



The Torch

The official newsletter for Indiana state employees

The SECC E-Pledge system is working and able to make/update donations

We apologize for the recent issues with the E-Pledge system; however, the system is now back online! Employees can now log in from insecc.org to either start a new donation or confirm their continuous giving amounts. Due to the delay, the campaign is **extended through Friday, November 17**.

Continuous donors have access to update their pledge for the 2017 campaign. If you wish to keep it the same, then there is no need for you to login. If you do wish to update it, please follow these steps:

- Go to insecc.org and select the **Donate Now** button on the right. Log in using the information requested.
- Select **Give Now** from the top menu options and select update on that page. The system then directs you to your account history page.
- On the account history page, please scroll to the second table (Recent Transactions) and click on the binder clip icon to view the transaction details.
- The top row is the most recent donation. At the bottom of the page, is an **Update** button to make your changes. (If no button is present, the wrong transaction has been selected.) This brings up your current pledge with another update button.
- Please select update and if you wish to increase or decrease the amount you are withholding from your pay, select the payroll deduction option and it will prompt you through the rest of the process.



If you continue to have challenges operating the system, email SECC staff at secc@iuw.org.

In this issue

- 2 On My Way Pre-K
- 3 Genealogy and Local History Fair
- 4 SOS's investment fraud educational tour dates
- 5 Dr. Box named State Health Commissioner
- 6 Flu Shot offered by CVS this year

The Torch is published monthly by the Indiana State Personnel Department and is available online at in.gov/spd/2540.htm.

Got a story?

Submit your story ideas to: spdcommunications@spd.in.gov

We're on social media



Follow @SOIEmployees



Like Invest In Your Health



Follow State of Indiana Employees



ATTENTION STATE OF INDIANA EMPLOYEES
Open Enrollment for the 2018 Benefits Year is coming!

Watch for the OE2018 announcement email soon

On My Way Pre-K applications are now available for 10 expansion counties beginning January, 2018

Indiana's Office of Early Childhood and Out-of-School Learning (OECOSL) is accepting applications from families in 10 of the recently announced 15 expansion counties who may be eligible for grants for their children to receive high-quality, prekindergarten education through the On My Way Pre-K program for the 2017/2018 school year.



Families residing in Bartholomew, Delaware, Elkhart, Howard, Kosciusko, Madison, Marshall, Monroe, St. Joseph, and Tippecanoe Counties must meet the following eligibility criteria to apply:

- The family must have an income below 127 percent of the federal poverty level.
- Parents or guardians must be working and/or attending school or an accredited or certified education/training program.
- The child must have turned 4 years old by August 1, 2017, and be starting kindergarten in August 2018.

Links to applications and a chart with income eligibility guidelines are available at www.OnMyWayPreK.org. The other five expansion counties (DeKalb, Floyd, Grant, Harrison and Vigo) will begin their programs at the beginning of the 2018/2019 school year.

Once a child has received a grant, families will choose from any of the eligible, enrolled On My Way Pre-K programs. OECOSL has enrolled nearly 60 On My Way Pre-K providers in the 10 new counties, and the application

process for new providers is ongoing. In order to qualify, the program must be top-ranked at level 3 or level 4 on Paths to QUALITY or be accredited by an approved national or regional accrediting body ([Click here](#) for details on provider eligibility).

Approved pre-K programs may be located in a public or private school, licensed child care center, licensed home or registered ministry as long as that program meets the quality requirements and is registered as an On My Way Pre-K Provider. Families may choose from a program that is full-day or part-day, as well as from programs that end with the school year or continue through the summer. Parents in On My Way Pre-K counties can find approved providers located near them [here](#). Families who need help finding an approved pre-K program can also call 1-800-299-1627 for assistance from an early learning referral specialist.

More than 2,100 children who began kindergarten in July or August of 2017 are currently participating in the third full year of On My Way Pre-K, which began in Allen, Jackson, Lake, Marion and Vanderburgh counties in July/August of 2016. Previously, more than 2,700 children have participated in previous cohorts of the pilot program, from January 2015 through August of 2016.

On My Way Pre-K is the name of Indiana's first state-funded prekindergarten program. In 2017, the General Assembly authorized FSSA to add 15 additional counties. For more information, visit onmywayprek.org.

Exclusive discounts to Butler Arts Center performances

Get ready for a brand new Butler Arts Presents season that joins the longstanding tradition and splendor of Clowes Memorial Hall with the intimacy of the Schrott Center for the Arts! Tickets to several performances are now available at a discount to state employees:

- Flip FabriQue- Catch Me! - Oct. 6, 8 p.m.
- The Simon & Garfunkel Story - Oct. 8, 8 p.m.
- Giordano Dance Chicago - Nov. 4, 8 p.m.
- The King's Singers - Nov. 8, 7:30 p.m.
- PJ Masks Live - Nov. 11, 5 p.m.
- Butler Ballet's The Nutcracker - Nov. 30 – Dec. 3
- A Charlie Brown Christmas – Dec. 10, 1 p.m. & 4 p.m.
- The Ten Tenors: Home for the Holidays – Dec. 12, 7:30 p.m.
- Paul Taylor Dance Company – Feb. 9, 8 p.m.
- Post Secret: The Show - March 2, 8 p.m.
- The Chieftains - March 4, 4 p.m.
- TAO: Drum Heart - March 22, 7:30 p.m.
- Reduced Shakespeare Company – Apr. 7, 2 p.m. & 8 p.m.
- Butler Ballet's Cinderella – Apr. 20 – Apr. 22

[BUY NOW](#)

Password: INSTATE. Discounts vary by performance. For questions contact the Butler Arts Center Box Office at 317-940-6444 or email clowesboxoffice@butler.edu. Regular business hours are Monday-Friday 10 a.m. - 5 p.m. For more information, visit butlerartscenter.org.

Participate in the Great ShakeOut drill

The Department of Homeland Security (IDHS) encourages all state employees to participate in the 2017 Great Central U.S. ShakeOut, the largest earthquake drill in the central United States. The 3.8 magnitude earthquake that occurred on Sept. 19 in Albion, Illinois, near the Indiana border, is a good reminder of the importance of preparing for a major earthquake in Indiana.

To participate in ShakeOut, visit shakeout.org/centralus and register your name. Registration is free and open to everyone. More than 2 million people in the central

U.S. region have registered so far, and Indiana is currently in the lead with more than 480,000 registrants.

Indiana has led the pack with more registrations than any other central U.S. state for the past several years. Let's keep the record going!



Students in an Evansville elementary practice an earthquake drill (photo provided by DHS).

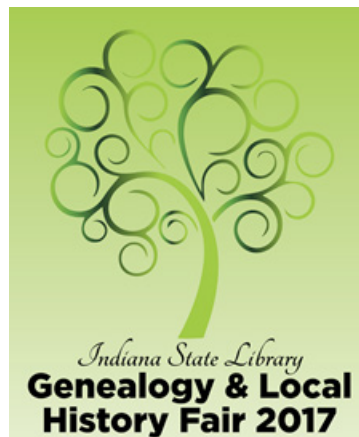
Indiana Genealogy and Local History Fair at the Indiana State Library

From 10 a.m. to 3:30 p.m. on Oct. 28, the Indiana State Library hosts the annual Indiana Genealogy and Local History Fair in downtown Indianapolis. Admission is free and open to the general public. This year's theme is "Sacrificing and Shaping the Future," commemorating the Centennial of the Great War and examining military resources and history.

More than 30 organizations and exhibitors are attending. Visit the tables in the exhibition hall to collect information from genealogical and local history organizations, and shop the commercial vendors.

Highly acclaimed, internationally known speakers and genealogy consultants, Kathleen Brandt and Katherine R. Willson, will present.

Visit the [events page](#) for more information.



Artwork by Jerry Williams

OE 2018

Benefits Open Enrollment

OCT. 25 - NOV. 15

Deadline is Wednesday,
Nov. 15 by noon EST

More information about Open Enrollment is being sent out over the next few weeks. Be sure that you have subscribed to all of INSPD's communication channels.

Here are links to make sure that you stay informed.

[The Torch](#)

[The Around The Circle](#)

Twitter: [@SOIEmployees](#)

Facebook: [Invest In Your Health Indiana](#)

Websites

[SPD Benefits](#)

[Invest In Your Health](#)

Secretary of State Connie Lawson embarks on investment fraud educational tour

Indiana Secretary of State Connie Lawson is traveling throughout the state educating citizens on investment fraud. In partnership with WFYI, Secretary Lawson produced a powerful documentary featuring the stories of Hoosier victims who have lost everything to investment fraud. From Wall Street to Main Street, in cities and towns across Indiana, anyone with money to invest is vulnerable to financial fraud.

The documentary, *Scammed: Investment Fraud Revealed*, highlights criminal cases in which fraudsters bilked Hoosiers of millions of dollars. The film shows how investors were scammed by deals that sounded too good to be true or by sharing an affinity with the perpetrator. Viewers will hear how the scams unraveled, learn from past mistakes, and discover how to prevent future financial fraud through education and warning signs.

In watching *Scammed*, viewers experience these cases through the eyes of the victims who lost their hard-earned savings, and hear from Secretary of State staff who worked tirelessly to bring the fraudsters to justice.

Indiana MoneyWise

“Our goal is to show that investment fraud happens right here in our own backyard, not just in New York and to people with millions to invest,” said Secretary Lawson. “Financial losses through investment fraud scams are often devastating to victims in more than one way. Going forward, we hope to use this documentary to help

educate Hoosiers across the state.”

Secretary Lawson visits the following locations for a movie and a meal throughout October to educate citizens on investment fraud. All events are free to the public and open to the media. *Please note: some details are forthcoming.*

- Oct. 2 – Greenfield, Hancock Public Library at 8 a.m.
- Oct. 2 – Richmond, Richmond Innovation Center at Noon
- Oct. 5 – Muncie, Delaware County Senior Citizen at 8 a.m.
- Oct. 5 – Ft. Wayne, Life Care Center of Fort Wayne at Noon
- Oct. 12 – South Bend
- Oct. 20 – Evansville
- Oct. 20 – Vincennes, YMCA of Vincennes at Noon

To RSVP to one of the events, email [Katrina Ent](mailto:Katrina.Ent) or call 317-977-2206. The documentary is also available for viewing online at indianamoneywise.com.

The Secretary of State’s Office is constantly identifying new ways to protect the most vulnerable among us. The public can report suspected securities or investment fraud to the Secretary of State’s office at 317-232-6682.

The *Scammed* documentary is funded by a grant from the Investor Protection Trust (IPT). The IPT is a nonprofit organization devoted to investor education. Since 1993 the IPT has worked with the States to provide the independent, objective investor education needed by all Americans to make informed investment decisions: investorprotection.org.

Check out these fall entertainment & show discounts

BROADWAY  INDIANAPOLIS

SEE THE BEST OF BROADWAY IN INDY!

Finding Neverland - Oct. 17-22, 2017

A Christmas Story - Nov. 28-Dec. 3, 2017

Beautiful: The Carole King Musical

- Jan. 30 -Feb. 4, 2018

Les Miserables - March 13-18, 2018

Wicked - April 25- May 13, 2018

RENT - June 12-17, 2018

[Buy tickets here!](#)



MARVEL UNIVERSE LIVE!

AGE OF HEROES

NOV. 30 TO DEC. 3, 2017

BANKERS LIFE FIELDHOUSE

Save \$6 per ticket.

[Buy tickets here!](#)



MONSTER JAM

Saturday, Oct. 14, 2017

LUCAS OIL STADIUM

Use the code “4STATE” to

Save \$3+ per ticket.

[Buy tickets here!](#)

[Visit the state employee discount page](#)

Gov. Holcomb names Dr. Kristina Box as State's Health Commissioner

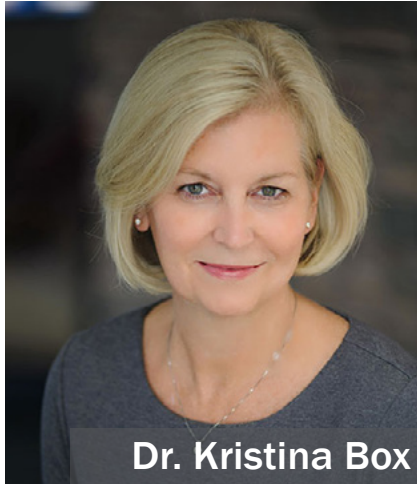
Governor Eric J. Holcomb announced on Sept. 18 that Kristina Box, M.D. will be Indiana's next State Health Commissioner.

Dr. Box has been caring for women, throughout the spectrum of their lives, as an OB-GYN for more than 30 years at Community Health Network.

"I can think of no one better suited than Dr. Box to lead our state's health department at this critical time in Indiana history," Gov. Holcomb said. "She brings a wealth of deep knowledge and experience, and she is uniquely qualified to lead our state's efforts to curb infant mortality rates and attack the opioid epidemic."

Dr. Box started at Community Hospitals of Indianapolis in 1987 as a private practitioner in OB-GYN with Clearvista Women's Care. Since 2015, she has served as the Physician Lead for Community Health Network's Women's Service Line. In this role, she built the first multi-disciplinary Women's Center in Community Health Network, developed critical partnerships with area children's hospitals to improve care and decrease health care costs, and led efforts to ensure low-income women receive the important free health screenings they need.

Additionally, Dr. Box served on Indiana's State Task Force for Neonatal Abstinence. Neonatal Abstinence Syndrome can occur in newborns who are exposed to opiate drugs in



the womb. The taskforce developed a system to identify patients in need of support sooner to help mothers get the addiction treatment they need earlier—decreasing negative outcomes for both mothers and infants.

"Throughout my career I have focused on promoting the health of my individual patients and their unborn children," Dr. Box said. "Over the past

two years, my work with substance abuse disorder in pregnancy and Neonatal Abstinence Syndrome has allowed me to expand my focus statewide. I look forward to working closely with our team at the State Department of Health to decrease infant mortality and on many other issues to promote a healthier and safer Indiana."

Dr. Box earned her undergraduate degree at Indiana University in Bloomington and her medical doctorate at Indiana University School of Medicine in Indianapolis. Additionally, Dr. Box has been involved in ongoing surgical medical missions to Haiti and Bolivia for more than a decade.

Her first day with the Indiana State Department of Health is Oct. 16. Dr. Box fills the role vacated by Dr. Jerome Adams, who became the 20th Surgeon General of the United States in September.

Planning to retire soon? Attend this free seminar

Spots are still available for this biannual workshop! If you are serious about retiring from state employment, register now for the upcoming Pre-Retirement Seminar, sponsored by the Indiana State Personnel Department (INSPD). This day-long workshop is 8:30 a.m. to 4:30 p.m. on October 18 in the IGC-S Auditorium. An hour break for lunch is included. This is the last session planned for 2017.

This workshop is free of charge. Employees may attend the seminar on state time; however, your supervisor's approval is required to attend. PeopleSoft automatically sends the supervisor an email asking him/her to approve your enrollment in this seminar. Travel time and cost is the employee's responsibility.

- Click [here](#) for registration instructions.

Your spouse is welcome to attend, but registration is not necessary if he/she is not a state employee. Registration is required to attend and seating is limited. Reserve your seat today by self-enrolling into the seminar. Please note: your spot is not reserved until your supervisor approves. Questions may be directed to spdtraining@spd.in.gov.

Plan to get your flu shot this October

The number one way to protect yourself and your family from the flu this year is to get a flu vaccination. According to a research study by the Centers for Disease Control and Prevention (CDC), the flu vaccine reduces the risk of seeing a doctor in conjunction with the flu by approximately 60 percent. While the vaccine does not guarantee you won't catch the flu, it does reduce the chances, and, if you do get sick, your illness typically is milder.

CVS is partnering with the state to offer flu shot clinics at many state facilities across Indiana. The onsite vaccination clinics are available to anyone 11 years of age and older.

For employees and dependents who carry state insurance, the flu vaccine is covered at 100 percent. Don't forget to bring your Anthem ID and waiver form when attending the flu shot clinic.

South Government Center:

- Tuesday, Oct. 17: Conference Room C, 8 a.m. – 5 p.m.
- Thursday, Oct. 19: Conference Room B, 8 a.m. – 5 p.m.

Statehouse Atrium:

Tuesday, Oct. 24: 8 a.m. – 5 p.m.

Find a different location near you [here](#).

If you do not carry state insurance,



you may still receive a flu shot at one of the clinics. The cost of the vaccine will vary depending on your age. For those patients under 65 years of age the cost will be \$40.99, while patients over the age of 65 can receive their vaccine for \$66.99. Payments can be made by check to CVS Pharmacy. Please note, other insurances may also be accepted, but are not guaranteed.

Note: Nasal vaccines are not being provided this year.

Reducing your healthcare cost while receiving the care you need

We all experience times when we need medical care right away. Unfortunately, we don't always choose the most appropriate place to get that care.

The truth is, not every "need care right away" event needs to be treated in the ER. With Anthem Blue Cross and Blue Shield, you have lots of health care options — options that can save you time, money, worry and maybe you won't even need to leave the house.

Anthem offers a broad network of care sites like urgent care centers, walk-in doctor's offices and retail health clinics. Together let's look at the differences and what maybe most appropriate for your health care needs.

When you or your family member's life or health is in serious danger, there's only one option — the emergency room. But for those times when the situation isn't life-threatening, but still needs immediate care, here are other options:

An Urgent Care Center is a walk-in clinic staffed by doctors who treat conditions that should be looked at right away, but aren't as severe as emergencies. Doctors in an urgent care often do X-rays, lab tests and stitches.

A Walk-In Doctor's office is a convenient alternative to an ER visit because employees don't have to be an existing patient or have an appointment to receive care. These offices handle most routine care and

common illnesses.

A Retail Health Clinic is a clinic where medical professionals provide basic medical care. These clinics are almost always located in retail stores, supermarkets and pharmacies.

LiveHealth Online is a 24/7 service that connects you with board certified doctors through a two-way, live video chat from their smartphone, tablet or computer with a webcam. The doctor can answer questions and diagnose many common problems, like a sore throat, the flu or allergies. In less than 10 minutes, you can get medical advice, a diagnosis and even a prescription.

Indiana State Department of Health helps prepare you for flu season

It's about that time again. The leaves are changing color, there's a chill in the air, and the influenza (flu) is making its dreaded return. Luckily, there is a yearly flu vaccine available that can help protect you from contracting the virus. Everyone 6 months of age and older should get a flu vaccine every season. This recommendation has been in place since February 24, 2010, when Center for Disease Control and Prevention's (CDC) Advisory Committee on Immunization Practices (ACIP) voted for "universal" flu vaccination in the United States to expand protection against the flu to more people.¹ For people with a healthy immune system, the flu may not seem so scary. For people with chronic diseases and compromised immune systems, it can be fatal.

Asthma is one of the chronic diseases that becomes worse when the flu virus is contracted. Though people with asthma are not more likely to get the flu, the flu can be more serious for people with asthma, even if their asthma is mild or their symptoms are well-controlled by medication.¹ People with asthma have swollen and sensitive airways, and the flu can cause more inflammation of the airways and lungs. This means you are more likely to have asthma attacks. In fact, contracting the flu when you have asthma can even lead to pneumonia and other respiratory diseases because, adults and children with asthma are more likely to develop pneumonia after getting sick with the flu than people who do not have asthma. In Indiana, 47 emergency department visits and 44 hospitalizations were from people with asthma that contracted the flu in 2015.²

People with asthma are encouraged to talk with their physician about precautions during the influenza season. Below are some flu preventive measures the Center for Disease Control and Prevention has listed:

- **Get vaccinated:** Flu shot vaccines

The Torch

are offered at many locations such as, doctors' offices, clinics, health departments, pharmacies, and college health centers. The CDC recommended for the 2016-2017 season that the nasal spray vaccine not be used because of the concerns of its effectiveness in recent seasons.

- **Take everyday preventive actions to stop the spread of flu:** If you are sick stay home, except to get medical care. Stay away from people who are sick. If you don't have a tissue, cough or sneeze into your elbow or shoulder, but not your bare hands. Wash your hands often and avoid touching your eyes, nose, or mouth.
- **Follow an updated, written Asthma Action Plan developed with your doctor:** This plan is especially important during the flu season. It helps you be prepared in case the flu causes your asthma to worsen because it lists exactly what to do for treatment. If you child has asthma, make sure that they have an up-to-date Asthma Action Plan on file at school or the daycare center.
- **If you do get sick with flu symptoms,** call your physician right away because prompt treatment is recommended for people who are at high risk of serious flu complications.¹

For an asthma action plan, go to <http://www.cdc.gov/asthma/actionplan.html> or <https://www.in.gov/isdh/25776.htm> For important health information and updates follow the Indiana State Department of Health on Facebook at www.facebook.com/isdh1 and Twitter at @StateHealthIN.

¹ *Influenza (Flu)*. (2017, January 25). Retrieved September 20, 2017, from <https://www.cdc.gov/flu/asthma/index.htm>

² *Indiana State Department of Health*. (2015). *Indiana Hospital Discharge Data Files, 2015.2*

Estate Planning with Elements

Estate planning is important for everyone. No matter how large or how modest, everyone has an estate, and something in common—you can't take it with you when you die.

The experts at Emswiler, Williams, Noland & Clarke, P.C., one of Elements Financial's preferred legal services providers, will help you understand the important points to consider when creating your plan.

In this seminar, you will learn valuable estate planning information about wills, trusts, charitable giving, and how to establish designations and beneficiaries. Don't miss out on this important information!

Save your seat for one of four sessions:

[October 4 at noon](#)
[October 11 at noon](#)
[October 18 at noon](#)
[October 25 at noon](#)

In October's online module, estate planning tips are provided to ensure you use can start planning your estate so that it best suits you your needs and addresses your family's concerns.

Log on to the Elements [Online Education Portal](#) to learn more about estate planning and earn your 35 points*in Go365 for October.

*The maximum number of points an individual can earn annually from an employer-sponsored event (ESE) is 700 points. Other ESE point opportunities are the Elements Lunch & Learns/online courses and the health coaching services offered by the Health and Wellness Center.



INDIANA PRESCRIPTION
DRUG ABUSE PREVENTION
TASK FORCE



PRESCRIPTION DRUG TAKE BACK EVENT

**INDIANA GOVERNMENT
CENTER- NORTH**

OCTOBER 27

11:00 AM - 1:00 PM

IGCN LOBBY

State employees are encouraged to bring their expired, unwanted prescriptions to the IGCN lobby on October 27. Indiana State Police & staff members from the Indiana Attorney General's Office will be onsite for prescription removal.