

## Monthly News and Updates

The Help Me Grow (HMG) system is designed to help states and communities leverage existing resources to ensure they identify vulnerable children early, link families to community based services and empower families to support their children’s healthy development through the implementation of four core components:

- Child health care provider outreach
- Community outreach
- Centralized call center
- Data collection

The vision of the Indiana Help Me Grow system is to:

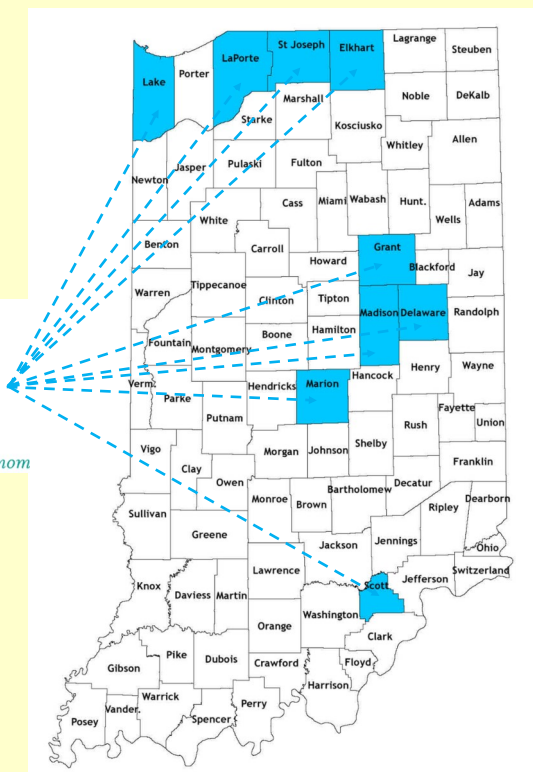
- Assist families, primary care providers, and other community-based providers including home visiting services in identifying developmental or behavioral concerns in children
- Provide a statewide resource directory with a feedback loop to identify gaps in services targeted and developed in pilot sites
- Utilize the MCH MOMS Helpline as the centralized call center to connect families with specialized programs and services focused on their needs

## Help Me Grow pilot sites



MCH  
MOMS  
HELPLINE  
1-844-MCH-MOMS  
(844-624-6667)

*The key to a healthy baby and a happy mom*



# Site Visit Update

The Indiana organizing entity and Help Me Grow (HMG) national team conducted a site visit January 22-24. The national team shared the HMG model and the Indiana team shared the vision of HMG Indiana.

The Community Capacity for Change tool was administered by the HMG national center which included interviews with approximately twenty key players in the early childhood system. Results of both the site visit and the Community Capacity for Change tool will guide program implementation.

# Opportunities to get involved

## Help Me Grow Leadership Team

March 22 10 a.m.— noon @ St. Mary's Childcare

## Help Me Grow Centralized Telephone Access Workgroup

TBD

## Help Me Grow Child Health Provider Outreach Workgroup

TBD

## Help Me Grow Data Collection and Analysis Workgroup

ELAC Data Workgroup March 22 @ 1-3 p.m.

Ice Miller Offices

One American Square

## Help Me Grow Community and Family Outreach Workgroup

Project LAUNCH State Workgroup

4th Wednesday of every month @ 10a.m.— noon

## Family Engagement Workgroups

TBD

# Next Steps

- Help Me Grow workgroups will receive a readiness assessment which will help guide implementation
- The organizing entity will connect with other HMG affiliates
- Books, balls, and blocks-more information coming soon!
- Contact [KLinson@isdh.in.gov](mailto:KLinson@isdh.in.gov) to schedule a Help Me Grow presentation