



Division of Disability and Rehabilitative Services
Bureau of Developmental Disabilities Services

Home and Community Based Settings
Waiver Renewal Fact Sheet

Information for Families

July 16, 2020

Table of Contents

General Information	2
Service Changes	2
Behavior Support Services	2
Community Based Habilitation	2
Community Transition	2
Day Habilitation	2
Environmental Modifications.....	3
Facility Based Habilitation.....	3
Family and Caregiver Training.....	3
Intensive Behavioral Intervention.....	4
Remote Supports.....	4
Rent and Food for Unrelated Live-in Caregiver	4
Respite.....	4
Structured Family Caregiving	4
Transportation.....	4
Paid Family Caregiver Changes	5

General

Every five years states are required to renew their waivers with the Centers for Medicare and Medicaid Services (CMS). This year the waivers administered by the Bureau of Developmental Disabilities Services were due to be renewed. This brought an opportunity for the bureau to make some changes based upon feedback received from individuals and families over the past several years. The renewal is not in place of the waiver redesign efforts which is still underway.

The effective date of the Bureau of Developmental Disabilities Services (BDDS) Family Supports (FS) and Community Integration and Habilitation (CIH) waiver renewals is July 16, 2020.

Service descriptions to all of the waiver services were edited to bring greater understanding and clarity. The following information provides a brief overview of the most significant changes made through the renewal. To read all the changes made you may visit <https://www.in.gov/fssa/ddrs/2639.htm>.

For questions about your waiver, how to access any of the following services and/or how these changes may affect you please contact your waiver case manager. Your case manager can work with you to determine how these changes may assist you in living your vision of a good life.

Service Changes

The following information are changes for both the Family Support (FS) Waiver and the Community Integration and Habilitation (CIH) Waiver. For service changes that are specific to only one waiver that is identified in green next to the service definition.

Behavioral Support Services

The service definition has been updated to provide an array of services designed to support individuals who are experiencing or are likely to experience challenges accessing, and actively participating in the community as a result of behavioral, social, or emotional challenges. Behavioral support services are intended to empower individuals and families (by leveraging their strengths and unique abilities) to achieve self-determination, interdependence, productivity, integration and inclusion in all facets of community life, across all environments, across the lifespan.

Community Based Habilitation

This service is being transitioned to Day Habilitation, with the Day Habilitation effective date of 8/1/20.

Community Transition CIH ONLY

The one-time set-up expense allowance has been increased to \$2500. This increased allowance is only available to individuals who have not previously accessed community transition funds.

Day Habilitation NEW SERVICE

Day Habilitation replaces the services Community Based Habilitation (individual and group) and Facility Based Habilitation (individual and group). Day Habilitation is intended to give more flexibility to waiver

participants and providers, as it includes language that allows services to be provided in a variety of settings in the community or in a facility owned or operated by a DDRS-approved provider.

BDDS approved Day Habilitation providers include community-based facilitation service providers and facility-based habilitation service providers. The large group ratio size of 11:1 to 16:1 only applies to delivery of this service in a facility setting.

An allowable relative of the participant may be a direct support professional of day habilitation services.

- The relative must be employed by a BDDS approved waiver provider.
- The decision that a relative is the most appropriate option to provide supports must be part of the person-centered planning process and is documented in the PCISP. When the direct support professional is a relative, there is an annual review by the IST to determine whether the participant's relative should continue to be the provider of day habilitation services.

Services may be provided in a group setting.

- The decision that services should be provided in a group setting must be part of the person-centered planning process and is documented in the PCISP.
- The PCISP must reflect the ratio appropriate for the individual during service delivery. Upon request, the provider must be able to verify in a concise format the ratio for each participant during the claimed time frame of service.

Environmental Modifications NEW to FSW

This service has been added to the FS waiver. The service definition and limitations are identical to those in the CIH waiver. The \$15,000 environmental modifications lifetime cap and the \$500 available per year for service and repair can be accessed outside of the FS waiver cap.

Families and individuals should be mindful that the cap is for the lifetime of the individual. With that mind when determining the needed environmental modifications individuals and families should take into consideration the needs of the individual now as well as possible future needs.

Facility Based Habilitation

This service is being transitioned to Day Habilitation with the Day Habilitation effective date of 8/1/20.

Family and Caregiver Training

The reimbursement limit of this services has been increased to \$5000 per year.

Additional reimbursable activities were added and others revised.

- Educational materials or training programs, workshops, and conferences for caregivers that are directly related to the caregiver's role in supporting the participant in areas specified in the PCISP that relate to:
 - Understanding the disability of the participant;
 - Achieving greater competence and confidence in providing supports;
 - Developing and accessing community and other resources and supports;
 - Developing or enhancing key parenting strategies;
 - Developing advocacy skills; and
 - Supporting the participant in developing self-advocacy skills.

*Education and training **does not include** counseling and must be aimed at assisting caregivers who support the participant to understand and address participant needs as specified in the PCISP.*

Activities that are **not allowed** were revised to provide clarity for service providers and waiver participants.

- Educational materials or training programs, workshops, and conferences that are **not** related to the caregiver's ability to support the individual.
- Education and training may **not** be provided in order to train providers, even when those providers will subsequently train caregivers.
- Training provided to caregivers who receive reimbursement for training costs within their Medicaid line item reimbursement rates.
- Cost of travel, meals, and overnight lodging while attending the training program, workshop, or conference.

Intensive Behavioral Intervention

The service definition has been updated to include an enhanced focus on developing effective behavior management strategies for participants whose challenging behavioral issues put them at risk of placement in a more restrictive residential setting. Services are designed to reduce a participant's behaviors and improve independence and inclusion in the community.

Remote Supports NEW to FSW

Previously known as Electronic Monitoring in the CIH waiver, this service has been added to FS waiver. Remote Supports is available to adult waiver participants and individuals 14 to 17 years of age to foster developmentally-appropriate independence and not to replace typical parental supervision.

Families using the FS waiver may want to try the service first therefore the first \$500 of Remote Supports added in any service plan year will be outside of the \$17,300 cap.

Rent and Food for Unrelated Live-in Caregiver CIH ONLY

The limitations of this service have been updated to include language that waiver participants cannot receive live-in caregiver services and structured family caregiving services concurrently.

Respite

The service definition and been updated to clarify that the service can be provided when the unpaid person who normally cares for the individual is in OR out of the home.

Structured Family Caregiving CIH ONLY

The service definition has been updated to better align with current Indiana policy and practice. An update to the limitations was made to allow a maximum of four waiver participants per structured family caregiving household.

Transportation

The service definition has been enhanced for clarity. Levels of service and annual limits have been added to the FS waiver non-medical transportation service to match those included in the CIH waiver:

- Level 1 transportation = \$2625

- Level 2 transportation = \$5250
- Level 3 transportation = \$7875

Please note, no waiver participant is excluded from participating in non-medical waiver transportation services.

Paid Family Caregiver Changes

This section applies to **Participant Assistance and Care (PAC)** under the FSW and **Residential Habilitation and Support** under the CIHW.

- If a relative of the participant provides the service:
 - The decision that a relative is the best choice of persons to provide these services is a part of the person-centered planning process and is documented in the PCISP.
 - The Individualized Support Team (IST) should discuss, at least annually, if the relative should continue to provide the service. The conversation should take into consideration the individual's wants, planning for future care needs, the physical and emotional needs of the relative, and the ability/willingness of the relative to continue to provide care.
- Reimbursable waiver funded PAC or RHS services furnished to a waiver participant by an allowable paid relative and/or legal guardian may not exceed a total of 40 hours per week per paid relative and/or legal guardian caregiver.
- Outside of the temporary allowances of Appendix K through August 31, 2020, services may not be provided to a minor by the parent(s), step-parent(s) or guardians; and services may not be provided to a participant by the participant's spouse.