

Women's Health Indiana

Theresa Rohr-Kirchgraber, MD, FACP
Executive Director, IU National Center
of Excellence in Women's Health



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Women's Health=Family Health

- Women arrange the health care of the family
 - 40 % of men between the ages of 18 and 49 do not have a primary-care doctor
 - 34 % had not seen a doctor in more than a year
- Pregnancy and reproductive health
 - Planned pregnancy
 - STI screening
- Immunizations
- Early intervention and prevention
- Health problems, but they can affect women differently.
 - For example, women may have different symptoms of heart disease
 - Osteoarthritis, obesity and depression ↑
 - Menopause, pregnancy



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All Females by Age Group 2009

1) Heart disease	24.0
2) Cancer	22.2
3) Stroke	6.3
4) Chronic lower respiratory diseases	5.9
5) Alzheimer's disease	4.5
6) Unintentional injuries	3.5
7) Diabetes	2.8
8) Influenza and pneumonia	2.3
9) Kidney disease	2.0
10) Septicemia	1.6



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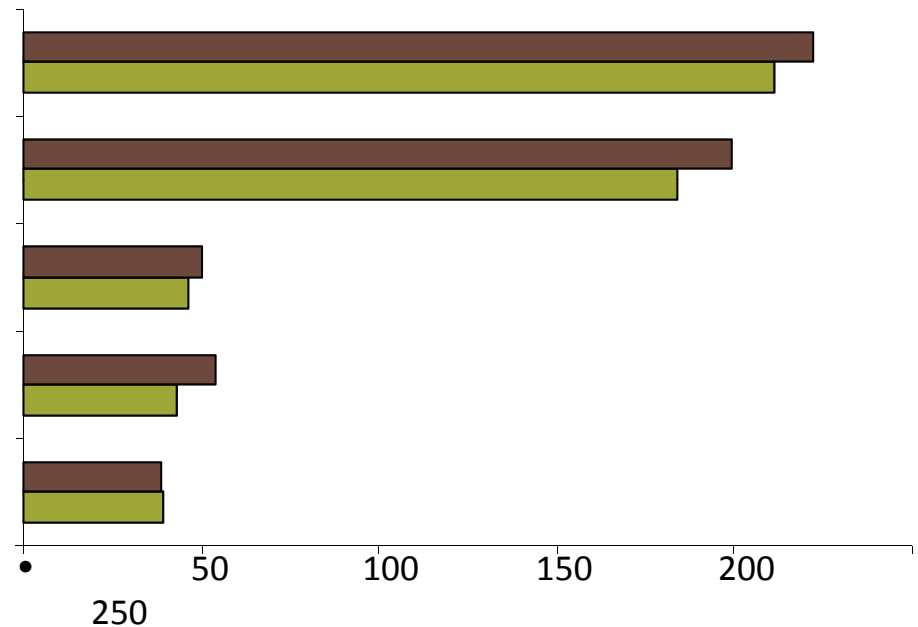
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5 Most Common Causes of Death, Indiana Compared with United States, 2005

- Heart Disease
- All Cancers
- Stroke
- Respiratory Disease
- Injuries



- Rate per 100,000



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Women's Health is more than the Bikini



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Indiana: Percent of Women Age 18 and Older Who Report Having Had a Pap Smear Within the Last Three Years, by Race/Ethnicity, 2010

<http://www.statehealthfacts.org/profileind.jsp?ind=483&rgn=16&cat=10>

	IN %	US%
White	79.5%	82.5%
Black	86.6%	85.4%
Hispanic	NSD	81.7%
Asian PI	NSD	69.2%
NA	NSD	77.2%
Other	NSD	75.2%

May 18, 2012

NCI Center to Reduce Cancer Health Disparities (CRCHD)

High rates of cervical cancer are an indicator of broader problems in access to health care.

High rate of cervical cancer is a *sentinel* marker indicating larger, systemic health care issues.



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Healthy Hoosier Women



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Big ticket items

- Economic Growth
 - Increased insurance coverage
- Access to health care professional
 - Increase #'s of medical students and resident
- Improve mental health services
- Programs to ↓ domestic violence
- Increase coverage for underinsured/uninsured
 - In 2007, 17% of adults (18-64)lacked health care coverage



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On the Home Front

- **Quit smoking**
 - 24% of adults and 23% of HS students smoke
- **Know your BMI**
 - 63% of adults overweight or obese and 15% of high schools students were overweight
- **↑fruit and vegetable consumption**
 - 82% of HS students and 77% of adults consumed ≤ 5 fruits and vegetables per day



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- ↑ Physical Activity
 - 52% of adults not engaged in physical activity
- Get screened
 - 44% have not had colonoscopy (60% ↓ colon cancer)
 - 28% of women had no mammogram/2 years



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THANK YOU

