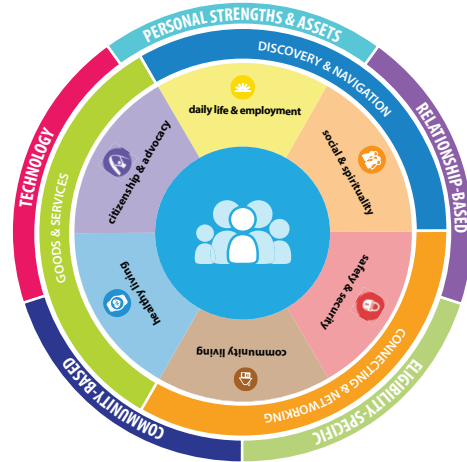


Charting the LifeCourse™

Guiding Principles

Core Belief: All people have the right to live, love, work, play and pursue their life aspirations just as others do in their community.



Focusing on ALL

100%

4.9 million
citizens with
developmental
disabilities













75%

25%

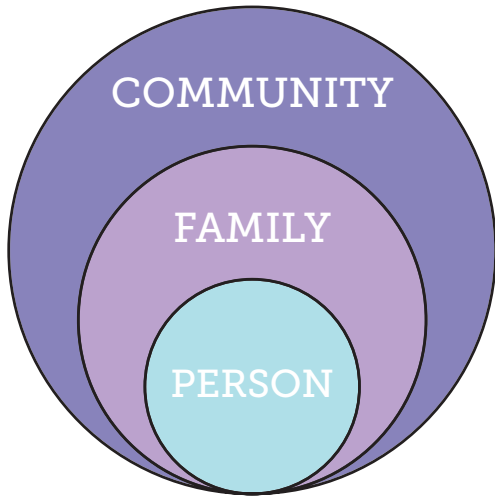
25% national
percentage
receiving state
DD services

Based on 1.49% prevalence, US Census 2013. Braddock et al, State of the State 2013

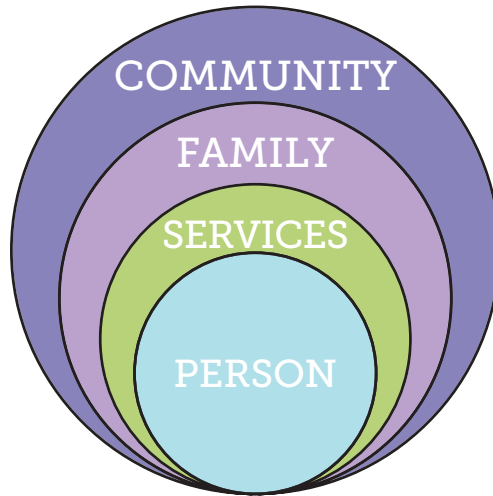
Life Stages and Life Domains

- | | |
|--|--|
|  <p>Meaningful Day & Employment:
What you do as part of everyday life– school, employment, volunteering, communication, routines, life skills.</p> |  <p>Prenatal/Infancy
Early years, wondering if meeting developmental milestones</p> |
|  <p>Community Living
Where and how you live– housing and living options, community access, transportation, home modifications.</p> |  <p>Early Childhood
Preschool age, getting a diagnosis</p> |
|  <p>Safety & Security
Staying safe and secure– emergencies, well-being, guardianship options, legal rights and issues.</p> |  <p>School Age
Everyday life during school years</p> |
|  <p>Healthy Living
Managing and accessing health care and staying well– medical, mental health, behavior, developmental, wellness and nutrition.</p> |  <p>Transition
Transitions from school to adult life– Realizing school is almost over!</p> |
|  <p>Social & Spirituality
Building friendships and relationships, leisure activities, personal networks, faith community.</p> |  <p>Adulthood
Living life as an adult</p> |
|  <p>Citizenship & Advocacy
Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.</p> |  <p>Aging
Getting older and preparing for end of life (parent/family/individual)</p> |

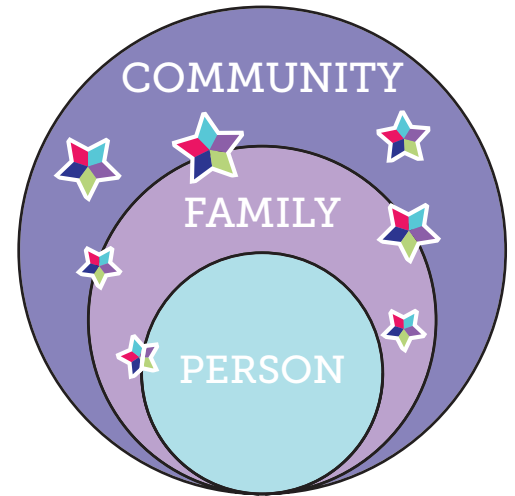
Person within the Context of Family & Community



People with disabilities are members of their families and communities

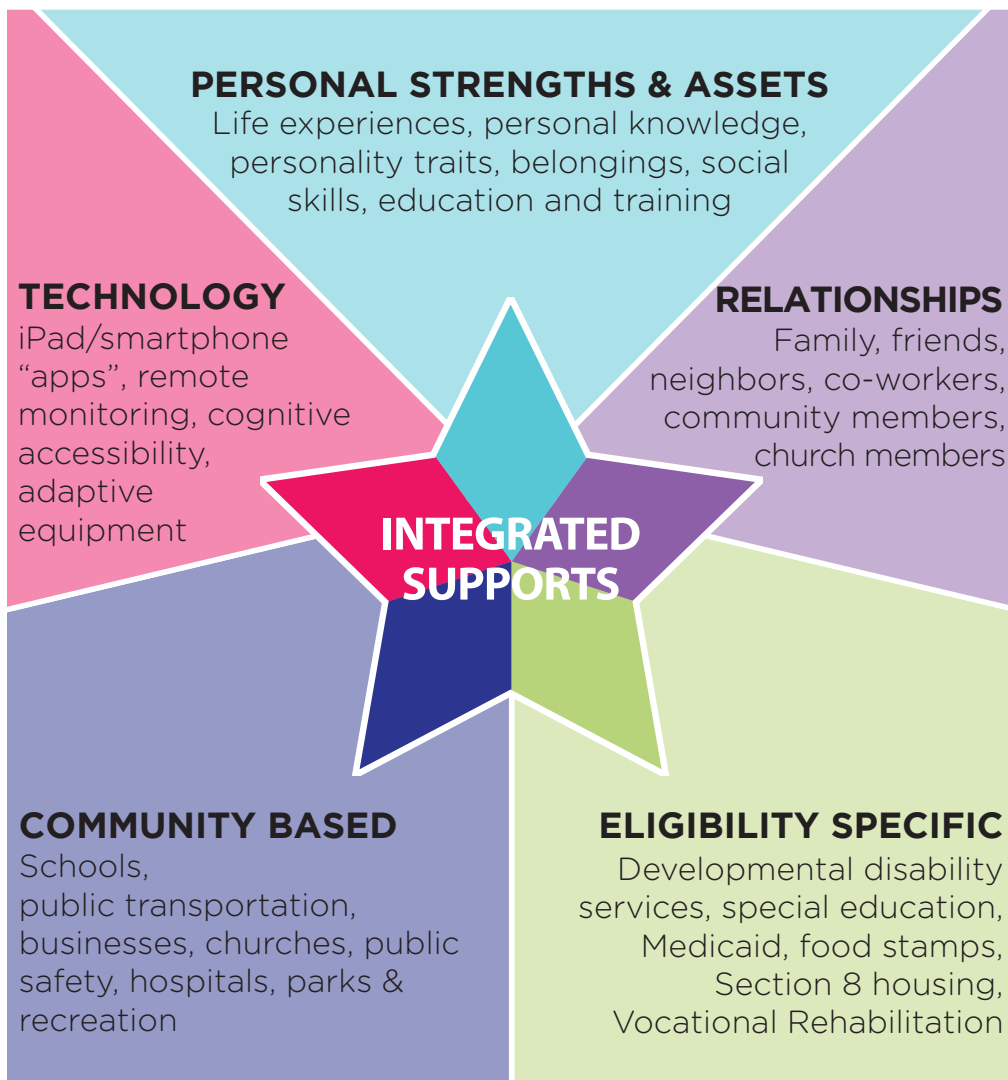


With the best of intentions



All people receive integrated services and supports

Integrated Supports for a Good Life



Strategies for Supporting Real Lives

Discovery & Navigation: Knowledge & Skills
<ul style="list-style-type: none"> Information on disability Knowledge about best practices and values Skills to navigate and access services Ability to advocate for services and policy change
Connections & Partnerships: Mental Health & Self-efficacy
<ul style="list-style-type: none"> Parent-to-Parent Support Self-Advocacy Organizations Family Organizations Sib-shops Support Groups Professional Counseling Non-disability community support
Goods and Services: Instrumental Supports
<ul style="list-style-type: none"> Self/Family-Directed services Transportation Respite/Childcare Adaptive equipment Home modifications Financial assistance Cash Subsidies Short/Long term planning Caregiver supports & training

Access the Charting the LifeCourse™ tools and framework at lifecoursetools.com