



# The Torch

The official newsletter for Indiana state employees



## INDIANA STATE FAIR

### Download the Indiana State Fair app



The official mobile app of the Indiana State Fair has all of the information you need to

make the most of your visit.

Use the app to buy your tickets, view a map of the fairgrounds, keep up on fair news and social media updates, take photos, view the schedule of events and keep tabs on where your favorite food and drink spots are located.

Allow the app to use your location and receive proximity-based information, activity and event updates as you pass through different areas of the fair. The location feature also helps you find useful essentials and important points of interest as they become relevant to your location.

Customize your 2017 Indiana

State Fair experience using the app to create your own personal schedule. You can plan your day around the food, animals, shopping and free concert series.

You can even collaborate with your friends! Connect to Facebook to view your friend's schedules and to share your schedule with them. Find common activities and meet up at different points throughout the day!

Considering checking out certain fair activities, but not entirely sure which ones you want to add to your final schedule? Use the "Most Liked" feature. Here, you can view which events other people scheduled the most, which items they liked the most, and you can view your own collection of likes.

Don't head to the fair without first downloading the app [here](#).

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*The Torch* is published monthly by the Indiana State Personnel Department and is available online at [www.in.gov/spd](http://www.in.gov/spd).

### Got a story?

Submit your story ideas to: [spdcommunications@spd.in.gov](mailto:spdcommunications@spd.in.gov)

### We're on social media



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Follow Invest In Your Health

# Gov. Holcomb announces construction plan for first five years of Indiana's 'Next Level Roads' initiative

Governor Eric J. Holcomb and Indiana Department of Transportation (INDOT) Commissioner Joe McGuinness kicked off Indiana's Next Level Roads initiative and shared construction plans for the first five years of a new 20-year program to improve Indiana's roads and bridges on July 13. They were joined by members of the Indiana General Assembly, who advanced legislation this session that provides funding for a long-term, sustainable, data-driven infrastructure plan.

"Our transportation network of roads and bridges plays a major part in Indiana's success story both now and in the future," Gov. Holcomb said. "With a fully-funded plan in place for the next 20 years, Hoosiers can rest assured that Indiana will remain the Crossroads of America for generations to come. I thank our lawmakers for their committed leadership to make this possible, and I commend INDOT for working hard to identify key projects so that we could be ready to roll with this five-year plan so quickly."

In May, Gov. Holcomb asked INDOT to provide a list of projects to begin and complete in the next five years to maintain Indiana's position as the Crossroads of America.

The road construction plan for the first five years of Indiana's Next Level Roads initiative outlines specific INDOT projects that will preserve existing roads and bridges, finish current projects and invest in Indiana's overall transportation system. The plan outlines approximately \$4.7 billion in total investment over the next five years—resurfacing nearly 10,000 lane



## Next Level Roads Plan

This 5-year INDOT construction plan outlines the infrastructure projects supported by the 20-year Next Level roads funding.

miles of pavement and repairing or replacing approximately 1,300 bridges.

Beyond this initial, five-year investment in state (INDOT) projects, the Next Level Roads initiative provides an additional \$342 million annually to support Indiana cities, towns and counties for local road projects by 2024.

"This much-needed and massive investment means there will be many road construction zones, slower traffic, and orange cones and barrels in every part of our state," said INDOT Commissioner McGuinness. "I encourage Hoosiers and visitors to plan alternate routes and be mindful of work-zone safety precautions. The long-term benefits gained in safety, mobility and growth outweigh the short-term inconveniences, because the results will be reduced congestion, smooth highways, improved safety, and better

roads and bridges across Indiana—for residents and visitors alike."

With the bipartisan passage of HEA 1002, Indiana has a fully-funded plan to operate, maintain and improve every state road and bridge—a fact almost no other state can claim. INDOT is also working with local communities to create similar plans for local roads and bridges and will award funding for local projects through its [Community Crossings](#) initiative in the coming months.

To view the construction plan for the first five years of Indiana's Next Level Roads initiative by project, by county or by statewide totals, visit [www.in.gov/indot/](http://www.in.gov/indot/).

# Will your license fly when Real ID takes effect?

Beginning October 2020, Hoosiers without a Real ID-compliant license, permit or identification card will not be able to board a commercial flight or enter certain federal buildings. A Real ID is a more secure form of identification, which meets federal security standards. To find out if you already have a Real ID, check the upper-right-hand corner of your license or ID. If there is a gold star, then you have a Real ID.

You can only upgrade to a Real ID by visiting a BMV branch and presenting documents that prove your identity, Social Security number, Indiana residency and lawful status. For a full list of required documents or more information on Real ID, [visit the Real ID page at myBMV.com](http://visit.theRealIDpageatmyBMV.com).

Identity documents include:

- Unexpired U.S. Passport or Passport card

- Original or certified copy of a birth certificate

Social Security documents include:

- Social Security card
- W-2 form
- Pay stub containing name and Social Security number

Indiana residency documents include (at least two documents are required):

- U.S. Postal Service change of address confirmation
- Indiana voter registration card
- Utility company, credit card, doctor or hospital bill issued

within the last 60 days

Lawful status documents include:

- Certificate of citizenship
- Certificate of naturalization
- Unexpired permanent resident card

This August, the BMV is setting up their mobile license branch at the Indiana Government Center – South for State employees to upgrade to a Real ID or complete other BMV transactions. Please look for more information in [upcoming issues of Around the Circle](#).



## September is Indiana Archaeology Month

September is Indiana Archaeology Month, coordinated by Indiana Department of Natural Resources' Division of Historic Preservation and Archaeology (DHPA).

This year's theme highlights Mr. Eli Lilly's important legacy regarding Indiana archaeology. While many know of Lilly because of his family's pharmaceutical company, he played a huge role in early archaeology in our state. 2017 marks 40 years since his death, and the 80th anniversary of the publication of his well-known book *Prehistoric Antiquities of Indiana*. He is shown on the 2017

commemorative poster looking for artifacts in a field in Posey County in 1936. The artifact, a prehistoric birdstone, is one that was in his collection (now housed at the Glenn A. Black Laboratory of Archaeology at I.U.).

The DHPA wishes to thank their colleagues at the Glenn A. Black Laboratory of Archaeology at Indiana University, and the Trustees of Indiana University, for their kind permission to use the images of Mr. Lilly and the birdstone artifact as part of the poster design. They also thank Nicole D. Arb of PEN Industries who designed this year's poster.

If you would like a poster, stop in at the DHPA office at 402 W. Washington Street, Room W274, Indianapolis, IN.

DHPA archaeologists are also taking the posters to the Archaeology Month events which they will be participating in. For example, posters will be available at the Archaeology Road Show (August 19th) at the upcoming Indiana State Fair. Posters will also be included with each commemorative t-shirt order. Shirts will be available for purchase as we get closer to Indiana Archaeology Month.

Preview the 2017 poster on page 8.



# Indiana's Family and Social Services Administration adds five new opioid treatment programs

**Medication assisted treatment facilities to open in Allen, Johnson, Monroe, Tippecanoe and Vigo counties.**

The Indiana Family and Social Services Administration (FSSA) announced on July 5 that the agency will add five opioid treatment programs (OTP) as part of the state's coordinated effort to attack the drug epidemic. Indiana will have 19 OTPs to administer medication assisted treatment or "MAT" to qualifying Hoosiers currently recovering from substance use disorders. The treatment uses FDA-approved medications to help people manage their addiction so that they can maintain the benefits of recovery.

FSSA Secretary Dr. Jennifer Walthall made the announcement today and was joined by Governor Eric J. Holcomb and Jim McClelland, Indiana's Executive Director for Drug Treatment, Prevention and Enforcement at Valle Vista Health System, a new OTP site in Greenwood, Ind. Secretary Walthall also announced beginning Aug. 1, most

Indiana Medicaid members, including all Healthy Indiana Plan (HIP) members, will have coverage for all services provided in an OTP, including coverage of methadone for substance use disorder.

"Adding five opioid treatment programs to the 14 that currently serve Hoosiers will add considerable capacity to a network of programs that treated more than 10,000 Hoosiers in 2016," Dr. Walthall said. "Adding Medicaid and HIP coverage of medication assisted treatment will remove a significant barrier to treatment for those seeking to improve their lives."

In addition to Valle Vista in Johnson County, new OTP certifications have been awarded to the Bowen Center in Allen County, the Hamilton Center in Vigo County and Sycamore Springs, which will have facilities in Monroe and Tippecanoe counties. These OTPs are anticipated to begin offering services by before June 30, 2018.

"There is extraordinary evidence that

patients receiving medication assisted treatment are more likely to remain in treatment and to reduce opioid use than those who do not," said Dr. Walthall.

"Ensuring medication assisted treatment is an available option to additional Hoosier communities is a significant tool to help attack Indiana's drug epidemic," said Dr. Walthall. FSSA used a data-driven approach to determine the locations for the five new treatment centers by reviewing locations of recent overdose deaths, drug-seizure data from law enforcement data from hospital emergency rooms to assist with reducing driving time for individuals in need of treatment. [Locations of FSSA's existing OTPs are listed here](#), and there is one additional site in Indiana operated by the Veterans Administration.

A full copy of Dr. Walthall's remarks can be found [here](#).

## Check out these new employee discounts

### BROADWAY IN INDIANAPOLIS™

SEE THE BEST OF BROADWAY IN INDIANAPOLIS!

Finding Neverland - Oct. 17-22, 2017

at Clowes Memorial Hall

A Christmas Story - Nov. 28-Dec. 3, 2017

The Old National Centre

Beautiful: The Carole King Musical- Jan. 30 -Feb. 4, 2018

Clowes Memorial Hall

Les Miserables - March 13-18, 2018

The Old National Centre

Wicked - April 25-May 13, 2018

The Old National Centre

[Buy tickets here!](#) RENT - June 12-17, 2018  
Clowes Memorial Hall

[Visit the state employee discount page](#)



**MARVEL UNIVERSE LIVE!**

**AGE OF HEROES**

NOV. 30-DEC. 3, 2018

BANKERS LIFE FIELDHOUSE

Save \$6 per ticket.

[Buy tickets here!](#)



Artwork by  
Jerry Williams

## Do you have prediabetes? If so, we have a program for you!

Has your healthcare provider mentioned that you have “a little touch of sugar,” “insulin resistance,” “impaired fasting glucose,” or that you have “borderline sugar”? If so, this may mean you have prediabetes. Prediabetes is when blood sugars are higher than normal, but not high enough to be diagnosed as diabetes.

Interested in knowing if you are at risk for developing diabetes? You can take the prediabetes risk test on the ISDH website at [www.preventdiabetes.isdh.in.gov](http://www.preventdiabetes.isdh.in.gov).

If you have prediabetes, the good news is it can be reversed. You have the opportunity to do something about it now! You can join a local lifestyle change program near you. To see a complete statewide list of where these programs are located, along with contact information, go to [www.preventdiabetes.isdh.in.gov](http://www.preventdiabetes.isdh.in.gov).

In order to be eligible to attend the program, you need to meet the following criteria:

- Be at least 18 years of age,
- Have a BMI of 24 or greater (Asian American BMI 22 or greater), and/or
- Have a past history of gestational diabetes.

Two primary goals of this program are to lose at least five percent of your beginning body weight and to increase physical activity to 150 minutes weekly (for a 200-pound person, this is approximately 10 to 14 total pounds). The first six months of the program consists of weekly one-hour sessions. During the second six months, participants meet for one hour once or twice a month. At each session, various topics are discussed in a group setting to address barriers to eating healthy and getting physical

activity (for example, tips to eating out healthy, how to reduce fat intake and calories, and ways to get more daily physical activity). Goal setting, self-monitoring (weekly weight is recorded), and group input on session topics are all key dynamics used to reach the program’s goals.

The National Diabetes Prevention Program is sponsored by the Centers for Disease Control and Prevention (CDC) and is evidenced-based and proven to work if the participant is willing to commit to the full year-long program. Remember, making positive lifestyle changes takes practice. It does not happen overnight.

Contact the National Diabetes Prevention Program near you to see if there is a charge for the program. **The following programs are currently being offered free of charge to state employees:**

### INDIANAPOLIS

Indiana Minority Health Coalition  
Phone: (317) 920-4951  
Fax: (317) 926-4012  
Scan/Email: [v.summers@imhc.org](mailto:v.summers@imhc.org)

### EVANSVILLE

Deaconess Hospital  
Diabetes Center  
Phone: (812) 426-9894  
Fax: (812) 450-8109  
Email: [PreventT2@deaconess.com](mailto:PreventT2@deaconess.com)

### Vanderburgh County Health Department

Phone: (812) 435-5807  
Fax: (812) 435-6342  
Email: [mborowiecki@vanderburghcounty.in.gov](mailto:mborowiecki@vanderburghcounty.in.gov)

### NEWBURGH

Deaconess Hospital  
Diabetes Center  
Phone: (812) 426-9894  
Fax: (812) 450-8109  
Email: [PreventT2@deaconess.com](mailto:PreventT2@deaconess.com)

### MISHAWAKA

Saint Joseph Health System  
Health in Action  
Phone: (574) 335-7954  
Fax: (574) 335-0743  
Email: [bergerdeb@sjrmc.com](mailto:bergerdeb@sjrmc.com)

### PLYMOUTH

Saint Joseph Health System  
Health in Action  
Phone: (574) 335-7954  
Fax: (574) 335-0743  
Email: [bergerdeb@sjrmc.com](mailto:bergerdeb@sjrmc.com)

### SHELBYVILLE

Major Hospital  
Phone: (317) 398-5315  
Fax: (317) 398-1830  
Scan and Email: [mhpdiabetesprevention@majorhospital.org](mailto:mhpdiabetesprevention@majorhospital.org)



## Sharing the bounty of the garden at Wabash Valley

The Wabash Valley Correctional Facility (WVCF) community garden is sharing a bountiful harvest with area food banks in need. Six not-for-profit groups based in Sullivan, Vigo, Greene and Knox Counties are receiving end produce grown in the WVCF garden.

“We are picking every day and have way more than they can handle,” said Breanna Trimble, WVCF Community Service Director.

“We’re here to help the local community,” she added.

Close to 2,400 pounds of tomatoes, corn, onions, cabbage, peppers, potatoes and much more have been picked from the garden. The WVCF garden is on track to break its own record of 7,935 pounds grown last year. That total won the WVCF garden the title of 2016 Indiana Department of Correction Great Harvest Award.

The garden and program is overseen by Wabash Valley staff, and PLUS (Purposeful Living Units Serve) participants voluntarily maintain the garden, from planting to weeding to picking. Garden Manager (and Laundry Foreman) Bill Spurlin said the harvest will continue through the end of next month. Produce, like carrots, beets and turnips will be harvested through October.



*Pictured from left:  
Amber Wallace -WVCF Programs Coordinator  
Breanna Trimble- WVCF Community Service Director*

## Remember to reach an Earned Status of Silver by August 31 to qualify for the Wellness CDHP in 2018

The State of Indiana is again offering a way to upgrade your health plan during Open Enrollment this fall. The Wellness Consumer-Driven Health Plan (CDHP) offers the lowest premiums compared to the other options.

If you are currently enrolled in state medical benefits, you can qualify for the 2018 Wellness CDHP by reaching an Earned Status of Silver in Go365 by August 31, 2017. This means all points must be processed and posted to your Go365 account by the August 31 deadline. Don’t wait until the last minute to submit information, as processing activities can take up to 45 days to be reflected in your account.

[Click here](#) to learn more about how to qualify for the 2018 Wellness CDHP.

## The last Run the State 5k of 2017 is August 12



Saturday, August 12 is the last event of the 2017 Run The State 5K and Hike Series. This year, because of popular demand, an extra 5k start time at Fort Harrison has been added. Though the 400 registration spots are full, [keep an eye on the registration page](#) to watch for cancellations.

As a courtesy to others who may want to attend, if you know you are unable to attend, but registered, please cancel your registration. [Here are directions on how to free up your spot to others.](#) The Invest In Your Health and Go365 teams are looking forward to seeing all of you at Fort Harrison August 12.



## 1,110,208,677 steps were taken in July

The annual Health and Wellness month steps challenge is complete, and, while we did not reach our goal of 1.2 billion steps, it was a great effort. As a team we took 1,110,208,677 steps during July. There is a lot of good news in that number. Before bouses, partiapiating team members earned more than 1.6 million Go365 points and even more points and bucks are being awarded on top of that.

Those eligible for extra bucks and points are:

- Individuals who walked 232,500 total steps in the month of July (an average of 7,500 steps per day) receive 245 additional Go365 points.\*
- Individuals who walked 310,000 total steps in the month of July (an average of 10,000 steps per day) receive 350 additional Go365 points.\*
- The top three individuals with the most steps in July also receive bonus bucks – 1,000 bucks for first place, 750 bucks for second place, and 500 bucks for third place.
- All members of the team with the highest average steps in July are awarded 1,000 bucks as well. There must be at least five members of the winning team to qualify for the team prize.\*\*

Team and individual winners for the most steps taken will be announced in the August Upgrade Newsletter later this month and everyone who earned bonus points will see those awared before August 31.\*

\* The maximum number of points an individual can earn annually from an employer-sponsored event (ESE) is 700 points. These bonus points will count toward the annual 700-point ESE cap. Other ESE point opportunities are the Elements Lunch & Learns/online courses and the health coaching services offered by the Health and Wellness Center;

\*\* The maximum number of bucks an individual can earn annually is 30,000 bucks. All bucks earned in the To Silver and Beyond Steps Challenge count toward this maximum.

## Recap of July's 5Ks and Hikes

July hosted more events of the Run the State 5K and Hike series than any other month and with that we prepare for the last and largest one of the 2017 season, Fort Harrison State park on August 12. Though July



has come to an end it is a great time to take a look at the photos that have been taken at the events. We've posted photos of the events on the [Invest In Your Health website](#) and [Facebook](#).

The Invest In Your Health team is excited to welcome the 400 employees and their families who have registered for the Fort Harrison 5K on August 12 to close out the largest Run The State series in Indiana history.



## August Lunch and Learns Money For Parents

Elements Financial discusses how teaching children about money is a difficult task for parents. This course introduces tips and tricks for families to introduce the core financial concepts of earning, saving, spending and sharing to children, from toddlers to teens.

Save your seat here:

- [August 9 at noon](#)
- [August 23 at noon](#)
- [August 23 at 1:15 p.m.](#)

[Online Education Portal](#)



INDIANA ARCHAEOLOGY MONTH  
SEPTEMBER 2017

# Eli Lilly's Legacy

## Research, Generosity, and Preservation



*“He presented archaeology as an exciting voyage of discovery...”*

For event information and more,  
visit us at [www.IN.gov/dnr/historic](http://www.IN.gov/dnr/historic)




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 [www.facebook.com/INdhpa](https://www.facebook.com/INdhpa)

2017 marks 40 years since the death of Eli Lilly (1885-1977) and the 80th anniversary of the publication of his *Prehistoric Antiquities of Indiana* (1937). He is shown surface collecting artifacts in Posey County in 1936, and the prehistoric artifact was one that was in his collection. Images courtesy of the Glenn A. Black Laboratory and the Trustees of Indiana University. Reference Cited: *Eli Lilly: Archaeologist* (1988-8) by James H. Madison. Indiana University, Glenn A. Black Laboratory of Archaeology Research Reports, No. 8.

This poster has been financed with federal funds from the U.S. Department of the Interior, National Park Service's Historic Preservation Fund administered by the Indiana Department of Natural Resources, Division of Historic Preservation and Archaeology. However, the contents and opinions contained in this publication do not necessarily reflect the views or policies of the U.S. Department of the Interior, nor does the mention of trade names or commercial products constitute endorsement or recommendation by the U.S. Department of the Interior. Under Title VI of the Civil Rights Act of 1964 and Section 504 of the Rehabilitation Act of 1973, the U.S. Department of the Interior prohibits discrimination on the basis of race, color, national origin, or disability in its federally assisted programs. If you believe that you have been discriminated against in any program, activity, or facility as described above, or if you desire further information, please write to: Office of Equal Opportunity, National Park Service, 1649 G Street, NW, MS-2740, Washington, D.C. 20240.

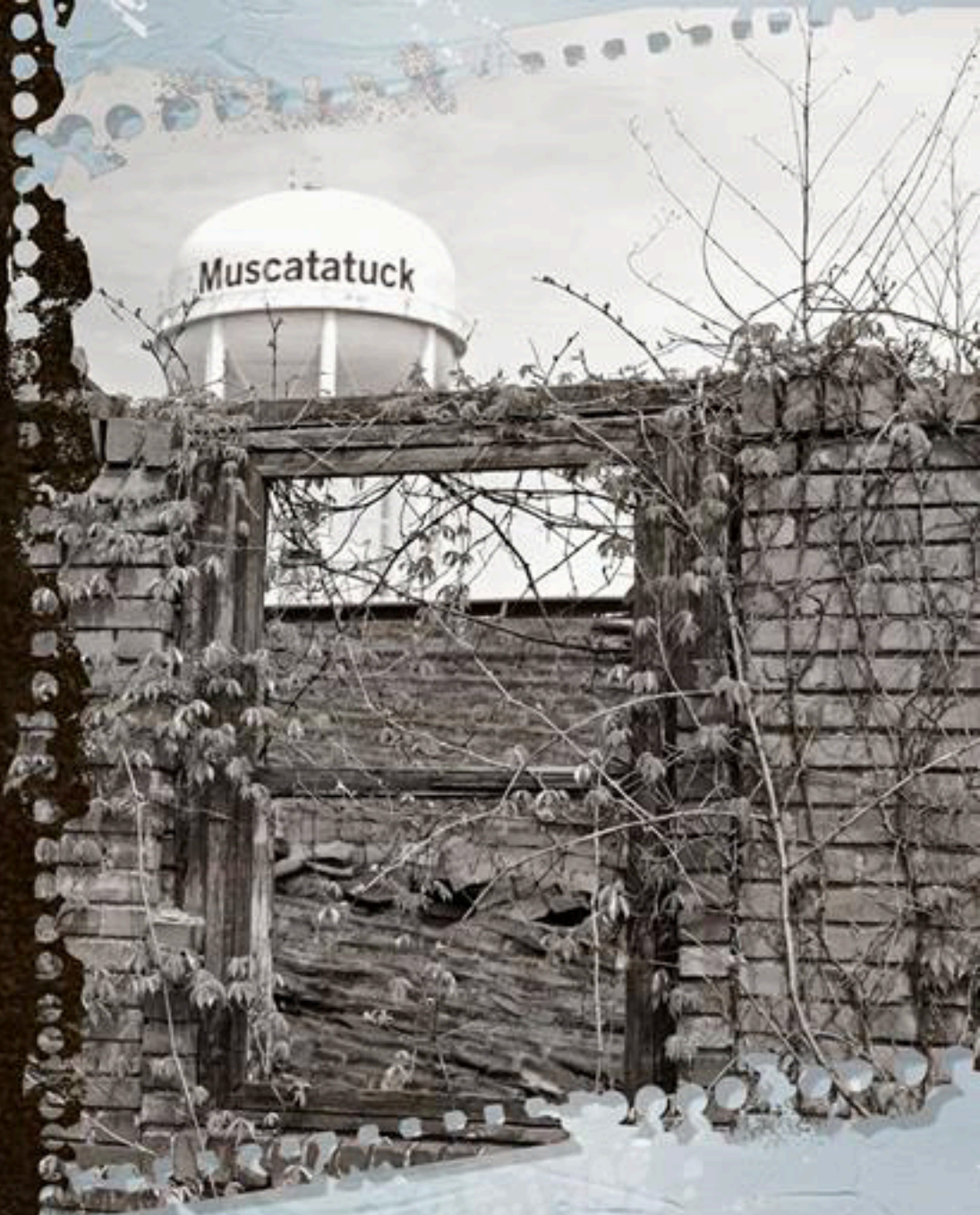


Poster design by Nicole D. Arb.  
Printed by PEN Industries - [www.penindustries.com](http://www.penindustries.com)



# MUSCATATUCK OPEN HOUSE

Saturday, September 23, 2017



Join us at  
**MUSCATATUCK**  
URBAN TRAINING CENTER

Saturday, September 23  
10 a.m. until 3 p.m.

Lots of games for the kids!

Military Demonstrations

Walking and Driving Tours

Petting Zoo featuring Sahara the Camel

5K Run Through the Rubble starting at  
8:30 a.m. prior to the Open House.

**RUN**  
THROUGH THE  
RUBBLE



For more information, follow our page on Facebook at [www.facebook.com/MuscatatuckUTC](http://www.facebook.com/MuscatatuckUTC)