
INDIANA STATE NUTRITION
ACTION COMMITTEE

2021
SNAC
MEMBER
PROFILES



Division of
**Nutrition &
Physical Activity**

January 2021
Julia Brunnemer, MPH, CHES
Amy Rupp, MPH
SNAP-Ed Coordinators

Indiana State Nutrition Action Committee

What is SNAC?

SNAC is a state-level collaborative with active representation from state agencies and organizations focused on reaching underserved populations in regards to food and nutrition education access. Together the SNAC partner organizations reach Hoosiers throughout their lifespan, from infancy through aging, by providing food benefits, nutrition education, and obesity prevention services.



Vision Statement

"The Indiana State Nutrition Action Committee (SNAC) envisions a statewide food system that supports the health and wellbeing of every person through equitable access to and consumption of nutritious foods."

Mission Statement

"The Indiana SNAC seeks to coordinate and align efforts among state and local agencies to enhance and promote lifelong wellness through innovative partnerships that support physical activity and nutrition in all Hoosiers, with a focus on limited-resource and historically oppressed populations."

Want to learn more?

If you're interested in learning how to become an agency partner involved with SNAC please contact:

Julia Brunner, MPH, CHES
SNAP-Ed Coordinator
Indiana Department of Health
jbrunnemer@isdh.in.gov

Amy Rupp, MPH
SNAP-Ed Coordinator
Indiana Department of Health
arupp@isdh.in.gov

TABLE OF CONTENTS

1. **American Heart Association**
 - Kelli McCrary (pg.5)
2. **City of Indianapolis**
 - Milele Kennedy (pg.5)
3. **Feeding Indiana's Hungry**
 - Emily Weikert Bryant (pg.6)
4. **Gleaners Food Bank of Indiana**
 - Sarah Wilson (pgs.6-7)
5. **HealthLinc**
 - Amanda Schwenk (pg.8)
6. **Indiana Department of Education**
 - Fern Bachner (pg.8)
7. **Indiana Health Centers, Inc.**
 - Lora Burke-Mulkey (pg.9)
8. **Indiana Department of Health**
 - Joyce Fillenwarth (pg.9)
 - Julia Brunnemer & Amy Rupp (pg.10)
 - Naima Gardner (pg.11)
 - Penelope Friday & Lindsey Bouza (pg.12)
 - Megan Paskey & Ivy Egbo (pg. 13)
9. **Indiana University**
 - Samantha Schaefer (pg.14)
 - Alice Fly (pg.14)
10. **Indy Hunger Network**
 - Kate Howe (pg.15)
11. **Jump IN for Healthy Kids**
 - Julie Burns (pg.15)
12. **Kendrick Foundation**
 - Keylee Wright (pg.16)
13. **Marion County Public Health Department**
 - Michelle Shippy & Denise Ferguson (pg.17)
14. **Parkview Health**
 - Kylee Bennett (pg.18)
15. **Purdue University Extension**
 - **Leadership** - Angie Abbott, Blake Connolly, Wanda Stevens, Stephanie Faroh, & Krystal Lynch (pgs.19-20)
 - **Regional Supervisors** - Megihann Leininger, Jen Love-Tillotson, Ashley Roberts, & Jill Tuley Walters (pgs.21-22)
 - **Community Wellness Coordinators**- Allison Finzel, Annie Eakin, Debbie Mix, Katelyn Kutemeier, & Theresa Mince (pgs.23-24)



TABLE OF CONTENTS (CONT.)

16. Thrive Alliance

- Shelby Eggers (pg.25)

17. Whitley County Health Department

- Carlee LaRue (pg. 25)



AMERICAN HEART ASSOCIATION

Name: Kelli McCrary

Title: Community Impact Director

E-mail: kelli.mccrary@heart.org; **Phone:** 317-732-4718

Nutrition-related initiatives/committees that you currently work on:

- Community Gardens
- Health Equity
- Clinic-based initiatives for blood pressure, cholesterol, and diabetes
- Hands Only CPR
- Workplace Health

Additional Information:

Excited to partner with organizations to have a greater impact than we would alone.

CITY OF INDIANAPOLIS

Name: Milele Kennedy, CMP

Title: Food Policy & Program Coordinator

E-mail: milele.kennedy@indy.gov

Phone: Office 317-327-4135; **Cell** 317-601-0315

Nutrition-related initiatives/committees that you currently work on:

- Top 10 Coalition – Nutrition Work Team
- Indiana Healthy Weight Initiative
- Indy Hunger Network – Board Member
- Indy Food Council – Advisory Board Member

Additional Information:

5 Year CDC Sodium Reduction in Communities grant



FEEDING INDIANA'S HUNGRY

Name: Emily Weikert Bryant

Title: Executive Director

E-mail: ewbryant@feedingindianashungry.org; **Phone:** 317-396-9355

Nutrition-related initiatives/committees that you currently work on:

- SNAP administrative policy opportunities (coalition building TBD).
- State and federal legislation pertaining to SNAP, working with in-state advocacy partners, Feeding America, Food Research and Action Council (FRAC), Center on Budget and Policy Priorities (CBPP), and MAZON on federal issues.
- Leading outreach with partners on SNAP drug felon ban elimination.
- Provide SNAP outreach materials and technical assistance to 11 member food banks serving 1800 local agencies.

Additional Information:

Feeding Indiana's Hungry is the state association of Feeding America affiliated food banks.

GLEANERS FOOD BANK OF INDIANA

Name: Sarah Wilson, RDN

Title: Nutrition Manager

E-mail: swilson@gleaners.org; **Phone:** 317-925-0191 ext. 122

Nutrition-related initiatives/committees that you currently work on:

- **Nutrition/Cooking Education-** We have healthy recipes, nutrition education, blog posts and more at the NutritionHub website and social media pages (www.GleanersNutritionHub.org). Additionally, we partner with Indy Hunger Network (IHN) to host free Cooking Matters cooking/nutrition classes at our on-site food pantry (virtual in 2020). The Summer Nutrition Club is a nutrition education program for children at our Summer Family Meal Box sites in Marion County that was held virtually in 2020. Also, we partner with the IUPUI dietetic internship program and the Marion County Public Health Department to hold regular food pantry recipe demos and other nutrition education efforts for our clients (video demos in 2020)
- **Healthy Pantries-** There is a designated tab on NutritionHub website with training resources and sample materials to help food pantries promote health and nutrition. One-on-one consulting with selected "anchor pantries" is available to support efforts in promoting health and nutrition among their clients. Supporting Wellness at Pantries (SWAP) is a "stoplight"-based nutrition ranking and labeling system that categorizes foods based on their saturated fat, sodium, and sugar content that is utilized in pantries as well.



GLEANERS FOOD BANK (CONT.)

- **Health Care Partnerships-** Involves monthly seminars for medical students and residents on food insecurity, sensitive screening and intervention, and advocacy for improved access to nutritious foods in their clinic communities. We also collaborate with various health care organizations to connect patients with convenient, nutritious food resources and explore data/referral sharing systems
- **Community Health Coalitions-** Involved with the Top 10 Coalition Nutrition Work Team, SNAC Nutrition Education Committee, and Immigrant Welcome Center Partner Calls
- **Employee Wellness-** Serves as the Wellness Committee Chair for Gleaners to promote health and wellness among staff members

Additional Information:

- Gleaners is a member of the Feeding America network of food banks, and is the largest food bank in Indiana. Our distribution center is located in Indianapolis, but we serve 21 counties throughout central and southeastern Indiana. We partner with over 560 local pantries, schools, faith-based, and community organizations to serve the over 311,000 food insecure Hoosiers in our service area.
- Gleaners operates the Fresh Connect Cooperative from our warehouse. This allows us to acquire a variety of high-quality fresh produce, meat, and dairy products directly from farmers and distribute these nutritious foods in cost-effective mixed loads to our partners and other regional food banks
- One of Gleaners' goals is to have at least 80% of the foods we distribute be classified as "Foods to Encourage" by 2023. "Foods to Encourage" is a Feeding America term that encompasses health-promoting, nutrient-dense foods such as fruits, vegetables, lean proteins, whole grains, and dairy.



HEALTHLINC

Name: Amanda Schwenk

Title: Outreach and Enrollment Representative

E-mail: aschwenk@healthlincchc.org; **Phone:** 888-580-1060 ext.2962

Nutrition-related initiatives/committees that you currently work on:

HealthLinc patients fill out a questionnaire that helps our team identify many insecurities, one of which is food/nutrition. Outside of the clinic, each of our Outreach Representatives have relationships with local food pantries and we work to help the food pantries remain successful, even if that means just having an extra set of hands to help carry food to visitor's vehicles. Otherwise, we are included in local committees in each of the communities we serve, such as the St. Joseph County Food Access Council.

Additional Information:

HealthLinc is a non-profit community health center. We have 12 clinics across Northwest Indiana, as well as a Mobile Clinic that helps us reach our more rural areas with Medical and Dental services.

INDIANA DEPARTMENT OF EDUCATION

Name: Fern Bachner

Title: Child & Adult Care Food Program Field Specialist

E-mail: fbachner@doe.in.gov; **Phone:** 317-771-9187

Nutrition-related initiatives/committees that you currently work on:

The Child & Adult Care Food Program (CACFP) is a federal program that provides reimbursements for nutritious meals and snacks to eligible children and adults who are enrolled for care at participating child care centers, day care homes, and adult day care centers. CACFP also provides reimbursements for meals served to children and youth participating in afterschool care programs, children residing in emergency shelters.



INDIANA HEALTH CENTERS, INC.

Name: Lora Burke-Mulkey, RN

Title: WIC Coordinator/Program Manager

E-mail: lburke@ihcinc.org; **Phone:** 765-864-4160 ext.4233

Nutrition-related initiatives/committees that you currently work on:

We assign with the Food and Nutrition Program (FNP) in some counties. Last year in Grant County, WIC worked with the safety coalition of Marion General Hospital (MGH) on their yearly plan to help improve the health of our community. WIC contributed nutrition information for newborns to age 5 to be part of the project of a booklet that all parents with MGH providers could obtain with healthy guidelines. The book was completed and is being utilized. This year's project is again, based on nutrition. The program is called Healthy Families of Hamilton County. Occasionally (as their meetings are inconsistent) we work with Partnership for a Healthier Hamilton County. It's a food and nutrition focused group networking in the county. Groups talk about what they are doing or working on to promote good nutrition and health.

Additional Information:

We cover 7 counties, Howard, Tipton, Cass, Grant, Hamilton, Clinton, and Fulton. Each of these communities are very different both in the demographic we serve and the services/programs available in the area.

INDIANA DEPARTMENT OF HEALTH (IDOH)

Name: Joyce Fillenwarth

Title: Indiana State Office Rural Health Manager

E-mail: jfillenwarth@isdh.in.gov; **Phone:** 317-233-7734

Nutrition-related initiatives/committees that you currently work on:

My Small Hospital Improvement Grant for hospitals with 49 beds or less. Within this educational grant, we have had hospitals express interest with assistance in providing nutritious food options/education through their local pantries, etc.



IDOH (CONT.)

Names: Julia Brunner, MPH, CHES & Amy Rupp, MPH

Title: SNAP-Ed Coordinators

Julia: E-mail: jbrunner@isdh.in.gov; **Phone:** 317-234-9684

Amy: E-mail: arupp@isdh.in.gov; **Phone:** 317-233-7267

Nutrition-related initiatives/committees that you currently work on:

- **Lead the State Nutrition Action Committee** – The SNAP-Ed Coordinators at the Indiana Department of Health have taken over the coordination of the State Nutrition Action Committee (SNAC). SNAC is a partnership of statewide organizations working collectively to improve the nutrition of low-income populations in Indiana. In 2021, Indiana's SNAC will continue to make progress on state-wide initiatives and nutrition/physical activity resources.
- **Provide oversight to Indiana SNAP-Ed Program** – We work very closely with Purdue Extension Nutrition Education Program Administration Team as their oversight agency in the SNAP-Ed program. Through our partnership, we provide technical assistance, resources, and best practices to help enhance the program. Additionally, we are tasked with formal evaluation of the program which we be working on in FY21.
- **Top 10 Nutrition Work Group** – We regularly attend the monthly Top 10 Nutrition Coalition meetings, which is a group of professionals working together to address issues related to food, nutrition, and hunger in Marion County. In these meetings, partners network and collaborate by sharing best practices, initiative progress (and setbacks), and serve in community outreach opportunities such as cooking demonstrations or volunteer opportunities.

Additional Information:

As a state organization, we work with various partners throughout Indiana. The SNAP-Ed team most often works with the Purdue Extension Nutrition Education Program for all SNAP-Ed direct education as well as policy, systems, and environmental initiatives. We also work closely with other members of IDOH's Division of Nutrition and Physical Activity (DNPA) to share resources and information related to nutrition and food accessibility.



IDOH (CONT.)

Name: Naima Gardner, MPH

Title: SNAP-Ed and Nutrition Programs Director

E-mail: NGardner1@isdh.in.gov; **Phone:** 317-234-3498

Nutrition-related initiatives/committees that you currently work on:

- **Indiana Grown for Schools** – leading farm to school efforts for IDOH. We recently created a Buyer's Guide for school food service directors to connect them with local producers and hopefully increase the amount of Indiana grown food in school cafeterias throughout the state. We also lead the Indiana Grown for Schools Network and recently launched a farm to school website (Ingrown4schools.com).
- **Community Compass** – involved in the development of an app that will connect limited-resource individuals and families to emergency food assistance resources. Working closely with the City of Indianapolis, Indy hunger Network, Level Up, and Connect2Help.
- **SNAP-Ed** – supervise our SNAP-Ed team here at IDOH. I act as the main point of contact between IDOH and Purdue Extension.
- **Cooking Matters** – oversee mini grants throughout the state for organizations who we fund to teach Cooking Matters courses in their communities.
- **Food Access and healthy equity efforts** – involved in our internal health equity council here at ISDH; and very passionate about food access and food justice throughout the state of Indiana.
- **Trauma-informed nutrition education** – coordinating a training for Purdue's Nutrition Education Program staff facilitated by Leah's Pantry.
- Part of planning committee for the upcoming Farmer's Market Forum

Additional Information:

We have a lot of contacts throughout the state and have access to many resources that could be helpful to folks doing nutrition work. Please reach out to us as a starting point if you're looking for partnership or assistance!



IDOH (CONT.)

Name: Penelope Friday, MPH, CHES

Title: Childhood Obesity Prevention Coordinator

E-mail: pfriday@isdh.in.gov; **Phone:** 317-232-3155

Nutrition-related initiatives/committees that you currently work on:

- Collaborate with Indiana Department of Education and American Heart Association to coordinate with school corporations on their wellness policies to better address best practices and guidelines around child nutrition and physical activity.
- Partnering with the Whole Kids Foundation to fund nutrition education courses statewide to support educator wellness. These are taught by Dietitians and provide schools with a free opportunity for professional development within the scope of wellness topics.
- Creation of a Farm to Early Childcare and Education (ECE) workgroup that aims to increase access to healthy, local food, gardening opportunities and agriculture education to enhance the quality of educational experience in ages in 0-5. This will be a statewide coalition that will support Indiana child care providers in all settings.

Additional Information:

My position has a statewide focus around the schools and early childcare and education settings, with prioritization around the policies, systems and environments that influence child and educator wellness.

Name: Lindsey Bouza, MPH, PAPHS

Title: Director, Division of Nutrition and Physical Activity (DNPA)

E-mail: lbouza@isdh.in.gov; **Phone:** 317-234-3580

Nutrition-related initiatives/committees that you currently work on:

- Currently part of a USDA Farm to School Grant in which we have created a Buyer's Guide and website to easily link food services directors with local farmers who want to sell their products to schools.
- DNPA oversees the SNAP-Ed funding in Indiana, granting most to Purdue Extension, the implementing agency. We keep track of classes taught by Nutrition Education Program Assistants and also policy, system, and environmental changes related to nutrition and physical activity (examples being community gardens, work with food pantries, Farm to School, etc.)
- Partner with organizations to create healthy meeting guidelines for employee wellness and/or improve food service guidelines in workplaces. At the present moment, we are providing input on the chosen vendor for the state government center cafeterias and were able to insert nutrition-related questions in the RFP.

Additional Information:

The DNPA focuses on a variety of nutrition topics, including Farm to School, nutrition in ECEs, worksites, schools, etc. One of our two main goals is to increase access to and consumption of healthy foods and beverages.

IDOH (CONT.)

Name: Megan Paskey, MPH, MS

Title: Community Food Systems and Farm to School Coordinator

E-mail: mpaskey@isdh.in.gov; **Phone:** 317-233-1965

Nutrition-related initiatives/committees that you currently work on:

- Strengthening Indiana's farmers markets and their acceptance of SNAP, WIC and SFMNP through partnerships with Purdue Extension Community Wellness Coordinators and the newly awarded USDA FMPP grant to the Indiana Cooperative Development Center.
- Advancing Farm to School efforts in all schools across Indiana by leading the Indiana Grown for Schools Network and providing technical assistance and resources directly to those in need of help.
- I serve as the secretary on the Board of Directors for the National Association of Farmers Market Nutrition Programs. Legita Wilson, also of Indiana, serves as the current President.

Name: Ivy Egbo, RN, MPH

Title: Cardiovascular Program Coordinator

E-mail: iegbo@isdh.in.gov; **Phone:** 317-234-1918

Nutrition-related initiatives/committees that you currently work on:

We work with state-funded Community Health Centers (CHC) on a CDC grant focused on the prevention and management of heart disease, stroke, and diabetes. Also included in this grant are patient referrals to evidence-based programs like Supplemental Nutrition Assistance Program - Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP). In addition to these programs, we are working on connecting our partnered Health Systems with other resources and nutrition-based educational programs.

INDIANA UNIVERSITY

Name: Samantha Schaefer, MS, RD, CD, FAND

Title: Manager, Healthy IU/ Registered Dietician

E-mail: scschaef@iu.edu; **Phone:** 812-856-2761

Nutrition-related initiatives/committees that you currently work on:

- Indiana Academy of Nutrition and Dietetics Board of Directors
- Food drives and support for Pantry 279 in Ellettsville, Indiana
- Produce markets at some IU campuses

Additional Information:

- Healthy IU serves IU full-time employees and their spouses on an IU medical plan at 9 campus locations across the state.

Name: Alyce D Fly, PhD

Title: Professor, Nutrition Science and Dietetics, School of Public Health

E-mail: afly@indiana.edu; **Phone:** 812-855-7975

Nutrition-related initiatives/committees that you currently work on:

- Just completed USDA Team Nutrition Grant with Indiana Department of Education; included 3 projects, 1) professional education for food service workers on Dietary Guidelines with a celebrity chef, 2) created and tested a new Family and Consumer Science teacher nutrition curriculum on the 2015-2020 Dietary Guidelines, and 3) created and evaluated Power up with Produce, an athlete mentor program for elementary school children promoting fruit and vegetables and the 2015-2020 Dietary Guidelines.
- Currently testing the VeggieMeter, a noninvasive device to measure fruit and vegetable intake by obtaining a relative measure of skin carotenoids, to see how it compares with blood biomarkers of fruit and vegetable intake, regarding the best time to administer the measurement over the course of an intervention.

Additional Information:

Major Partner: Indiana Department of Education; Statewide. Particular interest in opportunities for rural areas.



INDY HUNGER NETWORK

Name: Kate Howe

Title: Managing Director

E-mail: kate@indyhunger.org

Nutrition-related initiatives/committees that you currently work on:

- Cooking Matters classes in Marion County
- Working with food pantries to improve the quality of food they provide and encourage implementation of healthy nudges at pantries
- Working with Marion County WIC and Indiana WIC on social media marketing campaign for WIC to increase enrollment

Additional Information:

The Indy Hunger Network is a coalition of hunger relief partners in the Greater Indianapolis area, working to ensure that all who are hungry have access to the nutritious food they need.

JUMP IN FOR HEALTHY KIDS

Name: Julie Burns

Title: CEO

E-mail: Julie.burns@jumpinhealth.org; **Phone:** 317-408-3107

Nutrition-related initiatives/committees that you currently work on:

- Partnering with the City of Indianapolis' Division of Health and Safety, we are leading an effort to develop a new organizational infrastructure for the Indianapolis Food Council which will be called the Indianapolis Food Access Coalition.
- Developing funding to do an assessment on the sustainability of a regional food hub
- Developing a pilot to test a potential scalable solution for child care centers to consistently access meals that meet at a minimum CACFP guidelines

Additional Information:

- Our primary focus is central Indiana (Marion county and the 7 contiguous counties)
- Major partners include: IU Health, Health and Hospital, Eskenazi, St. Vincent, Community MCPHD, IU School of Public Health, Eli Lilly & Co.
- We also partner with more than 100 other organizations depending of the sector of work we are pursuing.



KENDRICK FOUNDATION

Name: Keylee Wright, M.A.

Title: Executive Director

E-mail: kwright@kendrickfoundation.org; **Phone:** 317-831-1232

Nutrition-related initiatives/committees that you currently work on:

We are partnering with the Barbara B. Jordan YMCA, Boys & Girls Club of Morgan County, Ruth Lilly Health Education at Marian University, Martinsville Youth Development Center, and IU Health Morgan to support nutrition-related initiatives.

Additional Information:

The mission of the Kendrick Foundation is to financially support education and initiatives that improve the physical and mental health of Morgan County residents. Our priority areas are substance abuse, mental health, and obesity.



MARION COUNTY PUBLIC HEALTH DEPARTMENT

Name: Michelle Shippy, MS, RDN

Title: Nutrition Incentive Program Manager

E-mail: mshippy@marionhealth.org; **Phone:** 317-221-3527

Nutrition-related initiatives/committees that you currently work on:

- Fresh Bucks program
- Produce Prescription (Rx) program – Marion County currently
- Top 10 Coalition
- Indiana Nutrition Council

Additional Information:

Marion County Public Health Department focuses on local work in Marion County but happy to share information, successes, and ideas on replicating the work statewide. We partner with many organizations.

Name: Denise Ferguson RDN, MS, CDE

Title: Administrator, Nutrition Services

E-mail: dferguson@marionhealth.org; **Phone:** 317 221-7365

Nutrition-related initiatives/committees that you currently work on:

None Listed



PARKVIEW HEALTH

Name: Kylee Bennett, MBA-HCA

Title: Youth Well-being Coordinator

E-mail: Kylee.Bennett@parkview.com; **Phone:** 260-266-2465

Nutrition-related initiatives/committees that you currently work on:

- Program/Site Coordinator for FitKids360, a free healthy lifestyle program for families. It is an 8-week program focusing on nutrition, physical activity, and behavioral health with 30 minutes of activity at every weekly session. Children ages 5-17 years with a Body Mass Index in the 85th percentile or above who are referred by their provider can participate along with at least one adult accompanying them each week
- Lead the Northeast Indiana Farm to School Team, which covers an 11-county region including the counties of Adams, Allen, DeKalb, Huntington, Noble, Kosciusko, Wells, LaGrange, Whitley, Wabash, and Steuben. The team is working to create a comprehensive regional Farm to School action plan, develop individual school/district Farm to School implementation plans that tie to the regional plan, and identify gaps in the Farm to School supply chain to help increase procurement of local foods in schools.
- Oversee and provide necessary support to our Planting Healthy Seeds series, including school, summer/before/after-school, and early childcare programming. Each series is accompanied with nutrition and physical activity information in the form of curriculum (tied to the Indiana State Standards), lessons, or professional development sessions.
- Participant of the North and East regions of the Indiana Breakfast Task Force.
- Committee member for the following health coalitions in Northeast Indiana – Steuben Co., LaGrange Co., Huntington Co., and Noble Co.

Additional Information:

- The Youth Well-being Team for Parkview is located in the Northeast; however, we are able and willing to provide support and programming throughout the state. Our focus is on building relationships and partnerships to help positively impact the health and well-being of the youth which provides us with the opportunity to also work with adults including educators, youth workers, administrators, and family members.



PURDUE EXTENSION NUTRITION EDUCATION PROGRAM

Leadership Contact Information:

Angie Abbott, EdD, RDN, CD

Assistant Dean College of Health
and Human Sciences, Associate
Director Purdue Extension
765-494-8252
abbottar@purdue.edu

Wanda Stevens

Assistant Director, Nutrition
Education Program
765-494-1387
wstevens@purdue.edu

Blake Connolly, MPH

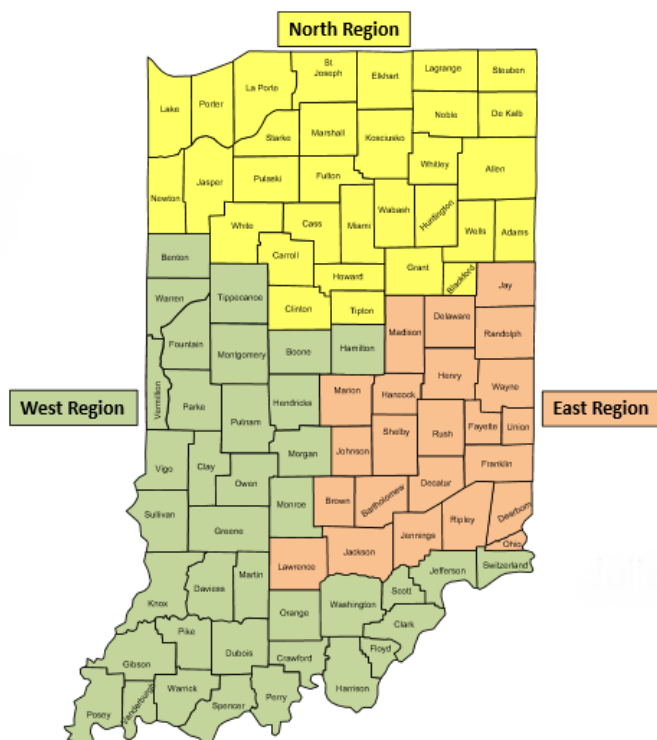
Assistant Director, Nutrition
Education Program
765-496-0483
baconnol@purdue.edu

Stephanie Faroh, MA, RDN, LD

Training Specialist
812-345-3526
faroh@purdue.edu

Krystal Lynch, PhD, MPH

Evaluation Specialist
Lynch68@purdue.edu



PURDUE EXTENSION NEP LEADERSHIP

Nutrition-related initiatives/committees that you currently work on:

- We are currently partnering with RightFit in Marion County, whose mission includes enhancing a healthier community through a robust after-school program that encourages physical activity and healthy eating. The long-term goal is to make this program widely available to schools in communities with limited resources across Indiana. It would take great collaboration and funds from partners across the state to make this happen. The SNAC team may be a great resource in this important endeavor to make a healthy impact in the lives of Hoosier children!
- Many counties are working on improving nutrition and food access in the Schools. Examples include: working on food rescue in the cafeteria, healthy snack option policies, school gardens, healthy food options at lunch and breakfast. We have made a great partnership with No Kid Hungry to combat food access in schools.
- Many Community Wellness Coordinators (CWCs) are working on improving access to nutritious foods through healthy food donations at pantries, choice food pantries, farmer's markets accepting SNAP/ WIC vouchers/Senior vouchers, double up buck programs and food hubs.
- Other CWC initiative types include: food prescription programs, community gardens, worksite wellness, healthy community designations, bike share
- Our Nutrition Education Program Assistants (NEPAs) are offering nutrition education classes/cooking demos for SNAP-Ed eligible clients in a variety of community settings: schools, public housing, WIC, libraries, food pantries, community centers, senior centers, health clinics, recovery centers, YMCAs.
- Our Regional Supervisors are each serving on their respective region's Indiana Regional School Breakfast Task Force.
- We are partnering with projects in Grant and Vermillion counties through the Cardiovascular and Diabetes Coalition of Indiana, Connections IN Health.

Additional Information:

The Purdue Extension Nutrition Education Program (NEP) works to improve the nutrition and health of audiences with limited resources in Indiana. We offer two major initiatives statewide to communities free of charge: nutrition education to youth and adults, and community wellness initiatives collaborating with partners on policy, system and environmental changes. NEP is the SNAP-Ed and EFNEP implementing agency for the state of Indiana. We partner with IDOH as the SNAP-Ed state agency. Each year, we partner with hundreds of agencies and organizations to make a positive impact on public health to reach our limited-resource clientele. See the map on page 19 for specific regional coverage.



PURDUE EXTENSION NEP REGIONAL SUPERVISORS

Name: Megihann Leininger, MA

Title: Regional Supervisor, North Region

E-mail: mleinin@purdue.edu; **Phone:** 574-223-3397

Nutrition-related initiatives/committees that you currently work on:

I am very fortunate to work in tandem with the North region Community Wellness Coordinators and Nutrition Education Program Assistants.

Additional Information:

We are always looking for opportunities to partner with agencies who work with SNAP eligible participants.

Name: Jill Tuley Walters

Title: Regional Supervisor, West Region

E-mail: jtuley@purdue.edu; **Phone:** 812-435-5287

Nutrition-related initiatives/committees that you currently work on:

Regional Supervisor:

- Indiana Regional School Breakfast Task Force West Region
- Cardiovascular and Diabetes Coalition of Indiana, Connections IN Health – oversee Vermillion county (one of the selected counties)
- IDOH, Division of Nutrition and Physical Activity – work closely with SNAP-Ed coordinators.

Nutrition Education Program (NEP):

- Community Wellness Coordinators (CWC) across region – initiatives include: SNAP at farmers' markets, school breakfast, Choice food pantries/integrating HATCH distribution at pantries, food rescue, food prescription, community gardens, worksite wellness, healthy community designations, bike share, painted play zones, gleaning
- Nutrition Education Program Assistants (NEPA) across region – offering nutrition education classes/cooking demos for SNAP-Ed eligible clients in a variety of community settings: schools, public housing, WIC, libraries, food pantries, community centers, senior centers, health clinics, recovery centers, and YMCAs.



PURDUE EXTENSION REGIONAL SUPERVISORS (CONT.)

Name: Ashley Roberts, MS

Title: Regional Supervisor, East Region

E-mail: robertae@purdue.edu; **Phone:** 812-583-5436

Nutrition-related initiatives/committees that you currently work on:

- Several Community Wellness Coordinators (CWC) in the East are working on improving nutrition and food access in schools. Examples include: working on food rescue in the cafeteria, healthy snack option policies, school gardens, and healthy food options at lunch and breakfast
- Many CWCs in the East are working on improving access to nutritious foods through healthy food donations at pantries, farmer's markets accepting SNAP/ WIC vouchers/Senior vouchers, double up buck programs and food hubs.
- Other CWC initiative types include: food prescription programs, community gardens, worksite wellness, healthy community designations, and bike share
- Our Nutrition Education Program Assistants (NEPAs) are offering nutrition education classes/cooking demos for SNAP-Ed eligible clients in a variety of community settings: schools, public housing, WIC, libraries, food pantries, community centers, senior centers, health clinics, recovery centers, and YMCAs.
- Serving on the East region Indiana School Breakfast Task Force
- Community Wellness Coordinator in Grant County is partnering with efforts through the Cardiovascular and Diabetes Coalition of Indiana, Connections IN Health.



PURDUE EXTENSION COMMUNITY WELLNESS COORDINATORS (CWCS)

Name: Allison Finzel

Title: Community Wellness Coordinator, West Region- Serves Vigo and Vermillion Counties

E-mail: afinzel@purdue.edu; **Phone:** 812-249-7475

Nutrition-related initiatives/committees that you currently work on:

I started Wabash Valley Food Rescue and have been rescuing food from the schools in Vigo County for the last 4 years. Members of my community came together to start an award-winning Food as a Prescription Program focusing on Type 2 diabetes. I have worked to start a Food Processing Program. This program works to help with extra produce that often comes with large community gardens. We utilize a large commercial kitchen and volunteers to process and freeze vegetables for use in soup kitchens in the winter when produce is often more expensive and harder to obtain.

Name: Annie Eakin

Title: Community Wellness Coordinator, East Region- Serves Lawrence, Monroe, and Brown Counties

E-mail: aeakin@purdue.edu; **Phone:** 812-679-7982

Nutrition-related initiatives/committees that you currently work on:

- School gardens
- Senior Nutrition Program
- County Parks
- Workplace Wellness Programs
- Expanding WIC and SNAP acceptance at local farmers markets

Name: Debbie Mix

Title: Community Wellness Coordinator, North Region- Serving Starke, Pulaski, and Jasper Counties

E-mail: mix0@purdue.edu; **Phone:** 574-772-9141

Nutrition-related initiatives/committees that you currently work on:

- Ken Craig Community Garden
- Fostering A Recovery Mentality (FARM)
- Moving Starke County Forward Health Coalition
- Starke Taskforce for Overdose Prevention (STOP)

Additional Information

I haven't yet begun work in Jasper County.



PURDUE EXTENSION COMMUNITY WELLNESS COORDINATORS (CWCS)

Name: Katelyn Kutemeier

Title: Community Wellness Coordinator, West Region- Serves Bartholomew, Jackson, and Washington Counties

E-mail: kkutemei@purdue.edu

Nutrition-related initiatives/committees that you currently work on:

- Increasing SNAP and double bucks at farmers markets
- Implementing Power of Produce (P.O.P) club.
- Implementing breakfast in the classroom
- Increasing nutrition resources at a local food pantry
- Bartholomew County Food Insecurity Coalition facilitator for 2021- One initiative for the group in 2021 is to work with community partners to host a virtual training for service providers to understand eligibility for SNAP, the application process, and what items can and can not be purchased with SNAP dollars.

Name: Theresa Mince

Title: Community Wellness Coordinator, North Region- Serves Lake County

E-mail: tmince@purdue.edu; **Phone:** 352-650-5940

Nutrition-related initiatives/committees that you currently work on:

- Indiana statewide school nutrition program taskforce with No Kid Hungry
- Healthy food pantries - school & community-based
- Community donation gardens
- Farmers to Families food box program (through the end of 2020)

Additional Information:

I focus my work in the Hammond area of Lake County, I work closely with the local school district (School City of Hammond), as well as many local food pantries. I also work to increase food access in non-traditional pantry locations such as child care centers, housing sites, and more. I work very closely with No Kid Hungry on school nutrition programs. I am a Certified Health Education Specialist (CHES) and have been in this role with Purdue for just under 3 years!



THRIVE ALLIANCE

Name: Shelby Eggers

Title: Healthcare Integrations and Community Education Manager

E-mail: seggers@thrive-alliance.org; **Phone:** 812-372-6918 ext. 3011

Nutrition-related initiatives/committees that you currently work on:

I oversee the Senior Nutrition Program at Thrive Alliance as well as coordinate evidence-based health programs to the community. I also am apart of Joining Jennings for Healthy Living, which is a group designed to bring nutrition and physical activity to the community of Jennings County.

Additional Information:

Thrive Alliance is an Area Agency on Aging.

WHITLEY COUNTY HEALTH DEPARTMENT

Name: Carlee LaRue

Title: Health Educator

E-mail: clarue@whitleygov.com; **Phone:** 260-248-3121 ext. 6

Nutrition-related initiatives/committees that you currently work on:

My job is a mix of a health educator/wellness coordinator, so I don't just focus on nutrition. However, I am involved with the school corporations' wellness committees in Whitley County, the Whitley County wellness committee, and the City of Columbia City wellness committee. I also provide education at community events and social media around nutrition.

Additional Information:

My geographic focus is Whitley County only, however, I do focus on all demographics in Whitley County (age, rural/city, nonprofit/for profit, etc.). I would be interested in working with other members on promoting healthier school meals within the schools, as that has been an uphill battle for me.

