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## Trauma Times Newsletter (May 2015)

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**Volume 6 Issue 5**

**May 2015**

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- [Healthy and Safe Swimming Week, May 18-24](#)
- [Emergency Medicine Symposium, May 22](#)

### May 2015 Calendar of Events:

5/12 - Indiana State Trauma Care Committee (ISTCC) Performance Improvement (PI) Subcommittee meeting

5/22 - Indiana State Trauma Care Committee (ISTCC) meeting (Rice Auditorium, ISDH)

5/22 - Indiana Trauma Network (ITN)

- [Fireworks Reporting](#)

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**Trauma Times Newsletter Survey:**

<https://www.surveymonkey.com/s/36RH393>

Please be sure to fill out our survey in order to help us continue to provide the best possible product and content to you our reader.

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## May is National Trauma Awareness Month

meeting (Rice Auditorium, ISDH)

### Indiana Trauma Network (ITN) for May 2015

5/1: [26th Annual Trauma Symposium \(Parkview Trauma Centers\)](#)-Fort Wayne, IN

5/1: [Greater Cincinnati Health Council: Mastering Trauma Data Management](#)-Cincinnati, OH

5/7: The University of Chicago Medicine: [UCAN Make a Difference...2015 Critical Care and Trauma Conference](#)-Tinley Park, IL

5/7-5/8: [Advanced Trauma Care for Nurses](#)-Indianapolis, IN

5/7-5/8: [Advanced Trauma Life Support \(ATLS\) Course](#)-Indianapolis, IN

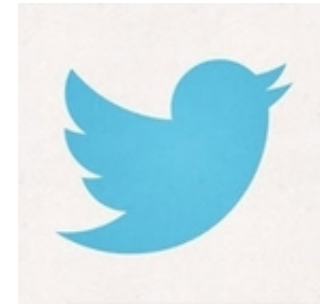
5/22: [Emergency Medicine Symposium 2015 \(St. Vincent\)](#)-Indianapolis, IN

Social Media: #SafetyIN



Via The American Trauma Society website: <http://www.amtrauma.org/?page=NTAM2015>

The American Trauma Society, in collaboration with the Society of Trauma Nurses, is once again pleased to present National Trauma Awareness Month. This May, National Trauma Awareness Month celebrates its 27th anniversary with the campaign slogan, “3D Trauma Prevention” and focuses on contributors to motor vehicle crashes - Drugs/Drinking, Distraction and Drowsiness. This is an all too familiar list that makes driving in the United States a risky endeavor. In 2013, the US saw over 32,000 fatalities and over 2.3 million injuries from motor vehicle crashes. Of those, 31% involved an alcohol-impaired driver and 18% involved a distracted driver. While these numbers have decreased slightly over the past few years, the promotion of prevention strategies and education around risky behaviors must continue until these statistics are eliminated.



Fatalities caused by falls from elevation continue to be a leading cause of death for construction workers, accounting for 279 of the 806 construction fatalities recorded in 2012. Those deaths were preventable #SafetyIN #StandDown4Safety

The national #seatbelt use rate is at 87 percent, which is good but we can do better. - The other 13 percent-an estimated 27.5 million people-still need to be reminded that seat belts save lives. #SafetyIN #clickitorticket

May is Bicycle Safety Month: Be a Roll Model ensure the safety of all road users, especially bicyclists.

Keep little ones safe and buckled too #Carseats reduce the risk for death to infants by 71% <http://t.co/BSVF45WDI9> #childinjury #SafetyIN #clickitorticket

National Fall Prevention #StandDown4Safety raises awareness of preventing fall hazards in construction #SafetyIN

Engage in safe driving and biking by following the rules of the road and putting safety first by using helmets and seat belts

We hope the campaign and its materials will continue to draw attention to these issues and invoke change by the community. The ATS has posted this year's campaign materials electronically for your use, not only for May, but also in the months thereafter.

We also encourage trauma centers to have a "trauma survivors' day" to reunite patients and families who have been served by the trauma center. Visit the [TSN web site](#) for the materials to plan the celebration. Click on "Get Involved", and then National Trauma Survivors Day.

We urge you to start planning activities and make this year's celebration the best one yet!

In 2013, the US saw over 32,000 fatalities and over 2.3 million injuries from motor vehicle crashes. Of those, 31% involved an alcohol-impaired driver and 18% involved a distracted driver.

**EMS Providers and Hospitals who have submitted data to the registries** (under the Trauma Registry Rule-update): <http://www.in.gov/isdh/25942.htm>

### General Resources Drugs/Drinking

[NTAM 2015 Stoned Driving Poster](#)

[NTAM 2015 Drinking While Driving Poster](#)

[Drugs and Drinking DUI - Facts and Figures](#)

### Videos

["Accept Responsibility"](#) (Pernod Ricard USA)

["Drive High, Get a DUI"](#) (Colorado Dept. of Transportation)

["Drugged Driving is Impaired Driving"](#) (New York State Dept. of Motor Vehicles)

["Drunk Driving PSA"](#) (Pennington County Sheriff)

["Friends are Waiting"](#) (Budweiser)

["Marijuana Impaired Driving PSA"](#) (PowertotheParent.org)

### General Resources on Distraction

[NTAM 2015 Distracted Driving Poster](#)

[Distracted Driving - Facts and Figures](#)

[Distracted Driving - Sample Presentation](#)

[Distracted Driving - Word Search](#)

[What is Distracted Driving?](#)

## **Videos**

["2015 East Community Outreach on Distraction"](#) (Eastern Association for the Surgery of Trauma)

["Cars 2 PSA: Only Bad Guys Drive Distracted"](#) (U.S. Department of Transportation)

["Choose Not to Text and Drive. Choose Life"](#) (AllState)

["Don't Text and Drive"](#) (WJBF News Channel 6)

["Eyes on the Road"](#) (Volkswagen)

["Faces of Distracted Driving. Get the Message."](#) (U.S. Department of Transportation)

["OMG!"](#) (U.S. Department of Transportation)

["On My Way - Glee"](#) (U.S. Department of Transportation)

## **General Resources on Drowsiness**

[NTAM 2015 Drowsy Driving Poster](#)

[Drowsy Driving - Facts and Figures](#)

[Drowsy Driving Signals](#)

## **Videos**

["Asleep at the Wheel: Dangers of Drowsy Driving"](#) (UL Workplace Health & Safety)

["Drowsy Driver Campaign"](#) (National Sleep Foundation)

["Drowsy Driving"](#) (Utah Safety Council)

["The Danger of Drowsy Drivers"](#) (ABC News)

**Trauma Awareness / Trauma Survivors Day (May 20th)**

[Tool Kit for Trauma Awareness Ceremony](#)

[Trauma Awareness Ceremony Checklist](#)

[Trauma Awareness Generic Ceremony Brochure](#)

[Trauma Nurse Excellence Award Letter](#)

[Sample Flyer](#)

[How to Invite and Host Legislators or Policymaker](#)



**May is National Bike Safety Month/Bike to Work Week in Indianapolis, May 11-15**



*Via the National Highway Traffic Safety Administration*

May is Bicycle Safety Month and the “Be A Roll Model” campaign encourages everyone to model safe behaviors to ensure the safety of all road users, especially bicyclists.

Being a “Roll Model” Means:

- Riding and driving focused without distraction
- Riding and driving prepared by expecting the unexpected
- Putting safety first by using helmets and seat belts
- Following the rules of the road
- Sharing the road with both motorists and bicyclists
- Expecting law enforcement officers to monitor and address unsafe road behaviors.

For more information,

visit: <http://www.nhtsa.gov/Driving+Safety/Bicycles/Be+a+Roll+Model>

## Bicyclists and Other Cyclists

In 2012, 726 pedalcyclists were killed and an additional 49,000 were injured in motor vehicle traffic crashes. Pedalcyclist deaths accounted for 2 percent of all motor vehicle traffic fatalities (Table 1), and made up 2 percent of the people injured in traffic crashes during the year.

For the purpose of this Traffic Safety Fact Sheet, bicyclists and other cyclists include riders of two-wheel, nonmotorized vehicles, tricycles, and unicycles powered solely by pedals. The term pedalcyclist will be used to identify these cyclists.

The number of pedalcyclists killed in 2012 is 6 percent higher than the 682 pedalcyclists killed in 2011.

Table 1  
Total Fatalities and Pedalcyclist Fatalities in Traffic Crashes, 2003–2012

Year	Total Fatalities	Pedalcyclist Fatalities	Percent of Total Fatalities
2003	42,884	629	1.5%
2004	42,836	727	1.7%
2005	43,510	786	1.8%
2006	42,708	772	1.8%
2007	41,259	701	1.7%
2008	37,423	718	1.9%
2009	33,883	628	1.9%
2010	32,999	623	1.9%
2011	32,479	682	2.1%
2012	33,561	726	2.2%

NHTSA's National Center for Statistics and Analysis

1200 New Jersey Avenue SE., Washington, DC 20590

### Bike to Work Week, May 11-15 and Bike to Work Day, May 15



Via INDYCOG, Indianapolis Bicycle Advocacy

Have you ever thought about riding your bike to work and the associated health benefits? Bike to Work Week is May 11-15 and Bike to Work Day 2015 is Friday, May 15. If you have not tried bike commuting yet, this year is the time to start! INDYCOG is organizing an event in Downtown Indianapolis, and you can find route descriptions, route departure times, and a listing of the day's activities at <http://indycog.org/events/category/events>.

The traditional Bike to Work Day on May 15 is being expanded with Bike-in Breakfasts at the Bike Hub YMCA every third Friday from April through September (April 17, May 15,



June 19, July 17, August 21, September 18). Bike commuting lunch and learn events are planned at the Bike Hub in the City market in downtown Indianapolis on April 9, May 7 and May 15 for those who might want to learn a bit more about how to commute by bike. The expanded bike to work schedule over the summer will create additional opportunities for groups to meet at designated areas and ride together into downtown Indy.

Bike commuting routes will converge on the Indy Bike Hub YMCA at City Market (located at the corner of Market and Alabama Streets). Most designated routes will have experienced cyclists leading the groups on May 15. You can also attend a free lunch-and-learn program that day (with lunch provided) entitled “How to Become a Bike Commuter.” The program will be hosted by Central Indiana Bicycling Association (CIBA) and INDYCOG with Pete Fritz (ISDH DNPA) as the presenter from noon to 1:00 p.m. at the Bike Hub.

Expect to arrive in downtown Indianapolis around before 7:45 a.m. to be in the running for a number of giveaways from exhibitors while enjoying free breakfast before you head to work. Showers and locker rooms will be available free all day at the Bike Hub YMCA. A wrap-up event is planned to end the day at Tomlinson Taproom in City Market with all proceeds going to INDYCOG. Most of the bike commuter routes have group rides returning to the starting points at the end of the work day.

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## Memorial Day Safety

*Submitted by Jessica Skiba, M.P.H. Injury Prevention Epidemiologist with the Division of Trauma and Injury Prevention*

Memorial Day is the unofficial start to the summer and there are several steps people can take to ensure a safe and fun holiday weekend. Three areas of injury prevention focus for this holiday weekend are boating, cooking & grilling, and traffic safety.

## The Handbook of Indiana Boating Laws and Responsibilities

### 📄 Indiana Specific

The waters of Indiana state are a national resource. Recreational boating on these waters contributes to the well-being of both residents and visitors.



### ⚓ Boating Basics

Safety on Indiana waterways is the responsibility of all boaters. Use the handbook to familiarize yourself with the necessary steps to make outings safe and enjoyable.



### ⚖️ It's the Law!

Indiana law enforcement officers patrol the waterways to make your boating experience safe and pleasant. Cooperate with them by following the state boating laws and guidelines in this handbook.



### 1) Boating Safety

- Never operate a boat when under the influence of alcohol, drugs, or medication.
- Ensure crew and passengers wear a USCG approved personal flotation device.
- Know and respect the weather, and heed weather warnings.
- Operate at safe and legal speeds, and watch your wake.
- Keep a lookout for swimmers, objects, and other boats.

To title and register your watercraft, visit: <http://www.in.gov/bmv/3140.htm>

The handbook of Indiana Boating Laws and Responsibilities from the Indiana Department of Natural Resources: <https://www.boat-ed.com/indiana/handbook/>



## 2) Cooking & Grilling Safety


According to the National Fire Protection Association, gas grills constitute a higher risk, having been involved in an annual average of 7,200 home fires in 2007-2011, while charcoal or other solid-fueled grills were involved in an annual average of 1,400 home fires.

- Never grill indoors and keep the grill out in the open, away from the house, the deck, tree branches, or anything that could catch fire.
- Always follow the manufacturer's instructions when using grills.
- Be ready to close the lid and turn off the grill to cut off fuel if necessary.
- Always supervise a grill when in use, and ensure everyone stays away from the grill.
- Use the long-handled grilling tools to prevent burns.

3) Traffic Safety: Many families travel during the holiday weekend and the rest of the summer. The National Safety Council typically estimates nearly 400 fatalities from crashes occur during the Memorial Day holiday, with nearly another 40,000 medically consulted injuries resulting.

Be sure to follow these safety tips to arrive at your destination safely.

- Drivers should give full attention to the road and avoid distractions.
- Never drive when under the influence of alcohol, drugs, or medication.
- Leave plenty of room when behind other vehicles and use caution in work zones.
- Make frequent stops when traveling long distances.
- Turn the vehicle's headlights on as dusk approaches, or during inclement weather.



## **EMS Week, May 17-23 & EMS for Children (EMSC) Day, May 20**



*Via the National Association of Emergency Medical Technicians (NAEMT)*

The **National Emergency Medical Services Week** brings together local communities and medical personnel to publicize safety and the dedication of those providing the service. This year, the American College of Emergency Physicians (ACEP) are partnering with the National Association of Emergency Medical Technicians (NAEMT) in announcing the EMS Strong campaign making the EMS week a 365-day a year initiative giving EMS a greater visibility among other health professions and communities.

EMS Week is an opportunity for EMS agencies and healthcare partners to recognize

EMS practitioners with the follow 10 ways to celebrate:

1. Feed your team's soul with breakfast (lunch or dinner)
2. Give out goody bags and other swag.
3. Treat your team to discounts at select spots.
4. Arrange dunk tanks and magic shows.
5. Recognize a CPR save.
6. Create an "EMT or Paramedic of the Year" award.
7. Bring in a speaker.
8. Honor fallen EMS personnel.
9. Light the Empire State building (New York City)
10. Say thank you.

For more descriptions: [https://www.naemt.org/ems\\_agencies\\_audience/ems-week/10-ways-to-celebrate-ems-practitioners](https://www.naemt.org/ems_agencies_audience/ems-week/10-ways-to-celebrate-ems-practitioners)

Raising awareness about EMS can be accomplished by reaching out to elected officials, the media and the general public through the following:

1. Host an open house.
2. Host a public safety or injury prevention event.
3. Teach CPR.
4. Offer ride-alongs.
5. Get to know your local media.
6. Host a Survivor Summit.

7. Use social media to get the word out.

For more descriptions: [https://www.naemt.org/ems\\_agencies\\_audience/ems-week/tips-for-raising-awareness-about-ems](https://www.naemt.org/ems_agencies_audience/ems-week/tips-for-raising-awareness-about-ems)



### EMSC Day

The purpose of EMSC Day is to raise awareness about the need to improve and expand specialized care for children in the prehospital and acute care settings. Primary messages being communicated were organized to target the four key audiences including hospital personnel, EMS providers, EMSC grantees and parents/caregivers.

For information on the specifics visit: [http://www.emscnrc.org/Events/EMSC\\_Day.aspx](http://www.emscnrc.org/Events/EMSC_Day.aspx)

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## Healthy and Safe Swimming Week, May 18-24



*Submitted by Shawna Feinman, M.P.H., Waterborne Epidemiologist with the Indiana Epidemiology Resource Center, Division of Surveillance and Investigation*

As warm summer weather arrives in Indiana, and Hoosiers begin to dive into the water to cool down, State Health Officials are reminding the community to practice healthy and safe swimming so everyone can have fun.

The week before Memorial Day, May 18–24, marks the 11th annual Healthy and Safe Swimming Week (formerly known as Recreational Water Illness and Injury Prevention Week). Swimming is a good form of physical activity. However, every year thousands of Americans get sick or injured while they swim. The theme for Healthy and Safe Swimming Week 2015 is **“Make a Healthy Splash: Share the Fun, Not the Germs.”** This highlights the role of swimmers, aquatics and beach staff, residential pool owners, and public health officials in preventing drowning, pool chemical injuries, and outbreaks of illnesses.

For more information and tools to help promote healthy and safe swimming within your community, please visit the CDC’s Healthy and Safe Swimming Week webpage at: <http://1.usa.gov/1HjKjKp>.

*For more information on recreational water illnesses, please contact Shawna Feinman,*



Waterborne Epidemiologist, at 317-234-2810 or [sfeinman@isdh.in.gov](mailto:sfeinman@isdh.in.gov).

## Emergency Medicine Symposium, May 22



### Emergency Medicine Symposium 2015

**Friday, May 22, 2015**  
**0730-1600**  
 Marriott North Indianapolis  
 3645 River Crossing Blvd.  
 Indianapolis, IN 46240

- Full day of Emergency Medical Education presented to prehospital providers and other healthcare professionals
- Light breakfast and catered lunch
- Continuing education credits provided
- Keynote speaker **Hunter Smith**, former Indianapolis Colts player

REGISTER FOR PROGRAM AT:  
<https://www.eventbrite.com/e/emergency-medicine-symposium-2015-tickets-15403860361>

\*Primary Instructor Adult Education Credit (which is held in the conference room across the hall)  
 Register at <https://www.eventbrite.com/e/primary-instructor-symposium-tickets-11635250347>

For more information, please contact  
 Jill Perry @ [jill.perry@stvincent.org](mailto:jill.perry@stvincent.org)

**Keynote Speaker:**  
**Hunter Smith**



Hunter Smith is a 12 year NFL veteran, Super Bowl Champion, public speaker, Billboard top 20 Christian singer/songwriter, renowned storyteller, and author.

**Program Director:**  
**Michael Kaufmann, MD**



Michael Kaufmann, MD, has been practicing emergency medicine on staff at St.Vincent Health and Hospitals for 15 years. He is board-certified in emergency medicine, and is subspecialty board-certified in EMS. He serves as the EMS Medical Director for St.Vincent Hospitals and all of their EMS Affiliates.

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 TRAUMA CARE



THE SPIRIT OF CARING®

Friday, May 22, 2015

7:30 a.m. - 4 p.m.

Marriott North Indianapolis

3645 River Crossing Blvd.

Indianapolis, IN 46240

- Full day of Emergency Medical Education presented to pre-hospital providers and other healthcare professionals
- Light breakfast and catered lunch
- Continuing education credits provided
- Keynote speaker Hunter Smith, former Indianapolis Colts player

**REGISTER FOR PROGRAM AT:**

<https://www.eventbrite.com/e/emergencymedicine-symposium-2015-tickets-15403860361>

\*Primary Instructor Adult Education Credit

(which is held in the conference room across the hall)

Register at <https://www.eventbrite.com/e/primaryinstructor-symposium-tickets-11635250347>

For more information, please contact:

Jill Perry at [jill.perry@stvincent.org](mailto:jill.perry@stvincent.org)

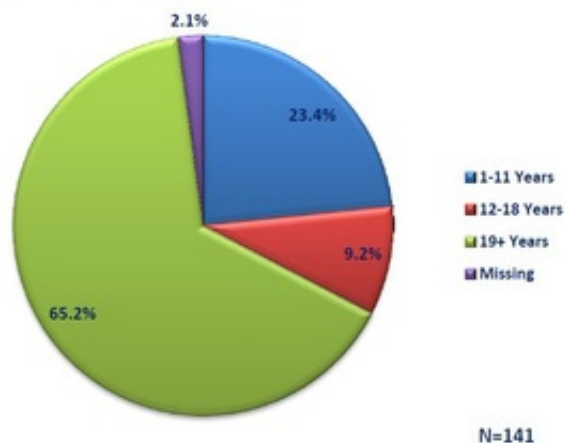


## Fireworks Reporting

*Submitted by Jessica Skiba, M.P.H. Injury Prevention Epidemiologist with the Division of Trauma and Injury Prevention*

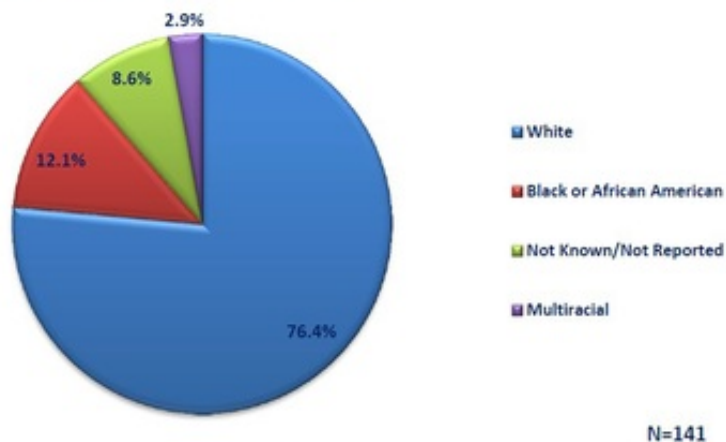
All hospitals and private medical practices are mandated by law to report firework injuries and deaths to the ISDH to be published in an annual report. The 2015 Indiana Firework-Related Injury Report will be assembled and published this fall. The reporting cycle for 2015 runs from Sept. 13, 2014 through Sept. 12, 2015. Per Indiana Code 35-47-7-7, reports must be completed within five business days after examination of the injury. The 2014 Firework-Related Injury Report can be found at: [http://www.in.gov/isdh/files/ISDH\\_FireworksReport\\_2014.pdf](http://www.in.gov/isdh/files/ISDH_FireworksReport_2014.pdf)

**Firework-related injuries by age group, Indiana, 2014\***



\* 2014 reporting cycle includes cases from Sept. 13, 2013-Sept. 12, 2014.  
Source: Indiana State Department of Health, Division of Trauma and Injury Prevention

**Firework-related injuries by race, Indiana, 2014\***



\*2014 reporting cycle included cases from Sept. 13, 2013-Sept. 12, 2014.  
Source: Indiana State Department of Health, Division of Trauma and Injury Prevention

Forms can be found at <http://www.state.in.us/isdh/19042.htm#Fireworks>.

The law requiring reporting can be found at  
<http://www.in.gov/legislative/ic/code/title35/ar47/ch7.html>.

Forms can be faxed to: (317) 233-8199 Attn: Injury Prevention Epidemiologist or mailed to:


Indiana State Department of Health

Division of Trauma and Injury Prevention

2 North Meridian Street

Indianapolis, IN 46204

Questions can be directed to 317-233-7716



**Jerome Adams, M.D., M.P.H. — State Health Commissioner**  
**Jennifer Walthall, M.D., M.P.H. — Deputy Health Commissioner**  
**Art Logsdon, J.D. — Assistant Commissioner, Health and Human Services**

**Katie Hokanson — Director**  
**Jessica Skiba, M.P.H. — Injury Prevention Epidemiologist**  
**Murray Lawry, M.P.A. — EMS Registry Manager**  
**Camry Hess, M.P.H. — Database Analyst Epidemiologist**  
**Ramzi Nimry — Trauma System Performance Improvement Manager**  
**Rachel Kenny — INVDRS Epidemiologist**

[indianatrauma@isdh.IN.gov](mailto:indianatrauma@isdh.IN.gov)

[Indianatrauma.org](http://Indianatrauma.org)

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