



Indiana State
Department of Health
Maternal and Child Health

December 2018 Newsletter

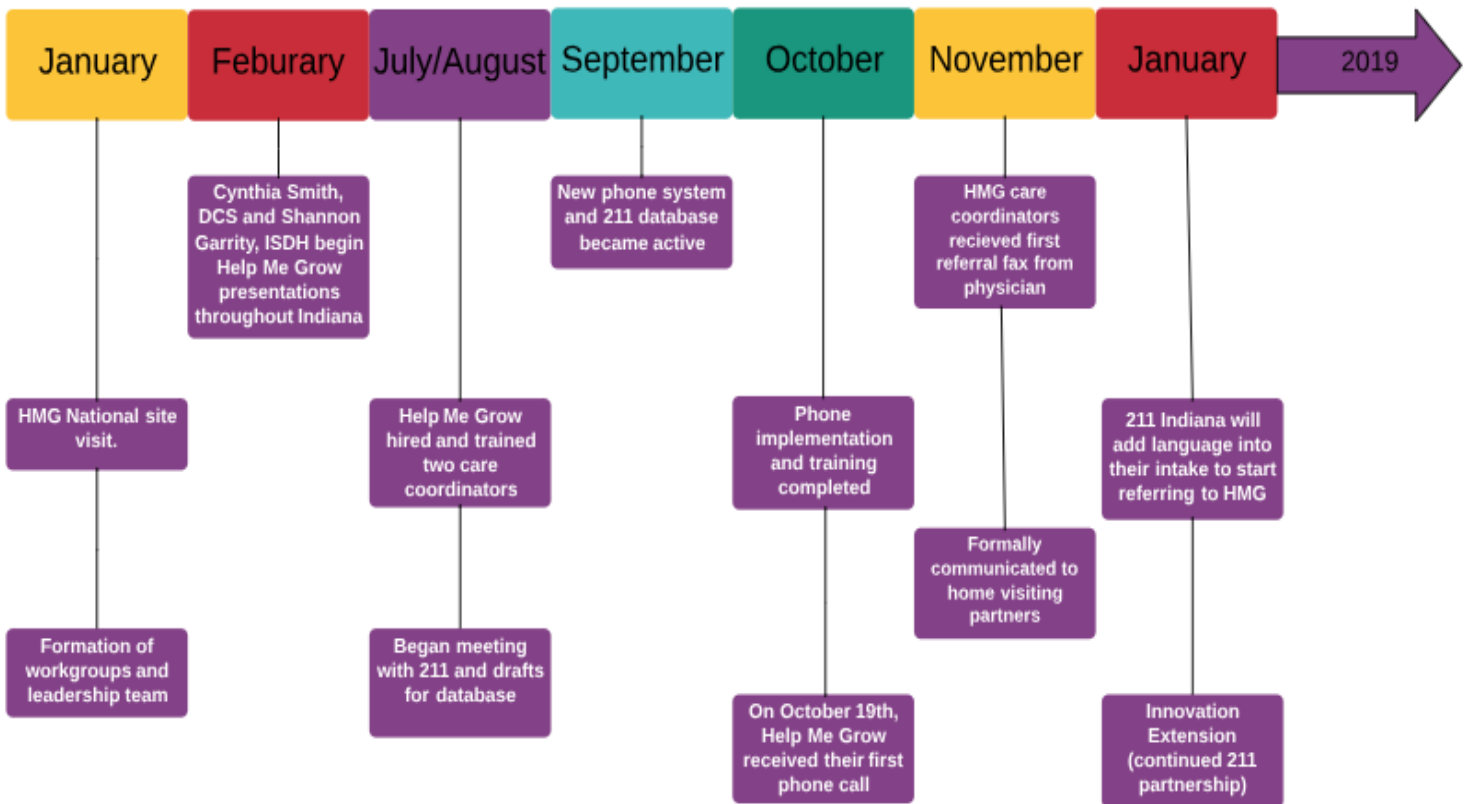


Help Me Grow

1-844-624-6667 Option 3 Indiana

Monthly News and Updates

Supporting the Healthy Development of Children



2018 Data Summary

Total Calls: 50

Total HMG Presentations: 15

Data by County

Marion: 39

Lake: 0

Grant: 2

Scott: 0

St. Joseph: 0

La Porte: 1

Delaware: 1

Elkhart: 0

Madison: 1

Unknown: 6

New Affiliate Partners Group Bringing Pediatric Health to the Table



January 22, 2019
3:00 – 4:30pm EST

A discussion with Dr. Paul Dworkin
& Dr. Lisa Honigfeld

How to Talk About Help Me Grow with Families

How To Approach Families:

Start by asking:

- Do you have children in your household under the age of 5?
- Do you have any questions about how your child is growing up?
- Have you ever wondered if your child is on track for school?
- Would you like to learn more about the resources in the community that could help your family?

Things you can say:






- Children don't come with instructions
- All parents have questions about activities to do with their child
- All parents can benefit from extra support
- It is hard and time-consuming to find and access the best service to help you and your family

“You may be interested to know”

“Help Me Grow is an easy-to-use system that connects families to developmental information and resources for their children, from birth to eight years.

How To Describe Help Me Grow:

Help Me Grow - Indiana provides:

-  **FREE** easy-to-use system that connects families to developmental information and resources for their children, from birth to eight years
-  **Information** on general child development and parenting topics
-  **Referrals** to community resources (such as diapers, car seats, food pantries, etc.)
-  **Developmental Questionnaires**
-  **Developmental activities** for parents to use at

What might indicate a family could benefit from Help Me Grow?

- Have a child in the house between birth and 5
- Are concerned about their child's well-being
- Their child has challenging behaviors
- Have a question or concern about how their child is developing
- Worries about their child being ready for school
- Concerned about child's home environment

NOTE:

Stay away from words like *test, assessment, evaluation, diagnose, delay, disability* when referring to the ASQ

Instead can say things like “Would you like to know more about your child reaching their developmental milestones?”

Or “Parenting doesn't come with a manual. Would you like to see if your child is on track?”

How to Talk About Help Me Grow with Providers

How To Approach Providers:

Start by asking:

- Do you provide a direct service for children under the age of 8?
- Are you finding it difficult to connect your families with young children to resources?
- Would your program benefit from a feedback loop so that families and providers are both informed about services offered.

Things you can say:






- HMG Indiana is NOT replacing anything that you are currently doing with your children and families
- HMG Indiana can be utilized as an additional resource for your families.
- HMG Indiana utilizes resources from MOMS Helpline and 211.

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-  **Referrals** to community resources (such as diapers, car seats, food pantries, etc.)
-  **Developmental Questionnaires**
-  **Developmental activities** for parents to use at home with children from birth to age 5

What might indicate a family could benefit from Help Me Grow?

Child Health Care Provider

Home Visitor

Child care provider

Early Intervention Provider

Anyone who works directly with children (0-8) and families

HMG Feedback Loop



*Pilot counties: Scott, Marion, Madison, Delaware, Grant, Elkhart, St. Joseph, La Porte, Lake

Help Me Grow Indiana is an easy-to-use system that connects families to developmental information and resources for their children, from birth to eight years.

Opportunities to get involved

Help Me Grow Centralized Telephone Access Workgroup

TBD Email MMendez1@isdh.IN.gov for more information

Help Me Grow Child Health Provider Outreach Workgroup

Please email Klinson@isdh.in.gov for more information.

Help Me Grow Data Collection and Analysis Workgroup

TBD

Help Me Grow Community and Family Outreach Workgroup

TBD

Local Family Engagement Workgroups

ECCS COIIN– Noon to 2 p.m., fourth Monday of every month, John H. Boner Center

* Workgroups will resume after the holidays

Next Steps

- ISDH will be hiring two Help Me Grow Resource Specialist.
- Opportunities to join workgroups in person or remotely.
- Email KLinson@isdh.in.gov to schedule a Help Me Grow presentation.

ISDH-MCH is hiring HMG Resource Specialists

Indiana State Department of Health is looking to hire two resource specialists to serve as the liaison between the community, families and the Help Me Grow system. The resource specialists will support the awareness and visibility of the Help Me Grow system throughout nine pilot counties in the state: Marion, Scott, Madison, Grant, La Porte, Lake, St Joseph, Elkhart and Delaware.

Please email SGarrity@isdh.IN.gov for a more detailed job description.

Help Me Grow Indiana Organizational Chart



IN HMG Organizing Entity *IN MIECHV state team + ECCS*

David Reed
Cynthia Smith
Barbara Gainer
Carrie Higgins

Martha Allen
Shirley Payne
Kristi Linson
Casey Kinderman

Implementing entity –
Final implementation authorization, funding direction, federal reporting, presentation approval, and data approval decisions are made by this team.

IN HMG Program Manager oversees Leadership Team and communicates to IN HMG Organizing Entity activities and recommendations.

IN HMG Program Manager Shannon Garrity

IN HMG Leadership Team reviews activities and recommendations from Core Component committees and provides report and recommendation to Organizing Entity via IN HMG Program Manager. IN HMG Leadership Team is a function within larger existing entity of [to be confirmed] workgroup

IN HMG Leadership Team Indiana Early Learning Advisory Committee *Early Learning Advisory Committee (ELAC) Child Development and Well-Being*

IN HMG Workgroups implemented within existing early childhood system entities where possible. These workgroups serve as special project workgroups and subject matter advisory entities.

IN HMG Centralized Telephone Access Workgroup

MOM's Helpline
Marta Mendez

Early Learning Indiana
Marta Fetterman

IN HMG Child Health Provider Outreach Workgroup

Dr. Emily Sherer

IN HMG Community and Family Outreach Workgroup

HMG State Workgroup (Formerly LAUNCH)
Shannon Garrity

IN HMG Data Collection and Analysis Workgroup

ELAC- Data Coordination and System Integration
Charlie Geier
Kim Hodqe

Local Community and Family Outreach subgroup(s)

ECCS COIIN
Natasha Guffey

Local Community and Family Outreach subgroup(s)

Entity(ies) to be created / identified

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The Help Me Grow (HMG) system is designed to help states and communities leverage existing resources to ensure they identify vulnerable children early, link families to community based services and empower families to support their children's healthy development through the implementation of four core components:

- Child health care provider outreach
- Community outreach
- Centralized call center
- Data collection

The vision of the Indiana Help Me Grow system is to:

- Help families, primary care providers and other community-based providers, including home visiting services, identify developmental or behavioral concerns in children.
- Provide a statewide resource directory with a feedback loop to identify gaps in services targeted and developed in pilot sites.
- Utilize the MCH MOMS Helpline as the centralized call center to connect families with specialized programs and services used on their needs.

Help Me Grow pilot sites

