

**AN INTRODUCTION  
FOR CLINICIANS**



# **STAR BEHAVIORAL HEALTH PROVIDERS**

Civilian Professionals. *Military Sensitivity.*



**Military service can bring stress not just for service members, but also for their families, friends and neighbors. Deployment, reintegration and combat injuries common today can add to the mental and emotional strain. And when those stresses do occur, it is not always easy for those affected to know where they can turn for help.**

To address that need, the Indiana National Guard (INNG), Military Family Research Institute (MFRI) and the Indiana Family and Social Services Administration (FSSA) have partnered to create Star Behavioral Health Providers (SBHP), a registry that helps service members and those who care about them locate civilian behavioral health professionals with special training to understand and deal with military issues.

For consumers and referring professionals, Star Behavioral Health Providers houses a unique registry where they can confidentially filter through a list of civilian health providers who have completed particular levels of educational training related to the military. For clinicians, Star Behavioral Health Providers is a comprehensive resource through which they can gain the training to serve those who serve our country.





## *Benefits of Membership*

Star Behavioral Health Providers addresses an important need in Indiana. Members of the military and their families are part of a unique mission, speak their own language, and have an increased likelihood of experiencing certain behavioral health conditions such as post-traumatic stress disorder (PTSD) and traumatic brain injury (TBI). Few providers to date have specialized training to deal with them — until now.

Star Behavioral Health Providers offers you the opportunity to:

- » enhance and deepen your professional skill set by learning more about the unique needs of this population;
- » access training specific to serving military patients created by the respected Center for Deployment Psychology (CDP);
- » receive empirically-based education that supports all branches of the military, including the National Guard and Reserves, veterans, families and their communities;
- » earn recognition as having received advanced training in behavioral health issues related to the military;
- » be listed on the SBHP website, where you can be easily found by service members, family and others searching for uniquely qualified providers; and
- » gain continuing education units (CEUs) at minimal or no cost.

## *Training Details*

The Center for Deployment Psychology (CDP) prepares health professionals to better meet the behavioral health needs of military personnel and their family members. CDP is a tri-service center funded through a grant awarded by the Uniformed Services University of the Health Sciences to train military and civilian behavioral health providers. INNG, MFRI and CDP have a shared goal to create a larger network of behavioral health providers who have training specific to military issues.

With the CDP's expertise, SBHP has created a three-tiered training program. Each tier will be conducted by specially-trained teams, and will build upon knowledge from the previous tier.

- » *Tier One* provides awareness about topics specific to the military and an introduction to military culture and information about deployments.
- » *Tier Two* provides education about challenges and difficulties that may present and are often associated with the military.
- » *Tier Three* offers clinical skills that focus on specific empirically-supported treatments to address some of the behavioral health issues facing service members, such as PTSD.

Continuing Education Units (CEUs) will be provided by The Indiana Family and Social Service Administration (FSSA).

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### *About the Trainer*

The CDP offers multiple educational packages geared towards behavioral health providers who treat service members. The trainings address the psychological reactions of service members and their families throughout the deployment cycle, as well as the deployment experience of uniformed behavioral health providers themselves. More information about CDP can be found at [www.deploymentpsych.org](http://www.deploymentpsych.org).

### *How To Become A Member*

Becoming a member of SBHP is a simple process:

- 1. TRAINING (TIER ONE)** Complete one online course and register for the classroom portion of Tier One training.
- 2. APPLICATION** After completing Tier One training, visit the website at [www.starproviders.org](http://www.starproviders.org) and submit your application. You will be requested to submit a copy of your licensure and insurance coverage to the INNG. Your application will then be reviewed for inclusion in the registry.
- 3. ADVANCED TRAINING (TIERS TWO AND THREE)** After acceptance into SBHP, you are eligible to register and attend the advanced classroom training sessions of Tiers Two and Three.

The trainings you complete will be included on the registry, along with your location, specialty, credentials, areas of focus, populations treated and more. Consumers will be able to easily locate you as a provider who can meet their needs. And you will begin to enjoy the benefits of membership in Star Behavioral Health Providers.

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## *Partners*

### **INDIANA NATIONAL GUARD**

The Indiana National Guard is an operational force integral to America's worldwide humanitarian and military efforts. As a community-embedded organization, the nearly 15,000 men and women of the INNG live in and serve from towns and cities across the state. It makes sense that when INNG guardsmen need help — they look to the communities in which they live. SBHP meets a vital need by providing our hometown heroes access to behavioral health providers trained to address the unique needs of military service members and their families.

### **MILITARY FAMILY RESEARCH INSTITUTE AT PURDUE UNIVERSITY**

The goal of the Military Family Research Institute (MFRI) at Purdue University is to create meaningful relationships that bring organizations together in support of military families. Working with researchers and practitioners from both the military and civilian communities, MFRI strives to develop outreach and research programs grounded in scientific evidence. This initiative supports MFRI's mission by linking trained practitioners to military families within the communities where they live.

### **INDIANA FAMILY AND SOCIAL SERVICES ADMINISTRATION**

The Family and Social Services Administration (FSSA) was established by the General Assembly in 1991 to consolidate and better integrate the delivery of human services by State government. FSSA is a health care and social service funding agency with five care divisions, including the Division of Mental Health and Addiction, which is responding to the growing changes of our military personnel.



**PSYCHOLOGICAL  
HEALTH PROGRAM**  
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*Find Out More About*

**STAR BEHAVIORAL HEALTH PROVIDERS**

For more information about membership, the application process, the training tiers or any other part of the program, please visit our website at [www.starproviders.org](http://www.starproviders.org) or call 317-964-7131.

