

# VACCINE

## News you can use.



~~Be sure to make an appointment for your second dose before you leave.~~

Keep your vaccination card. Remember to bring your card to your next appointment.



Enroll in V-safe, a new smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines. Go to [vsafe.cdc.gov](https://vsafe.cdc.gov) OR aim your smartphone's camera at this QR code.



The Johnson & Johnson vaccine is a single dose. The vaccine is about 77% effective in preventing severe/critical COVID-19 at least 14 days after vaccination, and 85% effective in preventing severe/critical COVID-19 at least 28 days after vaccination.

Report any vaccine side effects to the Vaccine Adverse Event Reporting System (VAERS) at 800-822-7967.



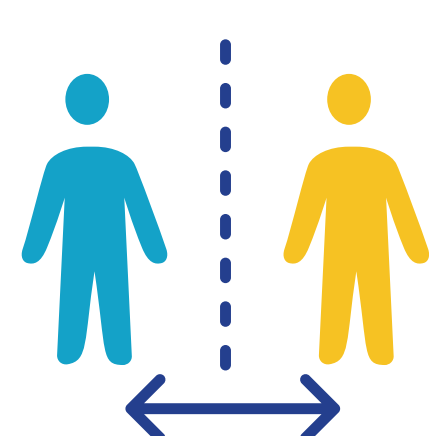
Possible side effects are sore muscles, feeling tired or mild fever usually no longer than a day or two. That means the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. Having these types of side effects does NOT mean that you have COVID-19. **It's unlikely, but if you have a serious reaction (such as not being able to breathe), CALL 911 or go to the nearest emergency room.**

## IMPORTANT:

Even though you have received the vaccine, experts say to still follow these recommendations to protect yourself and others:



Wear a mask over your nose and mouth



Stay at least 6 feet away from others



Avoid crowds



Avoid poorly ventilated spaces



Wash your hands often