Office of Juvenile Justice and Delinquency Prevention, U.S. Department of Justice

Opioid Affected Youth Initiative

Funding and technical assistance for states, local governments, and tribal jurisdictions to develop and implement a data-driven, coordinated, statewide or community-wide response system to assist with the identification, prevention, treatment, enforcement, and deterrence needed to address the opioid epidemic and its impact on youth and communities.

Geographic coverage: Nationwide and U.S. territories

Application Deadline: Feb 8, 2021

Sponsors: Office of Juvenile Justice and Delinquency Prevention, U.S. Department of Justice

Rural Emergency Medical Services Training Grant

Grants to recruit and train emergency medical services personnel in rural areas.

Geographic coverage: Nationwide

Application Deadline: Feb 16, 2021

Sponsors: Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services

Second Chance Act Pay for Success Initiative

Grants to provide reentry services and programs to reduce recidivism and combat violence by facilitating the successful reintegration of individuals returning from incarceration, especially those with substance use disorders. Rural communities are a program priority.

Geographic coverage: Nationwide

Application Deadline: Feb 16, 2021

Sponsors: Bureau of Justice Assistance, U.S. Department of Justice

Community Food Projects Competitive Grant Program

Grants to plan or implement food projects designed to meet the needs of low-income individuals and increase community self-reliance concerning food and nutrition.

Geographic coverage: Nationwide

Application Deadline: May 4, 2021

Sponsors: National Institute of Food and Agriculture, U.S. Department of Agriculture

Webinars

SAMHSA Webinars

- Enhanced Prevention Learning Series (EPLS): Leveraging Systems Change in Substance Misuse Prevention
 - Tuesday, January 6, 2021 12:30 p.m. ET
 - This six-week distance learning series offers an interactive experience for participants to explore the role of systems change in substance misuse prevention. The distance learning series will include skill-based learning opportunities, individual and group activities, reading assignments, and group discussion. Other session dates include:
 - January 13, 2021
 - January 20, 2021
 - January 27, 2021
 - February 3, 2021
 - February 10, 2021
 - <https://pttcnetwork.org/centers/northwest-pttc/event/epls-leveraging-systems-change-substance-misuse-prevention-0>
- Best Practices and Systems of Support for Justice-Involved Veterans
 - January 27, 2021, 1:30–3:00 p.m. ET
 - SAMHSA’s SMVF TA Center will be hosting a national webinar on justice-involved Veterans. This webinar will provide an overview of emerging best practices and systems of support for justice-involved Veterans from the “front end,” or initial point of contact with first responders, to the point of reentry and readjustment with support from systems, programs, and peers.
 - https://thenationalcouncil-org.zoom.us/webinar/register/WN_eg1mSZVVQ6KFVUQVEe8nmg
- Rocky Mountain MIRECC’s CPG for Suicide Prevention Webinar Series Training: Home Visit as a Suicide Prevention Strategy
 - January 12, 2021, 12:00 p.m. ET
 - The purpose of this monthly series is to provide guidance on implementing the updated VA/DOD Clinical Practice Guidelines for the Assessment and Management of Patients at Risk for Suicide (CPG). The CPG for Suicide Prevention Webinar Series raises awareness about the guidelines and provide healthcare clinicians, leadership, and scientists information about using these approaches in practice and research.
 - <https://www.mirecc.va.gov/visn19/cpg/index.asp>
- CDP Presents: Understanding the Unique Challenges of Military Families with Special Needs Children
 - January 13, 2021, 12:00–1:30 p.m. ET
 - Approximately 10 percent of the military workforce has 1 or more family members with special needs. The military offers numerous resources and medical and financial assistance for these family members, but accessing these benefits can be confusing and time-consuming. This session will discuss the structure of services available to military beneficiaries with special needs and common challenges military families face.

- <https://deploymentpsych.org/CDPP-13-Jan-21>
- Empowering Communities to Prevent Military Veteran Suicide
 - January 13, 2021, 2:00 p.m. ET
 - Join America's Warrior Partnership and Combined Arms to learn how you can support local Veterans through Operation Deep Dive – a community-based, Veteran suicide and non-natural causes of death prevention study taking place in 15 states across the country. This is a Facebook Live event.
 - [https://www.facebook.com/events/427045984992878/?acontext=%7B%22ref%22%3A%2252%22%2C%22action_history%22%3A%22\[%7B%5C%22surface%5C%22%3A%5C%22share_link%5C%22%2C%5C%22mechanism%5C%22%3A%5C%22share_link%5C%22%2C%5C%22extra_data%5C%22%3A%7B%5C%22invite_link_id%5C%22%3A722557611706177%7D%7D\]%22%7D](https://www.facebook.com/events/427045984992878/?acontext=%7B%22ref%22%3A%2252%22%2C%22action_history%22%3A%22[%7B%5C%22surface%5C%22%3A%5C%22share_link%5C%22%2C%5C%22mechanism%5C%22%3A%5C%22share_link%5C%22%2C%5C%22extra_data%5C%22%3A%7B%5C%22invite_link_id%5C%22%3A722557611706177%7D%7D]%22%7D)

Purdue University Behavioral Health and Family Studies Institute – Featured Webinar

- January 6 – Town Hall: Addressing the Gaps and Needs for Suicide Prevention
 - 9:30am to 11am CT
 - <https://www.eventbrite.com/e/nwispc-faces-of-suicide-webinar-series-tickets-122591050131>

Military Networking Meetings

- The Military/Veteran Coalition of Indiana
 - January 8th, 2021, 0930–1030
 - Ft Harrison VFW Post #7119
 - 6525 N. Lee Road, 46236
 - Join Zoom Meeting
 - <https://us02web.zoom.us/j/89441543971>
 - Meeting ID: 894 4154 3971
- Madison County JCFI
 - January 8th, 2021, 1300–1430
 - Online Only
 - <https://bit.ly/3nseN6k>