



SIGNATURES

_____	_____	_____	_____
<i>Person served</i>	<i>Date</i>	<i>Provider Staff</i>	<i>Date</i>
_____	_____	_____	_____
<i>Parent/Guardian</i>	<i>Date</i>	<i>Additional Supporter</i>	<i>Date</i>



_____ 's **ONE-PAGE PROFILE**

What people like & admire about me (My contributions and talents)

What's Important to ME
(My conditions, preferences, values)

How to Best Support ME
(Strategies for working together)

Life Trajectory Worksheet

<p>Past Life Experiences Review last year's goals</p>
<p>Review what didn't work last year</p>



Write current age here

<p>Action Steps to the Future List goals for the upcoming year</p>
<p>List risks and obstacles that might push your trajectory toward what you don't want</p>

VISION for a GOOD LIFE
LIST what you want your "good life" to look like ...

What I DON'T Want
LIST the things you don't want in your life...

