



ORAL HEALTH PROGRAM:

Activities of the Oral Health Program:

The State Oral Health Director will give a presentation at the Indiana Dental Association's Annual Session in Indianapolis in May 2016. This presentation will cover general information about the Oral Health Program (OHP), as well as information about a recent state-wide oral health initiative by Women, Infants and Children (WIC).

The OHP worked with the ISDH Maternal and Child Health (MCH) MOMS Helpline to create a list of dental care providers for low-income or uninsured families to help them get the oral health care they need. See the next section for more information.

Current News from the ISDH:

INDIANA TOBACCO QUITLINE CELEBRATES 10th ANNIVERSARY:

Everyone knows that smoking and tobacco use can lead to cancer and heart disease, but did you also know that it can lead to gum disease, loss of bone in the jaw, and many other issues related to oral health? In March the Indiana Tobacco Quitline (1-800-QUIT NOW) celebrated 10 years of helping thousands of Hoosiers overcome their tobacco addiction and live healthier lives.



For more information about the Indiana Tobacco Quitline or to see testimonials about the Quitline or to learn more about joining the Quit Now Indiana Preferred Network, please visit www.quitnowindiana.com

HELPLINE LAUNCHES TO HELP MOMS:

Maternal and Child Health (MCH) has launched the MOMS Helpline, which replaces the Indiana Family Helpline and emphasizes services that can help reduce infant death in Indiana. However, it also offers information to low-income residents of Indiana about the availability of low-cost dental care in their locale. Their new phone number is 1-844-MCH-MOMS or 844-624-6667. To learn more about the MOMS Helpline go to <http://www.MomsHelpLine.isdh.in.gov>

News and Events:

The next Indiana Oral Health Coalition (IOHC) meeting will be held at the Indiana State Department of Health, 5th floor conference room 5T, from 10:00 a.m. to 12:00 p.m. on June 10, 2016.

ORAL HEALTH TOPIC:

Dental Braces

According to Wikipedia, scholars and historians believe that braces date back to ancient times. Archaeologists have discovered numerous mummified ancient individuals with, what appear to be, metal bands wrapped around their teeth.¹ Due to a lack of evidence, poor preservation of bodies, and primitive technology, not much research was done on the use of orthodontic braces until the 17th century. Much more information on the development and the use of braces may be found at: https://en.wikipedia.org/wiki/Dental_braces

We have included a few online links to information on this subject that may be useful for your patients.

- ✓ **WebMD**
<http://www.webmd.com/oral-health/guide/braces-and-retainers>
- ✓ **Kids Health**
<http://kidshealth.org/en/kids/braces.html>
- ✓ **Mouth Healthy**
<http://www.mouthhealthy.org/en/az-topics/b/braces>

REFERENCE:

1. [A Brief History of Orthodontic Braces](#). ArchWired. Retrieved 2016-March.

REMINDERS:

The **Oral Health Topic** section of the newsletter is suitable for the general public, and may be shared with your patients or people in your community interested in oral health. We welcome any suggestions for topics you would like to see covered in this section. Suggestions may be made to Linda Hillers at LHillers@isdh.IN.gov.

These newsletters are archived on the OHP website at: <http://www.in.gov/isdh/18695.htm> under the section entitled **Newsletters**. This website contains other information about oral health that may be of interest to you.

Note: If you do not want to receive this newsletter in the future, please contact Linda Hillers at LHillers@isdh.IN.gov or Patty Morris at PMorris@isdh.IN.gov.

Disclaimer: The materials provided in the Oral Health Topic's section are for informational purposes only. Individuals should see an oral health professional to discuss any specific oral health issues.