

DATE: September 20, 2019

TO: Health Care Providers

FROM: Laura Chavez, MPH, CLC  
Director, Indiana WIC Program

SUBJECT: Revisions to WIC Packages requiring Medical Documentation

The Indiana WIC Program is reaching out to area providers to share upcoming food and formula package changes planned to go into effect beginning October 1<sup>st</sup>, 2019. As a result of these changes the State's WIC Medical Documentation forms have been revised. The updated forms are posted to [www.wic.in.gov](http://www.wic.in.gov) the ISDH/WIC website and may be found under 'WIC Clinic Forms'. Copies of these forms are also enclosed in this communication.

When completing the Medical Documentation form please note that the line for the parent/caretaker/guardian name has been removed. This information has presented challenges for clinic staff dealing with foster children who often change households. Only the patient's name is to be recorded on the form.

Beginning October 1<sup>st</sup>, 2019, healthcare providers caring for infants who are six months of age or older and unable to consume infant foods, may request standard contract infant formula at an increased amount equal to the WIC maximum monthly amount for four to five month old infants. Healthcare providers caring for women and children, with a WIC qualifying medical condition, may request standard contract infant formula up to the WIC maximum monthly amount allowed for these clients as defined in 7 CFR §246.10(e)(11). In addition, healthcare providers caring for infants, women and children who have a condition that requires a thickened infant formula may now request Enfamil AR as a standard infant formula option. This information has been added to the Medical Documentation Forms and can be seen under item 2 on all of the forms. To find information about the WIC formulary visit [www.wic.in.gov](http://www.wic.in.gov).

Also effective October 1<sup>st</sup>, 2019, women and children with a WIC qualifying condition, when the healthcare provider checks "All foods" under item 3 on the Medical Documentation form, will have the following new food items available as part of their WIC food package:

- Tofu (any texture, regular or organic) Note: Tofu is a replacement for milk along with Soy milk, yogurt and/or cheese. Clinic staff will work with the client to determine the proper amount of tofu to issue.
- Canned fruits (any brand packed in 100% fruit juice or water)
- Canned vegetables (any brand low sodium or no salt added) Note: Canned fruits and vegetables will be purchased through the client's WIC Cash-value benefit amount and will factor into their total purchase of fresh, frozen or canned fruits and vegetables.

These food items are reviewed and approved by State WIC staff for purchase through approved WIC stores throughout Indiana. The 2019 WIC Approved Program Booklet, showing the complete list of WIC approved foods may be found at [www.wic.in.gov](http://www.wic.in.gov).

Thank you for your continued support of the Indiana WIC Program. We appreciate your partnership that allows us to better serve the special needs of your patients. If you have any questions or need additional information, please contact your local WIC clinic for assistance.