

# Indiana Statewide Safe Eating Guidelines

Advice for Females Under 50  
and Males Under 15

## Unlimited Consumption

Est. 4.5 meals/week:

Silver Carp <24 inches

## One Meal Per Week:

Buffalo Species <23 inches  
Bullhead Species All Sizes  
Carp sucker Species <16 inches  
Channel Catfish <21 inches  
Common Carp <20 inches  
Crappie Species All Sizes  
Flathead Catfish <19 inches  
Freshwater Drum <15 inches  
Largemouth Bass <16 inches  
Northern Pike <30 inches  
Redhorse Species <23 inches  
Rock Bass All Sizes  
Sauger <14 inches  
Silver Carp >24 inches  
Smallmouth Bass <14 inches  
Spotted Bass <10 inches  
Sunfish Species All Sizes  
Walleye <19 inches  
White, Striped, or Hybrid Striped Bass <12 inches

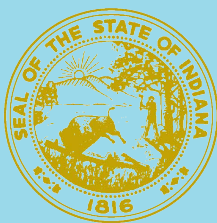
## One Meal per Month:

Buffalo Species >23 inches  
Carp sucker Species >16 inches  
Channel Catfish >21 inches  
Common Carp 20 to 30 inches  
Flathead Catfish >19 inches  
Freshwater Drum >15 inches  
Largemouth Bass >16 inches  
Northern Pike >30 inches  
Redhorse Species >23 inches  
Sauger >14 inches  
Smallmouth Bass >14 inches  
Spotted Bass >10 inches  
Walleye >19 inches  
White, Striped, or Hybrid Striped Bass >12 inches

## Do Not Consume:

Common Carp >30 inches

\*\*More restrictive consumption advice should be consulted in the site specific listings by county.



Indiana State  
Department of Health  
Environmental Public Health

