Indiana State Department of Health
An Equal Opportunity Employer

Michael R. Pence
Governor

Jerome M. Adams, MD, MPH
State Health Commissioner

DATE: March 27, 2015

TO: All Local Health Departments
Attn: Chief Food Inspection Officer

FROM: Laurie Kidwell, RRT Supervisor
Food Protection Program

SUBJECT: Amy's Kitchen, Inc. - RECALL [Food]

AFFECTED PRODUCT: **Amy's Kitchen Products**

SUMMARY: **Unclassified Recall; The recall has been initiated because Amy's may have received organic spinach with the possible presence of *Listeria monocytogenes*.**

ATTACHMENT A: LIST OF AMY'S KITCHEN PRODUCTS SUBJECT TO RECALL NOTICE DATED MARCH 22, 2015

Product Name	Amy's Item #	Consumer Unit UPC	Lot Codes	Retail Unit Size	Package Type	Country of Distribution	Dates Made
Vegetable Lasagna, 12pk	000032	0-42272-00032-6	**30-A215** **30-A305** **30-B115** **30-C045**	9.5 oz. (269g)	Box	USA	Jan-21-2015 Jan-30-2015 Feb-11-2015 Mar-04-2015
Vegetable Lasagna, CAN, 12pk	000032F	0-42272-90032-9	**30-A215**	269g	Box	Canada	Jan-21-2015
Tofu Vegetable Lasagna, 12pk	000033	0-42272-00033-3	**30-B135**	9.5 oz. (269g)	Box	USA	Feb-13-2015
Garden Vegetable Lasagna, 12pk	000041	0-42272-00041-8	**30-B025** **30-C095**	10.3 oz. (291g)	Box	USA	Feb-02-2015
Tofu Scramble, 12pk	000054	0-42272-00054-8	**10-A305**	9.0 oz. (255g)	Box	USA	Jan-30-2015
Enchilada Verde Whole Meal, 12pk	000085	0-42272-00085-2	**10-A305**	10.0 oz. (284g)	Box	USA	Jan-30-2015
Spinach Pizza, 8 pk	000102	0-42272-00102-6	**30-A285** **30-B105**	14.0 oz. (397g)	Box	USA	Jan-28-2015 Feb-10-2015
Brown Rice & Vegetables Bowl, 12 pk	000161	0-42272-00161-3	**30-A205**	10.0 oz. (283g)	Box	USA	Jan-20-2015
Stuffed Pasta Shells Bowl, 12 pk	000178	0-42272-00178-1	**30-C055**	10.0 oz. (284g)	Box	USA	Mar-05-2015
Vegetable Lasagna Multi Pk,	000201	0-42272-00201-6	**30-A205**	57 oz (6/9.5	Box	USA	Jan-20-2015

Product Name	Amy's Item #	Consumer Unit UPC	Lot Codes	Retail Unit Size	Package Type	Country of Distribution	Dates Made
6/57, CLUB				oz.)			
Vegetable Lasagna LIS, 12 pk	000240	0-42272-00240-5	**30-C145**	9.5 oz. (269g)	Box	USA	Mar-14-2015
Brown Rice & Vegetables Bowl LIS, 12 pk	000243	0-42272-00243-6	**30-A195** **30-C035**	10.0 oz. (283g)	Box	USA	Jan-19-2015 Mar-03-2015
Gluten Free Tofu Scramble Breakfast Wrap, 12 pk	000807	0-42272-00807-0	**30-A265** **30-B025**	5.5 oz. (156g)	Box	USA	Jan-26-2015 Feb-02-2015
Gluten Free Tofu Scramble Breakfast Wrap CAN, 12 pk	000807F	0-42272-90807-3	**30-B025**	156g	Box	Canada	Feb-02-2015
Gluten Free Dairy Free Veg Lasagna, 12 pk	000814	0-42272-00814-8	**30-B045**	9.0 oz. (255g)	Box	USA	Feb-04-2015
Gluten Free Dairy Free Veg Lasagna, CAN, 12 pk	000814F	0-42272-90814-1	**30-B045**	255g	Box	Canada	Feb-04-2015
Vegetable Lasagna, 8 pk	000933	0-42272-00032-6	**30-A305**	9.5 oz. (269g)	Box	USA	Jan-30-2015
Enchilada Verde Whole Meal, 8pk	000940	0-42272-00085-2	**10-A305**	10.0 oz. (284g)	Box	USA	Jan-30-2015
Family Size Vegetable Lasagna, 8 pk	000965	0-42272-00965-7	**30-C045**	28.0 oz. (794g)	Box	USA	Mar-04-2015

The recalled products were distributed to stores nationwide in the United States.

SUGGESTED ACTION: **Recommend notification of affected parties via phone, fax, or e-mail. Consumers who have any of the products identified in the chart above are urged to dispose them or return them to the store where they were purchased for an exchange or full refund. Consumers may also call Amy's at (707) 781-7535 [Monday through Friday between 9 a.m. and 5 p.m. (Pacific)]. Furthermore, if any recalled products are found, notify this office at 317-233-8475.**

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Recall -- Firm Press Release

FDA posts press releases and other notices of recalls and market withdrawals from the firms involved as a service to consumers, the media, and other interested parties. FDA does not endorse either the product or the company.

Amy's Kitchen Recalls Various Products Because of Possible Health Risk

Contact:
Consumer:
707-781-7535

FOR IMMEDIATE RELEASE – March 22, 2015 – Petaluma, California – Amy's Kitchen, Inc. is voluntarily recalling approximately 73,897 cases of select code dates and manufacturing codes of the products identified on Attachment A. This recall is based on a recall notice from one of Amy's organic spinach suppliers that Amy's may have received organic spinach with the possible presence of *Listeria monocytogenes*, an organism that can cause serious and sometimes fatal infections in young children, frail or elderly people, and others with weakened immune systems. Although healthy individuals may suffer only short-term symptoms such as high fever, severe headache, stiffness, nausea, abdominal pain and diarrhea, Listeria infection can cause miscarriages and stillbirths among pregnant women.

Amy's Kitchen is not aware of any illness complaints to date related to the recalled products identified in Attachment A. Out of an abundance of caution, however, Amy's Kitchen is recalling these products based on the recall notice we received from our supplier.

The recalled products were distributed to stores nationwide in the United States and in Canada.

The recalled products are identified in Attachment A, and no other products or varieties are included in this recall.

Amy's Kitchen has notified its distributors and retailers and is taking this voluntary action as a precautionary measure. This recall is being conducted with the knowledge of the Food and Drug Administration.

Consumers who have any of the products identified in the chart above are urged to dispose them or return them to the store where they were purchased for an exchange or full refund. Consumers may also call Amy's at (707) 781-7535 [Monday through Friday between 9 a.m. and 5 p.m. (Pacific)].

ATTACHMENT A: LIST OF AMY'S KITCHEN PRODUCTS SUBJECT TO RECALL NOTICE DATED MARCH 22, 2015

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Brown Rice & Vegetables Bowl, 12 pk	000161	0-42272-00161-3	**30-A205**	10.0 oz. (283g)	Box	USA	Jan-20-2015
Stuffed Pasta Shells Bowl, 12 pk	000178	0-42272-00178-1	**30-C055**	10.0 oz. (284g)	Box	USA	Mar-05-2015
Vegetable Lasagna Multi Pk, 6/57, CLUB	000201	0-42272-00201-6	**30-A205**	57 oz (6/9.5 oz.)	Box	USA	Jan-20-2015
Vegetable Lasagna LIS, 12 pk	000240	0-42272-00240-5	**30-C145**	9.5 oz. (269g)	Box	USA	Mar-14-2015
Brown Rice & Vegetables Bowl LIS, 12 pk	000243	0-42272-00243-6	**30-A195** **30-C035**	10.0 oz. (283g)	Box	USA	Jan-19-2015 Mar-03-2015
Gluten Free Tofu Scramble Breakfast Wrap, 12 pk	000807	0-42272-00807-0	**30-A265** **30-B025**	5.5 oz. (156g)	Box	USA	Jan-26-2015 Feb-02-2015
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Gluten Free Dairy Free Veg Lasagna, 12 pk	000814	0-42272-00814-8	**30-B045**	9.0 oz. (255g)	Box	USA	Feb-04-2015
Gluten Free Dairy Free	000814F	0-42272-90814-1	**30-B045**	255g	Box	Canada	Feb-04-

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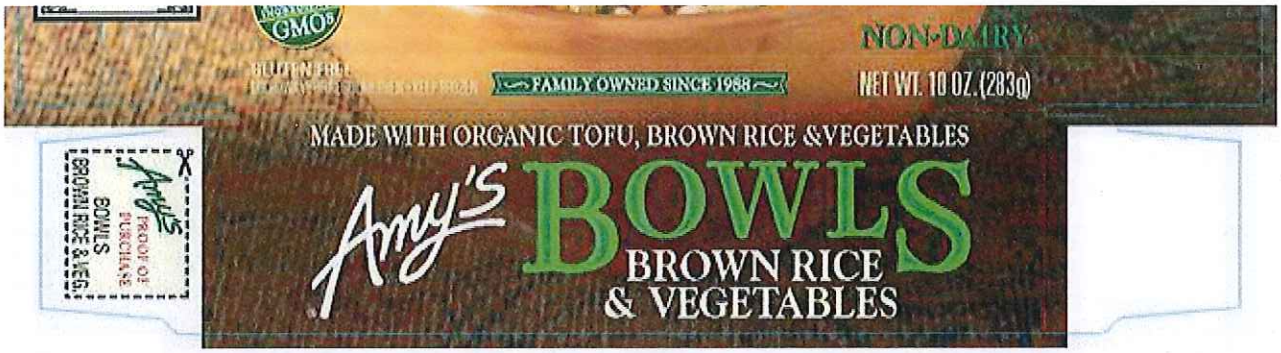
Family Size Vegetable Lasagna, 8 pk	000965	0-42272-00965-7	**30-C045**	28.0 oz. (794g)	Box	USA	Mar-04-2015

Bottom of Form

U.S. Food and Drug Administration
Protecting and Promoting *Your* Health

Amy's Kitchen Recalls Various Products Because of Possible Health Risk
Photo


Amy's BOWLS
BROWN RICE & VEGETABLES
MADE WITH ORGANIC TOFU, BROWN RICE & VEGETABLES
Amy's MADE WITH ORGANIC TOFU, BROWN RICE & VEGETABLES
BOWLS
BROWN RICE & VEGETABLES
Nutrition Facts
Serving Size 1 Bowl (283g)
Servings Per Container 1
Amount Per Serving
Calories 290 Calories from Fat 90
% Daily Value*
Total Fat 9g 14%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 550mg 23%
Total Carbohydrate 39g 13%
Dietary Fiber 5g 22%
Sugars 7g
Protein 9g 16%
Vitamin A 30% • Vitamin C 15%
Calcium 6% • Iron 10%
BROWN RICE & VEGETABLES
BROWN RICE & VEGETABLES
Amy's Kitchen
70267
70267

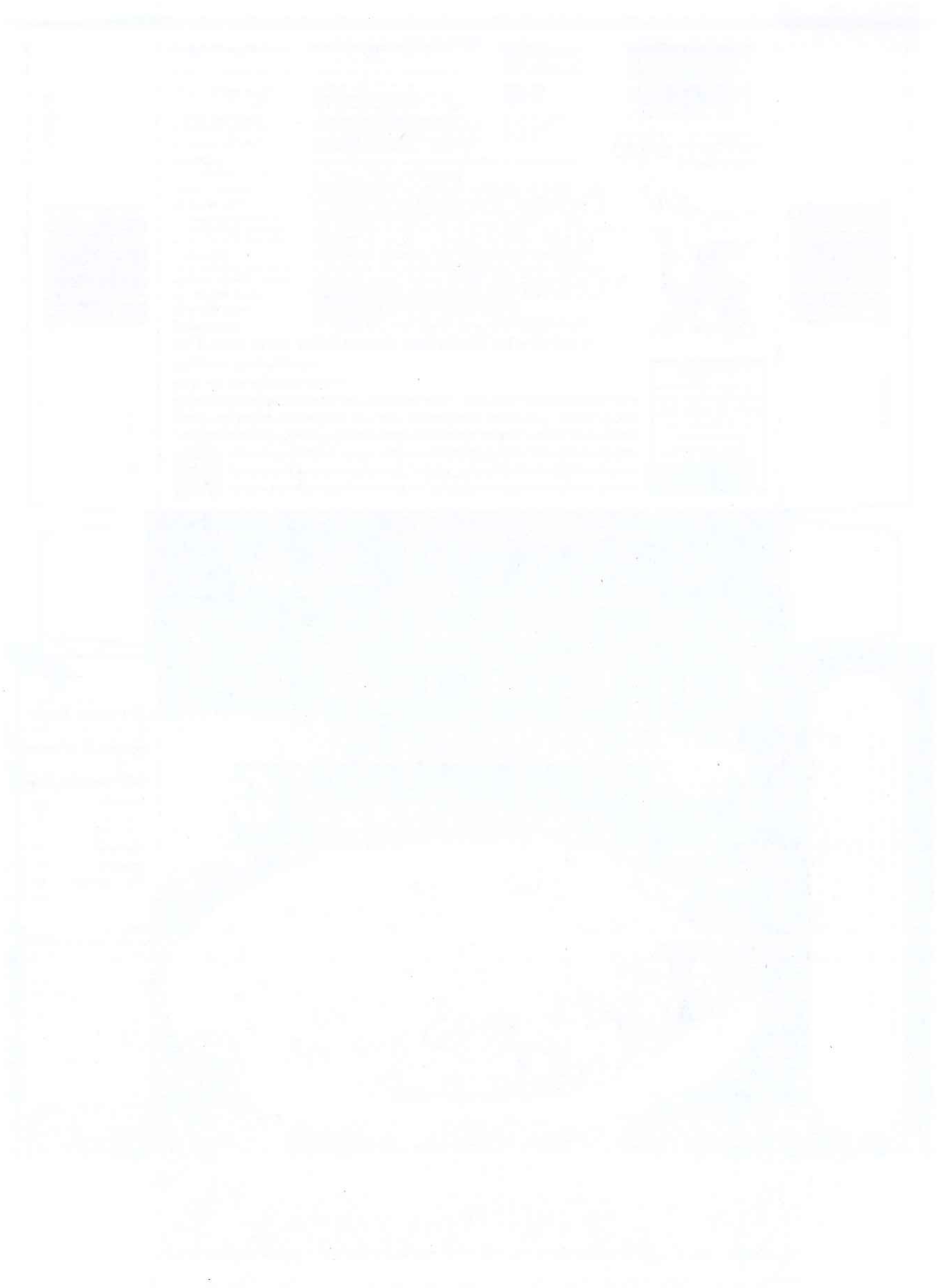

NON-DAIRY
FAMILY OWNED SINCE 1988
NET WT. 10 OZ. (283g)
MADE WITH ORGANIC TOFU, BROWN RICE &VEGETABLES
Amy's
BOWLS
BROWN RICE
& VEGETABLES


ENCHILADA DINNER
WHOLE MEALS
ENCHILADA DINNER
Amy's
MADE WITH ORGANIC CORN TORTILLAS, RICE & TOMATILLOS
ENCHILADA
VERDE
SPINACH & CHEESE ENCHILADA
NO GMOs
NET WT. 10 OZ. (284g)
GLUTEN FREE
FAMILY OWNED SINCE 1988
ENCHILADA VERDE WHOLE MEAL
DIRECTIONS:
Conventional Oven
Microwave Oven
Toaster Oven
INGREDIENTS
CONTAINS:
Nutrition Facts
Total Fat 10g
Cholesterol 30mg
Sodium 710mg
Total Carbohydrate 34g
Protein 17g
Vitamin A 25% • Vitamin C 15%
Calcium 20% • Iron 20%
GLUTEN FREE
KEEP FROZEN • MICROWAVE OR REGULAR OVEN
FAMILY OWNED SINCE 1988
NET WT. 10 OZ. (284g)
ENCHILADA DINNER
WHOLE MEALS
ENCHILADA DINNER
MADE WITH ORGANIC CORN TORTILLAS, RICE & TOMATILLOS
Amy's
ENCHILADA
VERDE
SPINACH & CHEESE ENCHILADA


AMY'S WHOLE MEALS
ENCHILADA VERDE WHOLE MEAL
DIRECTIONS
INGREDIENTS
0g TRANS FAT • NO ADDED MSG • NO PRESERVATIVES
No GMOs • No bioengineered ingredients
Amy's Kitchen
703035
Amy's ENCHILADA • VERDE •
SPINACH & CHEESE ENCHILADA
MADE WITH ORGANIC CORN TORTILLAS, RICE & TOMATILLOS
ENCHILADA DINNER WHOLE MEALS ENCHILADA DINNER
ENCHILADA DINNER WHOLE MEALS ENCHILADA DINNER
Amy's MADE WITH ORGANIC CORN TORTILLAS, RICE & TOMATILLOS
ENCHILADA • VERDE •
SPINACH & CHEESE ENCHILADA
Nutrition Facts
GLUTEN FREE
KEEP FROZEN - MICROWAVE OR REGULAR OVEN
FAMILY OWNED SINCE 1988
NET WT. 10 OZ. (284g)
ENCHILADA DINNER WHOLE MEALS ENCHILADA DINNER
Amy's MADE WITH ORGANIC CORN TORTILLAS, RICE & TOMATILLOS
ENCHILADA • VERDE •
SPINACH & CHEESE ENCHILADA


GLUTEN FREE
Amy's
MADE WITH ORGANIC RICE PASTA & VEGETABLES
GARDEN VEGETABLE
• LASAGNA •
Nutrition Facts
NO GMOs
KEEP FROZEN • MICROWAVE OR REGULAR OVEN
FAMILY OWNED SINCE 1988
NET WT. 10.3 OZ. (291g)
701798


FAMILY OWNED SINCE 1988
255 g (9 oz)
Amy's
VEGETABLE • LASAGNA •
GLUTEN FREE • DAIRY FREE
NO PRESERVATIVES
SANS AGENT DE CONSERVATION
SANS GLUTEN • SANS PRODUITS LAITIERS
Amy's
• LASAGNE AUX •
LÉGUMES
UNE ENTREPRISE FAMILIALE DEPUIS 1988
255 g (9 oz)
Valeur nutritive
pour 1 plat principal (255 g)
Nutrition Facts
Per 1 entrée (255 g)
Conventional Oven Directions:
Microwave Oven Directions:
Toaster Oven Directions:
Mode de cuisson four conventionnel :
Mode de cuisson four à micro-ondes :
Mode de cuisson four à grille-pain :
www.amyskitchen.ca
702986
42272 90814




GLUTEN FREE • DAIRY FREE
WITH DAIYA CHEEZE
VEGETABLE
• LASAGNA •
Nutrition Facts
NO GMOs
FAMILY OWNED SINCE 1988
NET WT 9.0 OZ (255g)
KEEP FROZEN
703055


GLUTEN FREE
Amy's
MADE WITH ORGANIC TOFU, HASH BROWNS & VEGETABLES
TOFU SCRAMBLE
BREAKFAST WRAP
GLUTEN FREE
Amy's
TOFU SCRAMBLE
BREAKFAST WRAP
702212
Amy's Kitchen Inc
PO Box 449
Petaluma, CA 94953
12-5.5 OZ (156g)
12 oz
TOFU SCRAMBLE
BREAKFAST WRAP
GLUTEN FREE


Heating Instructions: Oven: Preheat oven to 400°F. Remove overwrap. Wrap in foil and heat for 20 minutes. Turn over and heat another 25-30 minutes. Microwave Oven: Remove overwrap. Place wrap on a microwave-safe plate. Heat on high 1 minute. Gently turn wrap over. Heat an additional 1 -1 ½ minutes. Let sit for 1 minute. Ovens vary; please use these instructions as a guide only.
0g TRANS FAT • NO ADDED MSG • NO PRESERVATIVES
NO GMOs – No Bioengineered Ingredients
INGREDIENTS (VEGAN): ORGANIC TOFU (FILTERED WATER, ORGANIC SOYBEANS, NIGARI [MAGNESIUM CHLORIDE, A NATURAL FIRMING AGENT]), FILTERED WATER, ORGANIC HASH BROWNS (ORGANIC POTATOES, ORGANIC ONIONS, ORGANIC EXTRA VIRGIN OLIVE OIL, ORGANIC GARLIC, SEA SALT, ORGANIC BLACK PEPPER), ORGANIC TOMATOES, ORGANIC SPINACH, ORGANIC GARBANZO FLOUR, ORGANIC ZUCCHINI, ORGANIC ONIONS, ORGANIC POTATO STARCH, ORGANIC MUSHROOMS, ORGANIC TAPIOCA STARCH, ORGANIC EXTRA VIRGIN OLIVE OIL, ORGANIC CARROTS, ORGANIC SORGHUM FLOUR, EXPELLER PRESSED HIGH OLEIC SAFFLOWER AND/OR SUNFLOWER OIL, ORGANIC CANE SUGAR, ORGANIC SWEET RICE FLOUR, SEA SALT, ORGANIC GARLIC, NUTRITIONAL YEAST, SPICES, ORGANIC BLACK PEPPER. CONTAINS SOY.
Individuals with Food Allergies: This product is made in a facility that also processes foods containing wheat, milk, tree nuts and seeds (including sunflower seeds). In addition to gluten testing, strict allergen control measures are implemented at all levels of production. Amy's Kitchen does not use any peanuts, fish, shellfish or eggs.
Amy's Kitchen Inc., P.O. Box 449, Petaluma, CA 94953
Visit us at Amys.com
Certified Organic by QAI
Amy's
GLUTEN FREE
GLUTEN FREE TORTILLA
MADE WITH ORGANIC TOFU, HASH BROWNS & VEGETABLES
TOFU SCRAMBLE
BREAKFAST WRAP
DAIRY FREE KEEP FROZEN NET WEIGHT 5.5 OZ. (156g) NO GMOs
Nutrition Facts
Serving Size 1 Wrap (156g)
Servings Per Package 1
Calories 300
Calories From Fat 120
*Percent Daily Values are based on a 2,000 calorie diet.
Amount/Serving %Daily Value*
Total Fat 13g 20%
Saturated Fat 1.5g 8%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 460mg 19%
Amount/Serving %Daily Value*
Total Carbohydrate 35g 12%
Dietary Fiber 3g 12%
Sugars 4g
Protein 11g
Vitamin A 8% • Vitamin C 6% • Calcium 6% • Iron 8%
0 42272 00807 0
MADE IN U.S.A.
703150 101713

LIGHT IN SODIUM

50% LESS SODIUM THAN OUR REGULAR BROWN RICE BOWL

Amy's MADE WITH ORGANIC TOFU, BROWN RICE & VEGETABLES

BOWLS

BROWN RICE & VEGETABLES

Nutrition Facts
Serving Size 1 Bowl (283g)
Servings Per Container 1

Amount Per Serving	
Calories 290 Calories from Fat 80	
	% Daily Value*
Total Fat 9g	14%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	11%
Total Carbohydrate 36g	12%
Dietary Fiber 5g	22%
Sugars 7g	
Protein 9g	
Vitamin A 30% • Vitamin C 25%	
Calcium 8% • Iron 10%	

After the birth of our daughter Amy in 1987 we found there was little time to prepare the wholesome nutritious food we normally ate. Realizing there were others like ourselves, we set up Amy's Kitchen to produce delicious, nourishing frozen meals for health-conscious people too busy to cook.

We use only the finest natural and organic ingredients and prepare them with the same careful attention in our kitchen as you would in your own home. No meat, fish, shellfish, poultry, eggs or peanuts are ever used in any Amy's products.

Brown rice and tofu is Amy's dad's favorite meal at any time of the day. In fact, he often eats it for breakfast on his way to work. To the basic dish of organic brown rice and tofu, Amy's chefs have added mushrooms and organic onions, broccoli, carrots, celery and spinach combined with a delectable sesame tahini sauce. We're sure that this flavor-rich, high protein meal, which is non-dairy, will become one of your favorites too.

LIGHT IN SODIUM

Responding to customer requests, our chefs have created a line of "Light in Sodium" meals with all the flavor and goodness of our regular meals, but containing 50% less sodium.

For variety you'll want to try our Light in Sodium Country Cheddar Bowl and Light in Sodium Mexican Casserole Bowl.

LIGHT IN SODIUM BROWN RICE & VEGETABLES BOWL

DIRECTIONS:
Conventional Oven
- Preheat oven to 400°F.
- Remove overwrap and cover bowl with foil.
- Place bowl on a cookie sheet and bake for 50 minutes or until heated throughout.

Microwave Oven
- Make a 1-inch slit in overwrap.
- Cook for 4-5 minutes or until hot.

Toaster Oven
- Remove all packaging.
- Transfer product to a toaster oven safe dish.
- Cook using the conventional oven instructions shown above.

Ovens vary, so please use these instructions as a guide to the best preparation for your oven.

0g TRANS FAT • NO ADDED MSG • NO PRESERVATIVES

No GMOs - No Bioengineered Ingredients GLUTEN FREE

INGREDIENTS (VEGAN): ORGANIC SHORT GRAIN BROWN RICE, ORGANIC ONIONS, MUSHROOMS, ORGANIC BROCCOLI, ORGANIC CARROTS, ORGANIC TOFU (FILTERED WATER, ORGANIC SOYBEANS, NIGARI [MAGNESIUM CHLORIDE, A NATURAL FIRMING AGENT]), ORGANIC SPINACH, ORGANIC CELERY, ORGANIC EXTRA VIRGIN OLIVE OIL, SPICES*, ORGANIC SESAME TAHINI, ORGANIC APPLE CIDER VINEGAR, ORGANIC TAMARI (WHEAT FREE), UMEPLUM VINEGAR, GRAIN VINEGAR, EXPELLER PRESSED HIGH OLEIC SAFFLOWER OIL, SEA SALT, GROUND MUSTARD SEEDS, ORGANIC GARLIC. CONTAINS SOY AND SESAME SEEDS.

Find out more about our products, our company, our family and what makes Amy's food so special at www.amys.com

Amy's Kitchen

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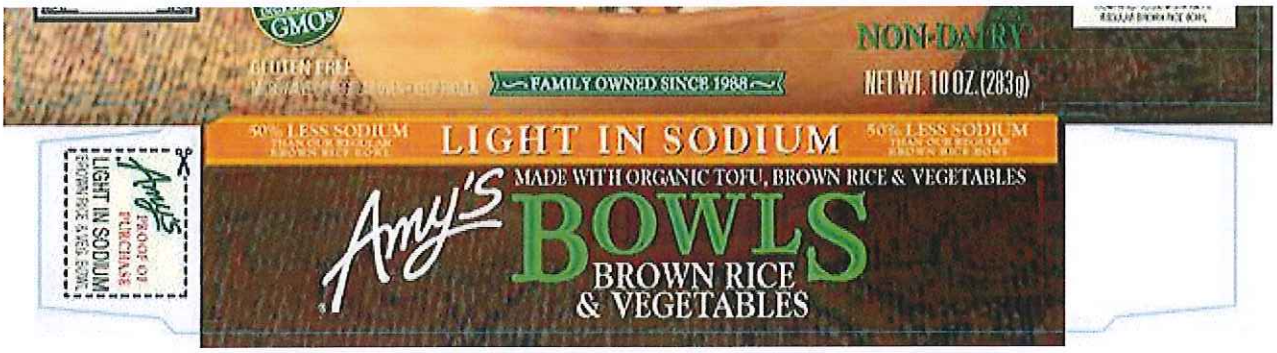
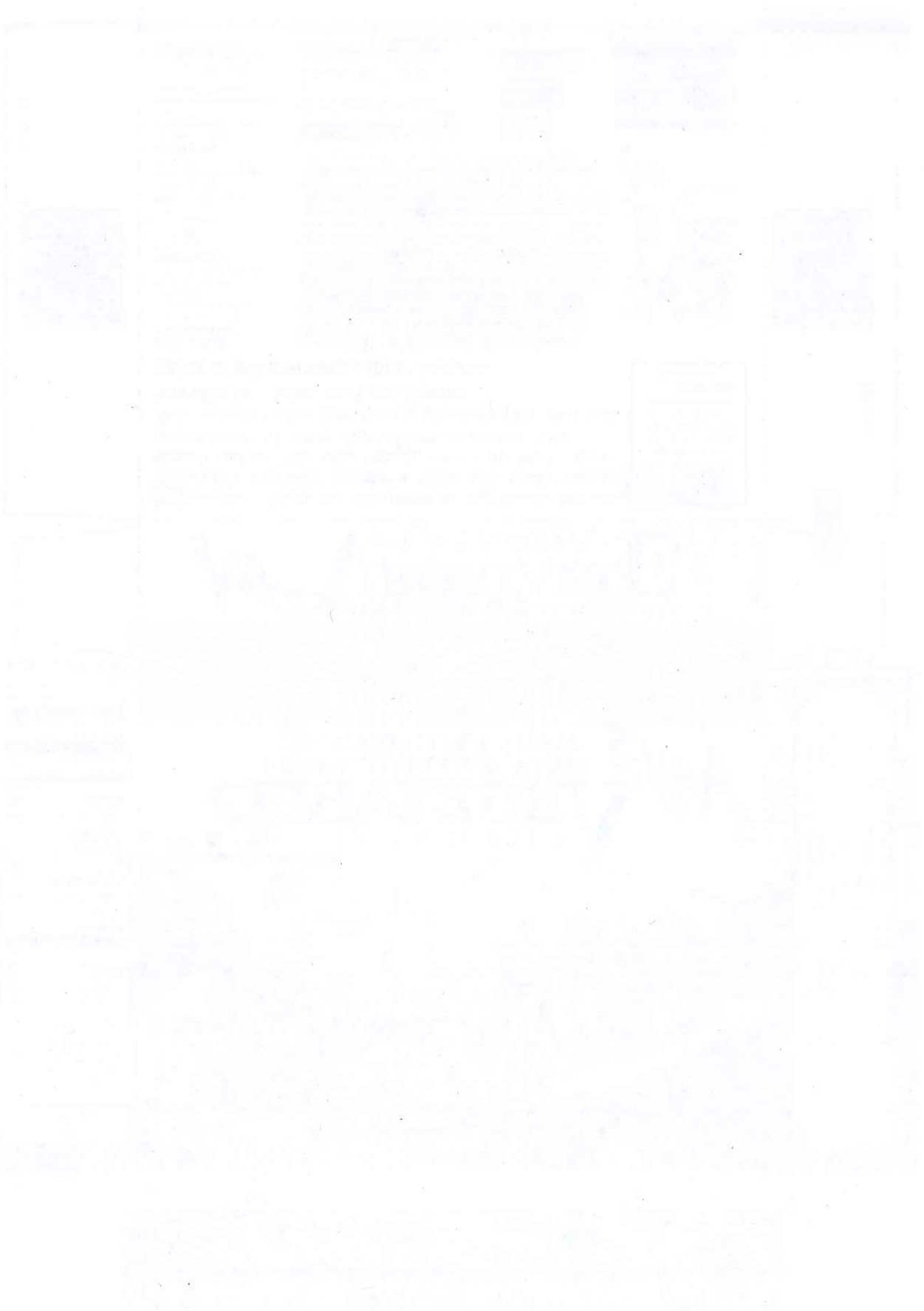
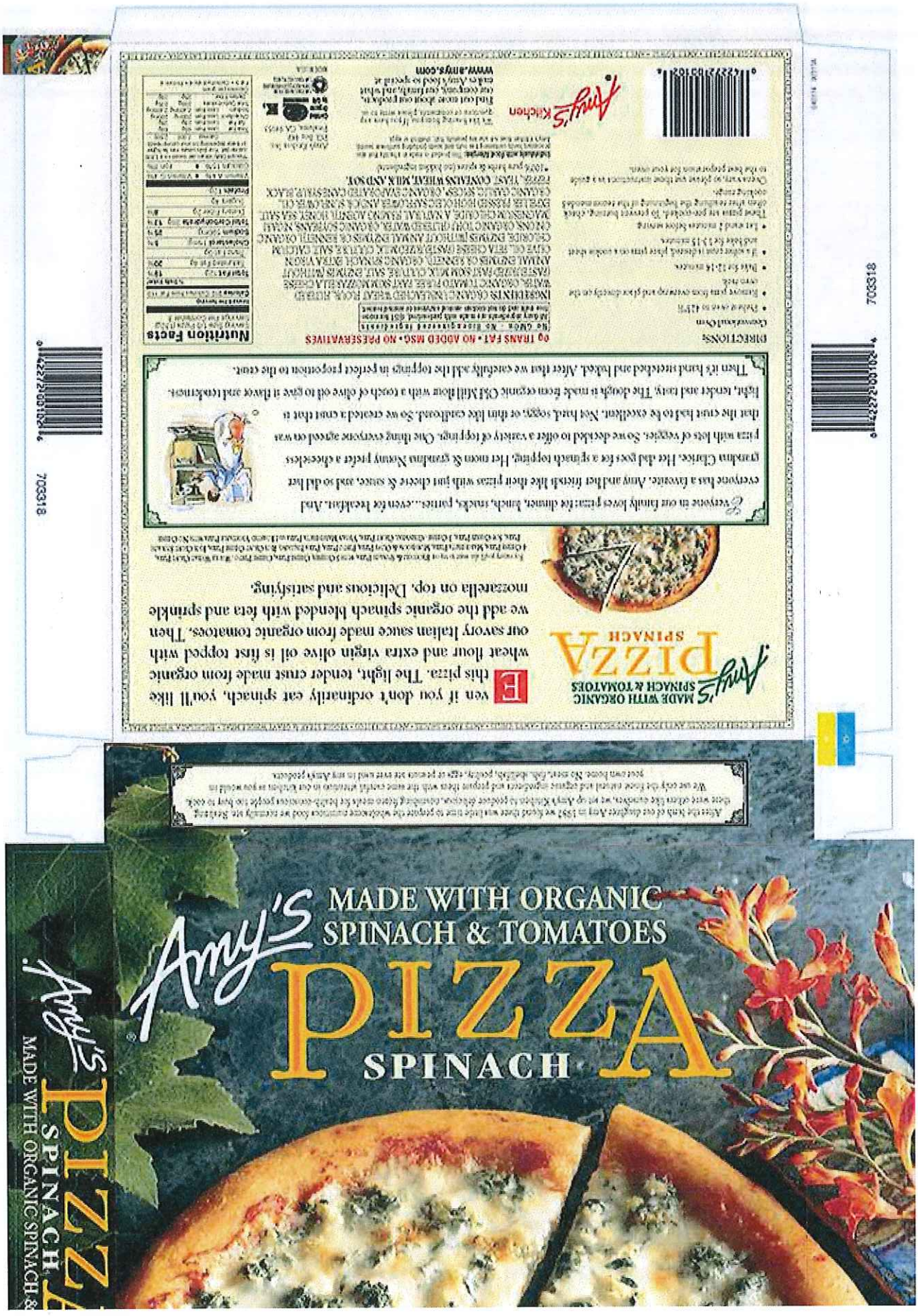
700625


NON-DAIRY
FAMILY OWNED SINCE 1988
NET WT. 10 OZ. (283 g)
50% LESS SODIUM
LIGHT IN SODIUM
50% LESS SODIUM
MADE WITH ORGANIC TOFU, BROWN RICE & VEGETABLES
Amy's
BOWLS
BROWN RICE
& VEGETABLES
LIGHT IN SODIUM


LIGHT IN SODIUM
50% LESS SODIUM THAN OUR REGULAR LASAGNA
Amy's
MADE WITH ORGANIC PASTA AND VEGETABLES
VEGETABLE
• LASAGNA •
Nutrition Facts
KEEP FROZEN • IN MICROWAVE OR REGULAR OVEN
FAMILY OWNED SINCE 1988
NET WT. 9.5 OZ. (269g)
NO GMOs
703146




Amy's
MADE WITH ORGANIC
SPINACH & TOMATOES
PIZZA
SPINACH
Amy's PIZZA
SPINACH
MADE WITH ORGANIC SPINACH &
MADE WITH ORGANIC SPINACH & TOMATOES
PIZZA
SPINACH
Nutrition Facts
DIRECTIONS:
www.amys.com
7003318


TOMATOES
KEEP FROZEN
FAMILY OWNED SINCE 1988
NO GMOS
Amy's PIZZA
SPINACH
MADE WITH ORGANIC SPINACH & TOMATOES


Amy's BOWLS
STUFFED PASTA SHELLS
MADE WITH ORGANIC PASTA & VEGETABLES
Amy's MADE WITH ORGANIC PASTA & VEGETABLES
BOWLS
STUFFED PASTA SHELLS
Nutrition Facts
Amy's Kitchen
STUFFED PASTA SHELLS BOWL
DIRECTIONS
703000


GMO
FAMILY OWNED SINCE 1988
NET WT. 10 OZ. (284g)
MADE WITH ORGANIC PASTA & VEGETABLES
Amy's BOWLS
STUFFED PASTA SHELLS
STUFFED PASTA SHELLS BOWL
GLUTEN FREE/SANS GLUTEN
Amy's
TOFU SCRAMBLE
BREAKFAST WRAP / ROULÉ POUR LE PETIT DÉJEUNER
702604
CAN


Heating Instructions: Oven: Preheat oven to 400°F/200°C. Remove overwrap. Wrap in foil and heat for 20 minutes. Turn over and heat another 25-30 minutes. Microwave Oven: Remove overwrap. Place wrap on a microwave-safe plate. Heat on high 1 minute. Gently turn wrap over. Heat on additional 1-1½ minutes.
Mode de cuisson: Four conventionnel: Préchauffer le four à 400°F/200°C. Retirer l'emballage. Envelopper le burrito de papier d'aluminium et cuire 20 minutes. Retourner. Cuire encore 25-30 minutes. Four à micro-ondes: Retirer l'emballage. Placer le burrito dans un petit plat à micro-ondes. Cuire 1 minute. Retourner. Cuire encore 1- 1½ minutes
0 TRANS FAT • NO PRESERVATIVES
Ingredients (Vegan): Organic tofu (filtered water, organic soybeans, nigari [magnesium chloride]), filtered water, organic hash browns (organic potatoes, organic onions, organic extra virgin olive oil, organic garlic, sea salt, organic spices), organic tomatoes, organic spinach, organic garbanzo flour, organic zucchini, organic onions, organic potato starch, organic mushrooms, organic tapioca starch, organic extra virgin olive oil, organic carrots, organic sorghum flour, expeller pressed safflower and/or sunflower oil, organic cane sugar, organic sweet rice flour, sea salt, organic garlic, nutritional yeast, spices. Contains soy.
In the facility that Food & Allergies: Made in a facility that also processes tree nuts, peanuts, wheat, milk, eggs (including sunflower seeds) and their milk (Pour les garnitures: fabriqué dans une installation qui traite des noix, arachides, blé, lait, œufs (y compris des graines de tournesol) et leurs produits laitiers). Gluten free testing, strict allergen control measures are implemented at all levels of production.
0 GRAS TRANS • SANS AGENT DE CONSERVATION
Ingredients (Végétalien): Tofu biologique (eau filtrée, fèves de soja biologiques, nigari [chlorure de magnésium]), eau filtrée, pommes de terre râpées biologiques (pommes de terre biologiques, oignons biologiques, huile d'olive vierge extra biologique, ail biologique, sel de mer, épices biologiques), tomates biologiques, épinards biologiques, farine de pois chiches biologiques, courgettes biologiques, oignons biologiques, amidon de pommes de terre biologiques, champignons biologiques, amidon de tapioca biologique, huile d'olive vierge extra biologique, carottes biologiques, farine de sorgho biologique, huile de carthame et/ou tournesol extraite par pression, sucre de canne biologique, farine de riz doux biologique, sel de mer, ail biologique, levure alimentaire, épices. Contient du soja.
Peut contenir des allergènes : Préparé dans une installation où blé, lait, graines (y compris des graines de tournesol) et noix sont susceptibles (Pour la cuisson d'Amy Kitchen d'Amy pour l'industrie). Outre les analyses sur le gluten, des mesures strictes de contrôle des allergènes sont mises en place à tous les niveaux de production.
Certified Organic by QAI
Certifié biologique par QAI
Amy's
GLUTEN FREE
SANS GLUTEN
GLUTEN FREE TORTILLA
TORTILLA SANS GLUTEN
CONTAINS 93% ORGANIC INGREDIENTS
CONTIENT 93 % D'INGRÉDIENTS BIOLOGIQUES
TOFU SCRAMBLE
BREAKFAST WRAP / ROULÉ POUR LE PETIT DÉJEUNER
156 g
KEEP FROZEN / GARDER CONGELÉ
DAIRY FREE SANS PRODUITS LAITIERS
Nutrition Facts
Valeur nutritive
Per 1 Wrap (156 g)
pour 1 repas (156 g)
Calories 300
* DV = Daily Value
VQ = valeur quotidienne
Amount/Teneur | % DV / % VQ *
Fat / Lipides 13 g | 20 %
Saturated / saturés 1,5 g + Trans / trans 0 g | 8 %
Cholesterol / Cholestérol 0 mg | 0 %
Sodium / Sodium 460 mg | 19 %
Vitamin A / Vitamine A | 8 %
Calcium / Calcium | 6 %
Amount/Teneur | % DV / % VQ *
Carbohydrate / Glucides 35 g | 12 %
Fibre / Fibres 3 g | 12 %
Sugars / Sucres 4 g
Protein / Protéines 11 g
Vitamin C / Vitamine C | 6 %
Iron / Fer | 8 %
0 42272 90807 3
Amy's Kitchen Inc., P.O. Box 449
Petaluma, CA 94953 U.S.A. / É.-U. A.
PRODUCT OF U.S.A. / PRODUIT DES É.-U. A.
www.amyskitchen.ca
703148 101713


Amy's TOFU SCRAMBLE
MADE WITH ORGANIC TOFU, VEGETABLES & HASH BROWNS
Amy's
MADE WITH ORGANIC TOFU, VEGETABLES & HASH BROWNS
TOFU SCRAMBLE
15g NET CARBS* 22g PROTEIN
Nutrition Facts
NO GMOs
DAIRY FREE GLUTEN FREE
KEEP FROZEN · MICROWAVE OR REGULAR OVEN
FAMILY OWNED SINCE 1988
NET WT. 9.0 OZ. (255g)
Amy's
MADE WITH ORGANIC TOFU, VEGETABLES & HASH BROWNS
TOFU SCRAMBLE
TOFU SCRAMBLE
DIRECTIONS:
INGREDIENTS (VEGAN): ORGANIC TOFU (FILTERED WATER, ORGANIC SOYBEANS, NIGARI [MAGNESIUM CHLORIDE, A NATURAL FIRMING AGENT]), ORGANIC HASH BROWNS (ORGANIC POTATOES, ORGANIC ONIONS, ORGANIC EXTRA VIRGIN OLIVE OIL, ORGANIC GARLIC, SEA SALT, ORGANIC BLACK PEPPER), ORGANIC TOMATOES, ORGANIC SPINACH, ORGANIC ZUCCHINI, ORGANIC ONIONS, ORGANIC MUSHROOMS, ORGANIC EXTRA VIRGIN OLIVE OIL, ORGANIC CARROTS, SEA SALT, ORGANIC GARLIC, NUTRITIONAL YEAST, SPICES, ORGANIC BLACK PEPPER. CONTAINS SOY.
0g TRANS FAT • NO ADDED MSG • NO PREservatives
No GMOs - No bioengineered ingredients
Amy's Kitchen
15g NET CARBS* 22g PROTEIN
Per dish
Toaster Oven
Microwave Oven
Conventional Oven
TOFU SCRAMBLE
Amy's
TOFU SCRAMBLE


Amy's
CHOLESTEROL FREE • LACTOSE FREE
MADE WITH ORGANIC PASTA & VEGETABLES
TOFU VEGETABLE
• LASAGNA •
Nutrition Facts
NO GMOs
CONTAINS MILK PROTEIN
KEEP FROZEN • MICROWAVE OR REGULAR OVEN
FAMILY OWNED SINCE 1988
NET WT. 9.5 OZ. (269g)
Amy's Kitchen
TOFU VEGETABLE LASAGNA
NO TRANS FAT • NO ADDED MSG • NO PRESERVATIVES
Lasagna - Enjoy the rich flavor of this cholesterol-free, lactose-free version of an Italian favorite. Amy's Tofu Vegetable Lasagna is made with tender organic spinach and zucchini, sweet organic carrots, the finest organic tomato sauce and organic tofu, layered between organic pasta.
Treat yourself to this great-tasting, easy-to-prepare meal from Amy's Kitchen. Salute and Buon Appetito.
TOFU VEGETABLE LASAGNA
702589
0 42272 00033 3


Amy's
MADE WITH ORGANIC PASTA, TOMATOES & VEGETABLES
VEGETABLE
• LASAGNA •
Nutrition Facts
NO GMOS
FAMILY OWNED SINCE 1988
NET WT. 9.5 OZ. (269g)
KEEP FROZEN • MICROWAVE OR REGULAR OVEN
VEGETABLE LASAGNA
703145


Amy's
MADE WITH ORGANIC PASTA, TOMATOES AND VEGETABLES
VEGETABLE
• LASAGNA •
NET WT. 9.5 OZ. (269g)
FAMILY OWNED SINCE 1988
Nutrition Facts
Vegetable Lasagna


VEGETABLE LASAGNA
FAMILY SIZE
VEGETABLE LASAGNA
Amy's
MADE WITH ORGANIC PASTA AND VEGETABLES
VEGETABLE
LASAGNA
NEW!
SERVES 4
KEEP FROZEN • MICROWAVE OR REGULAR OVEN
FAMILY OWNED SINCE 1988
NET WT. 28 OZ. (794g)
NO GMOs
FAMILY SIZE
MADE WITH ORGANIC PASTA AND VEGETABLES
VEGETABLE
LASAGNA
Nutrition Facts
Healthy Eating For Busy People.
INGREDIENTS
709133


6-PACK
Amy's
MADE WITH ORGANIC PASTA AND VEGETABLES
VEGETABLE
LASAGNA
Nutrition Facts
VEGETABLE LASAGNA
ITEM 27655


CONTAINS 70% ORGANIC INGREDIENTS
Amy's
VEGETABLE
• LASAGNA •
289 g (9.5 oz)
FAMILY OWNED SINCE 1988
NO PRESERVATIVES
SANS AGENT DE CONSERVATION
Valeur nutritive
Nutrition Facts
Conventional Oven Directions:
Microwave Oven Directions:
Mode de cuisson four conventionnel :
Mode de cuisson four à micro-ondes :
Toaster Oven Directions:
Mode de cuisson four à grille-pain :
VEGETABLE LASAGNA
703143

Amy's
MADE WITH ORGANIC
PASTA AND VEGETABLES
VEGETABLE
• LASAGNA •

DIRECTIONS:

Conventional Oven
- Preheat oven to 375°.
- Remove overwrap and place tray on a cookie sheet.
- Heat 35-40 minutes.
- Let stand 2-3 minutes before serving.

Toaster Oven
- Remove all packaging.
- Transfer product to a toaster oven-safe dish.
- Cook using the conventional oven instructions shown above.

Microwave Oven
- Make a 1" slit in the top of the overwrap.
- Place lasagna with overwrap in oven.
- Heat on HIGH 5 minutes.
- Rotate tray ¼ turn.
- Heat on MEDIUM 2 minutes.
- Let stand 2-3 minutes before serving.

Ovens vary so please use these instructions as a guide to the best preparation for your oven.

CONTAINS WHEAT AND MILK.

Individuals with Food Allergies: This product is made in a facility that processes foods containing soy, tree nuts and seeds. Amy's Kitchen does not use any peanuts, fish, shellfish or eggs.

Amy's
MADE WITH ORGANIC
PASTA AND VEGETABLES
VEGETABLE
• LASAGNA •

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PHOTO - Doctor's Best Issues Voluntary Nationwide Recall of Red Yeast Rice due to Undeclared Lovastatin (/Safety/Recalls/ucm402587.htm)

PHOTO - Jump Your Bones, Inc. Recalls Roo Bites (Cubes) Pet Treats (/Safety/Recalls/ucm428673.htm)

PHOTO - See's Candies, Inc. Issues Allergy Alert On Undeclared Milk In Dark Chocolate Blueberries (/Safety/Recalls/ucm365579.htm)

PHOTO - Wolfgang B. Gourmet Foods, Inc. Issues Allergy Alert on Undeclared Fish (Anchovies) in Two Lots Of Fairway Brand Condiment Grilling Sauce (/Safety/Recalls/ucm386925.htm)

Photo - Gretchen's Shoebox Express Voluntarily Recalls Evolution Brand Cinnamon Apple & Almond Butter Sandwiches and Almond Butter Because of Possible Health Risk (/Safety/Recalls/ucm321139.htm)

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