



Indiana State
Department of Health
Maternal and Child Health

November 2018 Newsletter



Help Me Grow Indiana

Monthly News and Updates

Piloting In: Lake, LaPorte, Elkhart, St. Joseph, Madison, Delaware, Grant, Marion and Scott counties.








Help Me Grow

1-844-624-6667 Option 3 Indiana

Supporting the Healthy Development of Children

Help Me Grow Indiana is Live

Call **1-844-624-6667 option 3** for:

-  Connection to Resources
-  Developmental Screening
-  Quality Care Coordination
-  Agency Referrals
-  Information and Support

Services available to: Families/caregivers, family service providers, physicians, and childcare providers of ALL children ages 0-8

The Help Me Grow team would like to thank all of the individuals and groups that have contributed to a successful launch of this system

Piloting in Lake, LaPorte, Elkhart, St. Joseph, Madison, Delaware, Grant, Marion and Scott counties.

How to Talk About Help Me Grow with Families

How To Approach Families:

Start by asking:

- Do you have children in your household under the age of 5?
- Do you have any questions about how your child is growing up?
- Have you ever wondered if your child is on track for school?
- Would you like to learn more about the resources in the community that could help your family?

Things you can say:






- Children don't come with instructions
- All parents have questions about activities to do with their child
- All parents can benefit from extra support
- It is hard and time-consuming to find and access the best service to help you and your family

“You may be interested to know”

“Help Me Grow is a FREE service connecting families to community resources and child development information.” (see description for further points)

How To Describe Help Me Grow:

Help Me Grow - Indiana provides:

-  **FREE** service connecting families to community resources and child development information
-  **Information** on general child development and parenting topics
-  **Referrals** to community resources (such as diapers, car seats, food pantries, etc.)
-  **Developmental Questionnaires**
-  **Developmental activities** for parents to use at home with children from birth to age 5

What might indicate a family could benefit from Help Me Grow?

- Have a child in the house between birth and 5
- Are concerned about their child's well-being
- Their child has challenging behaviors
- Have a question or concern about how their child is developing
- Worries about their child being ready for school
- Concerned about child's home environment

NOTE:

Stay away from words like *test*, *assessment*, *evaluation*, *diagnose*, *delay*, *disability* when referring to the ASQ

Instead can say things like “Would you like to know more about your child reaching their developmental milestones?”

Or “Parenting doesn't come with a manual. Would you like to see if your child is on track?”

How to Talk About Help Me Grow with Providers

How To Approach Providers:

Start by asking:

- Do you provide a service for children under the age of 8?
- Are you finding it difficult to connect your families with young children to resources?
- Would your program benefit from a feedback loop so that families and providers are both informed about services offered.

Things you can say:






- HMG Indiana is NOT replacing anything that you are currently doing with your children and families
- HMG Indiana can be utilized as an additional resource for your families.
- HMG Indiana utilizes resources from MOMS Helpline and 211.

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How To Describe Help Me Grow:

Help Me Grow - Indiana provides:

-  **FREE** service connecting families and providers to community resources and child development information
-  **Information** on general child development and parenting topics
-  **Referrals** to community resources (such as diapers, car seats, food pantries, etc.)
-  **Developmental Questionnaires**
-  **Developmental activities** for parents to use at home with children from birth to age 5

What might indicate a family could benefit from Help Me Grow?

Child Health Care Provider

Home Visitor

Child care provider

Early Intervention Provider

Anyone who works directly with children (0-8) and families

HMG Feedback Loop



*Pilot counties: Scott, Marion, Madison, Delaware, Grant, Elkhart, St. Joseph, La Porte, Lake

Help Me Grow Indiana is a toll free number connecting families and providers to community resources and child development information in Indiana, with the mission of promoting optimal development of Indiana's young children.

Opportunities to get involved

Help Me Grow Centralized Telephone Access Workgroup

TBD Email MMendez1@isdh.IN.gov for more information

Help Me Grow Child Health Provider Outreach Workgroup

Please email Klinson@isdh.in.gov for more information.

Help Me Grow Data Collection and Analysis Workgroup

TBD

Help Me Grow Community and Family Outreach Workgroup

TBD

Local Family Engagement Workgroups

ECCS COIIN– Noon to 2 p.m., fourth Monday of every month, John H. Boner Center

Next Steps

- ISDH will be hiring two Help Me Grow Resource Specialist.
- The Leadership group will create strategic recommendations based on the Help Me Grow Capacity for Change document from the Help Me Grow National team
- HMG workgroups will be provided one-page summary document for providers.
- Opportunities to join workgroups in person or remotely.
- Email KLinson@isdh.in.gov to schedule a Help Me Grow presentation.

ISDH-MCH is hiring HMG Resource Specialists

Indiana State Department of Health is looking to hire two resource specialists to serve as the liaison between the community, families and the Help Me Grow system. The resource specialists will support the awareness and visibility of the Help Me Grow system throughout nine pilot counties in the state: Marion, Scott, Madison, Grant, La Porte, Lake, St Joseph, Elkhart and Delaware.

Please email SGarrity@isdh.IN.gov for a more detailed job description.

Help Me Grow Indiana Organizational Chart



IN HMG Organizing Entity *IN MIECHV state team + ECCS*

David Reed
Cynthia Smith
Barbara Gainer
Carrie Higgins

Martha Allen
Shirley Payne
Kristi Linson
Casey Kinderman

Implementing entity –
Final implementation authorization, funding direction, federal reporting, presentation approval, and data approval decisions are made by this team.

IN HMG Program Manager oversees Leadership Team and communicates to IN HMG Organizing Entity activities and recommendations.

IN HMG Program Manager Shannon Garrity

IN HMG Leadership Team reviews activities and recommendations from Core Component committees and provides report and recommendation to Organizing Entity via IN HMG Program Manager. IN HMG Leadership Team is a function within larger existing entity of [to be confirmed] workgroup

IN HMG Leadership Team *Indiana Early Learning Advisory Committee* *Early Learning Advisory Committee (ELAC)* *Child Development and Well-Being*

IN HMG Workgroups implemented within existing early childhood system entities where possible. These workgroups serve as special project workgroups and subject matter advisory entities.

IN HMG Centralized Telephone Access Workgroup

MOM's Helpline
Marta Mendez

Early Learning Indiana
Marta Fetterman

IN HMG Child Health Provider Outreach Workgroup

Dr. Emily Sherer

IN HMG Community and Family Outreach Workgroup

HMG State Workgroup (Formerly LAUNCH)
Shannon Garrity

IN HMG Data Collection and Analysis Workgroup

ELAC- Data Coordination and System Integration
Charlie Geier
Kim Hodqe

Local Community and Family Outreach subgroup(s)

ECCS COIIN
Natasha Guffey

Local Community and Family Outreach subgroup(s)
Entity(ies) to be created / identified

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Entity(ies) to be created / identified

The Help Me Grow (HMG) system is designed to help states and communities leverage existing resources to ensure they identify vulnerable children early, link families to community based services and empower families to support their children's healthy development through the implementation of four core components:

- Child health care provider outreach
- Community outreach
- Centralized call center
- Data collection

The vision of the Indiana Help Me Grow system is to:

- Help families, primary care providers and other community-based providers, including home visiting services, identify developmental or behavioral concerns in children.
- Provide a statewide resource directory with a feedback loop to identify gaps in services targeted and developed in pilot sites.
- Utilize the MCH MOMS Helpline as the centralized call center to connect families with specialized programs and services used on their needs.

Help Me Grow pilot sites

